

What they say about The Sulgrave Club



What is the most important thing for you about The Sulgrave Club?

Parents / Carers

- Loads of affordable activities.
- Very friendly staff.
- My daughter looks forward to coming every single week.
- Kids with different backgrounds and from different schools attend.
- A safe place for my son to be – it gives me peace of mind.

Junior Members

- Seeing my friends from other schools.
- You have fun and lots of people come.
- Most clubs are boring, but this one does loads of fun activities, that's why I come.
- It makes me feel welcome and relaxed.
- Trying things that you wouldn't usually do.

Senior Members

- Making new friendships, meeting new people, having fun.
- Safe place instead of streets.
- Doing things that may be out of my comfort zone.
- Taking responsibility and interacting with others.
- The atmosphere. The community. We are a family.

The Sulgrave Club, 287 Goldhawk Road, London W12 8EU

Founded in 1926 by Sir Edward De Stein and supported by the Sulgrave Foundation

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Sulgrave Club Limited, Registered Charity No: 1165312, Company Limited by Guarantee No: 07929633

The Sulgrave Club

Trustees

Angela Clarke MBE	Chairman
Chris Hammond	Vice Chairman / Trustee, Sulgrave Foundation
John Wilson	Treasurer
John Howard	
Robert Kolaczynski	
Vicky Lawrence	
Sarah Grant	Chairman, Sulgrave Foundation
Laura Blazey	London Youth Co-optee

Full Time Staff

Nick Sazeides	Club Manager
Gershom Clarke	Senior Youth Worker

Part Time Staff

Barbara Perry	Administrator
Piers Player	Fund-Raising & Development Worker
Piret Randam	Cleaner
Paul Volino	Building Manager

Youth Workers

Moe Gentle, Ricardo Santana, Anthony Nolan, Carol Sawney, Atik Oumast, Nataleigh Taylor, Saif Oumast

Junior Leaders

Lottie Hibberd, Hamza Oumast

Volunteers

Danielle Hutchinson

Independent Examiners

Freeman Carr, Chartered Certified Accountants

The Gatehouse, 2 Devonshire Place, Heathfield Terrace, London W4 4JD

Chairman's Report January to December 2017

2017 was another good year for The Sulgrave Club, with over 830 children and young people benefiting from our youth work programme. Overall attendance at the Club went up by 22%, and average nightly attendance went up by 18%. Our Junior Youth Club showed the biggest increase, with an average of 61 children aged 8 to 11 years now attending each session, up from 43 per session in 2016.

The highlights of 2017 included the introduction of roller skating and taekwondo to our after-school programme, thanks to a grant from The Daisy Trust; five weeks of Easter and Summer holiday activity schemes for our Junior members, thanks to a grant from BBC Children in Need; and, for the first time in five years, three weeks of Summer holiday activities for our Senior members, thanks to a grant from John Lyon's Charity. The full range of services we delivered in 2017 are described in the following pages.

Unfortunately, at the end of the Summer term 2017, we had to close our weekly after-school club at Addison Youth Club. Attendances were dropping off and we found ourselves unable to do essential advertising in the local primary school. In 2017, we also said goodbye to the Ladybird Nursery, who had been renting our facilities during the day for over 20 years. We wish them well in the future.

We continued to fundraise for our much-needed building refurbishment project and ended the year with one third of the money we require in the bank. We hope to start this project in the coming year. Other plans for 2018 include the continued delivery of a full programme of quality youth activities at the Sulgrave Club; more Junior after-school activities; another eight weeks of holiday activity schemes for Juniors and Seniors; achieving Silver level in the London Youth Quality Mark scheme; and securing a new tenant for the daytime hire of our facilities.

The funding climate in 2017 remained challenging, but our diverse sources of income and sound financial management continued to put us in a relatively strong position. In 2017 we recorded an income of £263,914 and expenditure of £211,567, giving us a net surplus of £52,347. This will be transferred to our reserves, which we aim to keep at a year's running costs to protect against unexpected changes/reduction in income. Please see the end of this report for a summary of the accounts.

Finally I would like to personally thank my fellow Trustees, and the Club Manager, Nick Sazeides, and his dedicated team of staff and volunteers, for all the hard work they have put in to ensuring the continued success of the Sulgrave Club in 2017.

Angela Clarke MBE
Chairman of Trustees

Review of Activities 2017

Purpose

The charitable objective of The Sulgrave Club is "to help and educate young people through their leisure time activities so to develop their physical, mental and spiritual capacities, so that they may grow to full maturity as individuals and members of our society and that their conditions of life may be improved."

The Club aims to achieve this by providing children and young people with:

- a safe and comfortable place to meet;
- an enthusiastic team of skilled and caring adults to work with;
- a wide range of stimulating activities and opportunities to experience;
- the space to express their views and opinions; and
- the opportunity to take an active part in the running of the Club.

Principal Activities

The Club's principal activities are:

- a one evening a week Junior Youth Club for children in School Years 3-7 from 6.30pm to 9.00pm on Fridays (term-time only);
- a three night a week Senior Youth Club for young people in School Years 7 and above from 6.30pm to 9.30pm, Wednesdays, Thursdays and Saturdays (45 weeks a year);
- five weeks of holiday activity schemes for Juniors during the Easter and Summer school holidays; and
- a full time Senior Youth Worker project.

Quality Assurance

We have been awarded a Bronze Level London Youth Quality Mark, a quality assurance system, a programme accredited by City and Guilds.

Senior Youth Worker Project

Thanks to grants from LBH&F's 3rd Sector Investment Fund and John Lyon's Charity we have been able to employ a Senior Youth Worker to deliver activities and projects which have successfully raised the awareness and aspirations of young people at The Sulgrave Club. These include:

- 53 young people taking part in Sexual Health workshops covering Sexuality and Identity, STIs and Contraception, Parenting and Relationships, and Dating.
- 41 young people attending two "Kick It" Smoking Cessation workshops.
- 19 young people successfully completing a Basic Life Support / First Aid course.
- Eight young people successfully completing an accredited Basketball Officiating course, and three successfully completing an accredited Basketball Refereeing course.

- 13 young people teaming up with City Harvest, a food redistribution charity, to help sort and distribute supplies to people affected by the Grenfell Tower tragedy.
- Six young people receiving Jack Petchey Youth Achievement Awards for outstanding dedication and commitment to activities within the Club.
- 11 young people organising a Presentation Evening at the Club at which Jack Petchey Achievement Awards, Level 1 Canoeing certificates, and Basketball Achievement certificates were handed out.
- Five concurrent workshops provided to 110 Year 8 students at Hammersmith Academy on the theme of "Conflict, Choices and Consequences."



Sulgrave Junior Club

The Sulgrave Junior Club is open Friday nights from 6.30pm to 9.00pm during term time. We provide children aged 8 to 12 years with a variety of challenging and fun physical, social, creative and educational activities. Making full use of the facilities these activities include cooking, arts & crafts, football, dance, drama, pool, table tennis, gym games, quizzes and competitions.



All the activities are designed to encourage and promote participation, social interaction and healthy play among children. The Sulgrave Junior Club's primary source of funding is BBC Children in Need. An additional small grant from the Daisy Trust enabled us to run our popular Level 1 and Level 2 roller skating courses in the Autumn term.

In 2017 we put on 37 Club nights, which were attended by 221 different children at an average of 61 children per night, up from 43 per night in 2016.

In our annual survey:

- 84% of children told us they felt more confident because of coming to the Sulgrave Junior Club;
- 92% told us they had made new friends at the Club; and
- 98% told us they had had lots of fun!

Sulgrave Senior Club

The Sulgrave Senior club is open three evenings a week, from 6.30pm to 9.30pm, 45 weeks of the year. We provide young people aged 11-19 years with a variety of activities such as cooking, arts and crafts, football, table tennis, pool, non-contact boxing, and basketball, as well as a range of one-off projects and workshops, all with the aim of supporting them in their personal, social, spiritual and physical development. The Sulgrave Senior Club is primarily funded through a contract with LBH&F's Children's Services for community-based youth provision.



In 2017 we delivered 127 Senior Youth Club sessions on Wednesday, Thursday and Saturday nights at the Sulgrave Club and 33 Lunch Club sessions on Thursday afternoons at Hammersmith Academy. These were attended by a total of 649 young people at an average of 33 per session. During the Youth Club sessions a total of 189 young people took part in physical activities, including fitness training, indoor football, basketball and dance, and 150 took part in healthy cooking sessions, which run for two hours every Saturday night.

In our annual survey:

- 80% of young people said coming to the Sulgrave Senior Club had helped them stay out of trouble;
- 88% said they had learnt new skills at the Club; and
- 91% said their relationships with other people had improved because of coming to the Sulgrave.

Junior Holiday Schemes

Thanks to a grant from BBC Children in Need, the Sulgrave Club was able to put on five weeks of holiday activity schemes in 2017 – two weeks during the Easter holidays and three weeks during the Summer holidays. On each week of the holiday schemes 28 places were available for children aged 8 to 12 years.

The holiday schemes were open from 10.00am to 5.00pm every day and provided children with a wide variety of enjoyable and stimulating outings and activities in and around London. Over the course of the five weeks a total of 63 different children took part, most for one or two weeks, but a few for three, four or five weeks. On average, 27 children attended each day, representing an impressive 96% take up of available places.

Our main aims for the children taking part are to increase their confidence, develop their social skills, broaden their horizons, and make sure they have a lot of fun. At the end of each week we asked the children what they thought of the Holiday Schemes.

Here's what they said:

"I don't know what I would be doing (otherwise). Sulgrave Holiday Scheme is an amazing place with loads of fun things to do. I would definitely come again."

"There was so much fun activities and a lot of new friends."

"I was able to complete different challenges and become a good leader."



"It's fun and I really, really would have done nothing all week at home without Sulgrave."

"I made a lot more friends and also went to different activities and we got to work together to achieve points. Thank you Sulgrave."



Senior Holiday Scheme

Thanks to a grant from the John Lyon's School Holiday Activity Fund we were able to run our first Senior Summer Holiday Activity Programme for five years. This took place on six days over July and August and consisted of two First Aid courses and five outings: Karting, Paintballing, Windsor Aqua Park, Thorpe Park, and Adventure Island in Southend. A total of 31 young people took part, with an average daily attendance of 19.

Our primary aims in running the holiday scheme were to increase young people's confidence, improve their social skills, and make sure they had a lot of fun.

At the end of the scheme we asked the young people why they thought that holiday schemes were important for people their age.

Here's what they said:

"Because it keeps young people out of trouble."

"It gives them something to do during the holidays and helps them to connect to the other young people. It also keeps them from doing things they shouldn't."

"Keeps us active, gives us something to do and look forward to. Please can we do this more regularly. Pretty please. :-)"

"It gives us the chance to do things we wouldn't normally do and we get to interact with different people in a new place."

"It gives us a safe environment to meet our friends with fun things to do."

Accounts Summary

1st February 2017 to 31st January 2018

Statement of Financial Activities	Unrestricted funds	Restricted funds	2018	2017
For the year ended 31 January 2018	£	£	£	£
Income and endowments from:				
Donations and legacies	105,175	82,067	187,242	200,693
Other trading activities	3,867		3,867	1,399
Investments	72,805		72,805	69,533
	181,847	82,067	263,914	271,625
Expenditure on:				
Raising funds	(7,800)		(7,800)	(7,989)
Charitable activities	(121,700)	(82,067)	(203,767)	(194,310)
	(129,500)	(82,067)	(211,567)	(202,299)
Net income	52,347	-	52,347	69,326
Reconciliation of funds				
Total funds brought forward	149,353	10,000	159,353	100,027
Total funds carried forward	201,700	10,000	211,700	169,353

We would like to thank the following organisations for grants received or pledged in 2017: BBC Children in Need, The Bernard Sunley Charitable Foundation, The Clothworkers' Foundation, The Daisy Trust, The Green Charity, Jack Petchey Foundation, John Lyon's Charity, London Borough of Hammersmith & Fulham, The Sulgrave Foundation

Statement of Financial Position	2018	2017
For the year ended 31 January 2018	£	£
Fixed assets		
Tangible assets	4,199	6,013
	4,199	6,013
Current assets		
Stocks	100	100
Debtors	35,060	10,863
Cash at bank and in hand	190,308	158,761
	225,468	169,724
Creditors: amount falling due within one year	(8,567)	(6,384)
Net current assets	216,901	163,340
Total assets less current liabilities	221,100	169,353
Creditors: amount falling due after more than one year	(9,400)	-
Net assets	211,700	169,353
The funds of the charity		
Restricted income funds	10,000	10,000
Unrestricted income funds	201,700	159,353
Total funds	211,700	169,353

A full copy of the Report of the Trustees and Unaudited Financial Statements for the year ended 31 January 2018 is available from the office on request.