

Senior Youth Worker Project

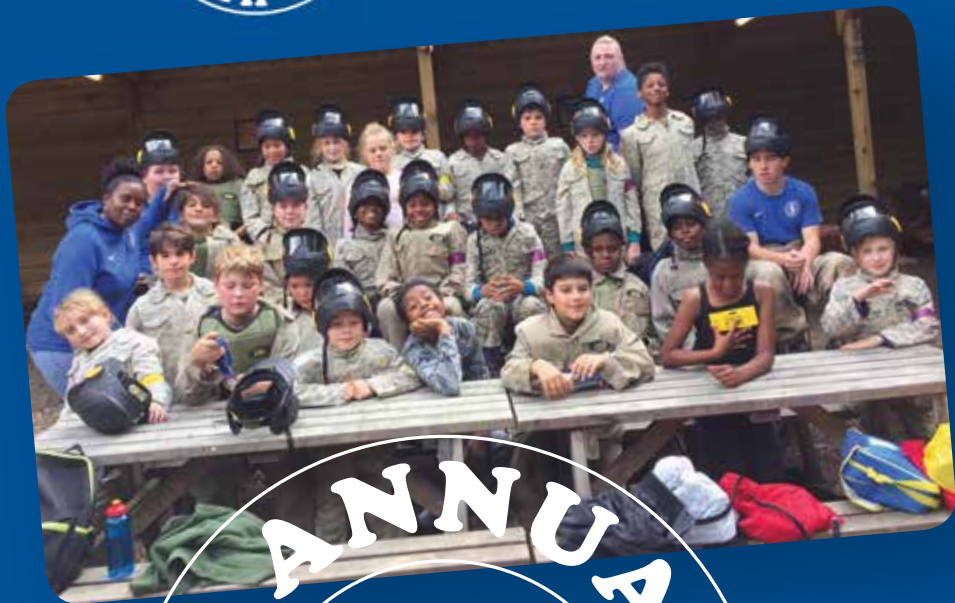
Thanks to grants from LBH&F's 3rd Sector Investment Fund and John Lyon's Charity we were able to employ a Senior Youth Worker to deliver activities and projects which have successfully raised the awareness and aspirations of young people at The Sulgrave Club. Working with the Members' Committee, this has included:

- Participation in London Youth's 'City Leaders Project';
- Participation in Hammersmith United Charity's 'Devolved Giving Project';
- Participation in Sexual Health and Substance Abuse workshops;
- Running five workshops on Goal Setting and Self Identity for 125 Year 8 students at Hammersmith Academy;
- Organising inflatable sessions for Junior & Senior Club nights;
- Organising a Thorpe Park Fright Night and Halloween Party for 40 young people;
- Organising a Christmas Meal and Presentation Night for Junior & Senior Club members;
- Entering our basketball team into their first competitive tournament;
- Helping 22 young people complete online Level 1 Food Hygiene certificates; and
- Awarding six young people Jack Petchey Youth Achievement Awards for their outstanding dedication and commitment to the Club.

Thanks to additional grants from the John Lyon's Charity's 'School Holiday Activity Fund' and Young Hammersmith & Fulham Foundation, we were also able to take young people away for a very special one-week residential at Avon Tyrrell Outdoor Activity Centre.



"The residential was good because I got to spend time with the Sulgrave family, that means to build a better bond, to become more confident."



ANNUAL 2018 REPORT

The Sulgrave Club, 287 Goldhawk Road, London W12 8EU

Founded in 1926 by Sir Edward De Stein and supported by the Sulgrave Foundation

Tel: 020 8748 3561 Web: www.thesulgraveclub.org.uk Email: info@thesulgraveclub.org.uk

Sulgrave Club Limited, Registered Charity No: 1165312, Company Limited by Guarantee No: 07929633

The Sulgrave Club

Trustees / Management Committee

Angela Clarke MBE	Chairman
Chris Hammond	Vice Chairman / Trustee, Sulgrave Foundation
John Wilson	Treasurer
John Howard	
Robert Kolaczynski	
Vicky Lawrence	
Sarah Grant	Chairman, Sulgrave Foundation
Laura Blazey	London Youth Co-optee

Full Time Staff

Nick Sazeides	Club Manager
Gershom Clarke	Senior Youth Worker

Part Time Staff

Barbara Perry	Finance Worker
Piers Player	Fund-Raising & Development Worker
Piret Randam	Cleaner
Paul Volino	Building Manager

Youth Workers

Moe Gentle, Ricardo Santana, Anthony Nolan, Carol Sawney, Atik Oumast, Nataleigh Taylor, Saif Oumast

Junior Leaders

Lottie Hibberd, Dylan Nelder, Kerry-Anne Moran, Dylan Quilligan

Volunteers

Danielle Hutchinson

Independent Examiners

Freeman Carr, Chartered Certified Accountants

The Gatehouse, 2 Devonshire Place, Heathfield Terrace, London W4 4JD

Chairman's Report

January to December 2018

In 2018, over 760 children and young people benefited from our youth work programme, either attending our Junior or Senior Youth Club; taking part in our Lunch Club at Hammersmith Academy; enjoying five weeks of Junior or Senior Holiday Activities; taking part in a week-long residential in the New Forest; or learning new skills in one of our After-School Clubs.

The highlights of our 2018 programme included delivering a Devolved Giving Project on behalf of Hammersmith United Charity as part of their 400th anniversary celebrations; the addition of highly successful Taekwondo classes to our after-school programme; the introduction of high-level table tennis coaching into our youth club programme; eight weeks of Easter and Summer holiday activity schemes for our Junior and Senior members; and a week-long residential at Avon Tyrrell Outdoor Activity Centre for our Senior members. The full range of quality services we delivered in 2018 are described in the remaining pages of this Annual Report.

In 2018, we continued to fundraise for our much-needed building refurbishment project. By the middle of the year we had secured two-thirds of our fundraising target, enough to embark on the first phase of the project: the exterior reconfiguration of the front of the Club. This work is complete, and we now have a safe parking space in front of the Club, a new, secure sliding gate entry system, and a repaired and repainted frontage, making the Club a much more attractive and inviting place for children and young people to visit.

2018 saw two other significant developments. First, we welcomed TBAP Multi Academy Trust as our new daytime tenants, securing an important income stream for the Club and making sure the building is used productively

throughout the day for the benefit of young people. And secondly, following a Local Authority reorganisation, we are now sub-contracted by the Urban Partnership Group to deliver Senior Youth Club nights in the Ravenscourt and Askew wards as part of the borough's new Family Support service. At some point in the future, Family Support will become an independent organisation for whom we hope to continue providing this important service for young people.

Our plans for 2019 include the continued delivery of a full programme of quality youth activities at the Sulgrave Club; more after-school activities for Juniors, including an English & Maths Class and a Performing Arts Club; another eight weeks of holiday activity schemes for Juniors and Seniors; achieving Silver level in the London Youth Quality Mark scheme, for which we were re-accredited at Bronze level in September 2016; and continuing to fundraise for the final third of the money required to complete our refurbishment project.

The funding climate in 2018 remained challenging, but our diverse sources of income and sound financial management continued to put us in a relatively strong position. In 2018 we recorded an income of £230,296 and expenditure of £247,384, giving a net deficit for the year of -£17,088, leaving us with reserves of £204,612. Please see the end of this report for a summary of the accounts for the year.

I personally would like to thank my fellow Trustees, our Club Manager, Nick Sazeides, and his dedicated team of staff and volunteers, for all the hard work they have put into ensuring the continued success of the Sulgrave Club during 2018.

Angela Clarke MBE
Chairman of Trustees

Review of Activities 2018

Purpose

The charitable objective of The Sulgrave Club is "to help and educate young people through their leisure time activities so to develop their physical, mental and spiritual capacities, so that they may grow to full maturity as individuals and members of our society and that their conditions of life may be improved."

The Club aims to achieve this by providing children and young people with:

- a safe and comfortable place to meet;
- an enthusiastic team of skilled and caring adults to work with;
- a wide range of stimulating activities and opportunities to experience;
- the space to express their views and opinions; and
- the opportunity to take an active part in the running of the Club.

Principal Activities

The Club's principal activities are:

- a one evening a week Junior Youth Club for children in School Years 3-7 from 6.30pm to 9.00pm on Fridays (term-time only);
- a three night a week Senior Youth Club for young people in School Years 7 and above from 6.30pm to 9.30pm, Wednesdays, Thursdays and Saturdays (45 weeks a year);
- weekly After-School Clubs for children in School Years 3-7;
- a weekly Lunchtime Youth Club in Hammersmith Academy, our local secondary school;
- five weeks of activity schemes for Juniors during the Easter and Summer school holidays;
- three weeks of activity schemes for Seniors during the Summer holidays; and
- annual Junior and Senior residentials to accredited outdoor activity centres in Ashdown Forest and the New Forest.

London
Youth
QUALITY MARK
MEMBER ACCREDITED
2016-19

Quality Assurance

We have been awarded a Bronze Level London Youth Quality Mark, a quality assurance system, a programme accredited by City and Guilds.



Sulgrave Senior Club

The Sulgrave Senior club is open three evenings a week, from 6.30pm to 9.30pm, 45 weeks of the year. We provide young people aged 11-19 years with a variety of activities such as cooking, arts and crafts, football, pool, and basketball, as well as a range of one-off projects and workshops, all with the aim of supporting young people in their personal, social, spiritual and physical development. 2018 also saw the introduction of first-class table tennis coaching in the Club, thanks to a grant from London Sport.

The Sulgrave Senior Club is primarily funded by LBHF's Family Support, via a sub-contract with the Urban Partnership Group, for community-based youth provision in the Askew and Ravenscourt Park wards of the borough.



In 2018 we delivered 135 Senior Youth Club sessions at the Sulgrave Club on Wednesday, Thursday and Saturday nights, and 25 Lunch Club sessions at Hammersmith Academy on Tuesday or Thursday afternoons, attended by a total of 540 young people at an average of 35 young people per session

In our annual survey:

- 89% of young people told us they had become more motivated / determined to succeed as a result of coming to the Sulgrave Senior Club;
- 91% told us they had learnt new skills; and
- 95% told us they had become more confident.



Sulgrave Junior Club

The Sulgrave Junior Club is open Friday nights from 6.30pm to 9.00pm during term time. We provide children aged 8 to 12 years with a variety of challenging and fun physical, social, creative and educational activities. Making full use of the facilities these activities include cooking, arts & crafts, football, dance, drama, pool, table tennis, gym games, quizzes and competitions. All the activities are designed to encourage and promote participation, social interaction and healthy play among children. The Sulgrave Junior Club's primary source of funding is BBC Children in Need.

In 2018 we put on 36 Club nights, which were attended by 229 different children at an average of 55 children per night.

In our annual survey:

- 89% of children told us they now got on better with other children because of coming to the Sulgrave Junior Club;
- 92% told us they had found out new things they liked doing; and
- 98% told us they had had lots of fun!



Junior After-School Activities

Thanks to a grant from The Feathers Association we were able to put on three additional Junior after-school activities in 2018:

- a 4-day Level 1 roller skating course for 15 children during the February half term;
- after-school Level 2 & 3 Roller Skating Classes for 15 children during the Summer term; and
- 3 terms of our after-school Taekwondo Club for 20 children per term.

A total of 37 children benefited from attending either the Roller Skating Classes and / or our Taekwondo Club.



Roller Skating

The February Half Term course was consistently well-attended, the children developed a good camaraderie, and 10 out of 15 achieved Level 1 certificates. The Summer term after-school classes, however, were less well-attended, but the children that did attend did very well, with five out of seven achieving Level 1, 2 or 3 certificates. If enough interest is shown, we will run roller-skating classes again, but only as a half-term course.

Taekwondo

There were 20 places available each term for our Taekwondo Club. Over the three terms 27 children took part and, by the end of the year, 21 had achieved gradings. We are extremely happy with the development of the Club, as are the children and their parents. The classes were well run by tutors from Kixstar Dragon Taekwondo and the children taking part progressed well, gaining useful skills and showing incredible advances in their self-discipline. We intend to continue with our Taekwondo Club for the coming year.



Junior Holiday Schemes

Our holiday activity schemes provide children from low income families with the opportunity to enjoy a wide range of stimulating and exciting social, educational and physical activities, and outings at a price they can afford. Thanks to a grant from BBC Children in Need, the Sulgrave Club was able to put on five weeks of holiday activities in 2018 – two weeks during the Easter holidays and three weeks during the Summer holidays.



Over the course of the five weeks a total of 58 different children took part, most for one, two, or three weeks, but with six children managing all five. On average, 26 children attended each day, representing a 93% take up of available places. At the end of each week we asked the children to tell us what they got out of the schemes.

Here's what they said:

"I have met new people and talked to people I wouldn't normally talk to and it has made me more confident."

"We learned new things and got to try new things that I had never done before."

"I learnt to behave and be confident in myself and it was so much fun and fantastic I think that I will always come to Sulgrave."

"I had tons of FUN and will definitely come on another one."



Senior Holiday Scheme

For the second year running we ran a Senior Holiday Activity Programme during the summer. This took place on nine days over July and August, with trips Trampoline, Karting, and Paintballing, and visits to City Mazes Escape Rooms, Windsor Aqua Park, Thorpe Park, and Adventure Island in Southend. A total of 32 young people took part, with an average daily attendance of 14.



Our primary aims in running the holiday scheme were to increase young people's confidence, improve their social skills, and make sure they had a lot of fun. At the end of the scheme we asked the young people why they thought holiday schemes were important for people their age.

Here's what they said:

"They are important because they keep young people off the streets and doing much more fun things."

"Holiday Schemes are important for people my age because they keep us out of trouble."

"They help us get out and be active."

"The trips helped me feel more a part of Sulgrave and helped me make my friendships better!"



Accounts Summary

1st February 2018 to 31st January 2019

Statement of Financial Activities	Unrestricted	Restricted	2019	2018
For the year ended 31 January 2019	funds	funds		
	£	£	£	£
Income and endowments from:				
Donations and legacies	37,238	141,584	178,822	187,242
Other trading activities	2,649	-	2,649	3,867
Investments	48,825	-	48,825	72,805
	88,712	141,584	230,296	263,914
Expenditure on:				
Raising funds	(15,575)	-	(15,575)	(7,800)
Charitable activities	(71,894)	(159,915)	(231,809)	(203,767)
	(87,469)	(159,915)	(247,384)	(211,567)
Net income / expenditure	1,243	(18,331)	(17,088)	52,347
Reconciliation of funds				
Total funds brought forward	211,700	10,000	221,700	169,353
Total funds carried forward	212,943	(8,331)	204,612	221,700

We would like to thank the following organisations for grants received, pledged, or spent in 2018:

Project Costs / Core Costs

- BBC Children in Need
- Feathers Association
- Hammersmith United Charities
- Jack Petchey Foundation
- John Lyon's Charity
- LB Hammersmith & Fulham
- London Sport
- Sulgrave Foundation
- Young Hammersmith & Fulham Foundation

Building Refurbishment Project

- Beatrice Laing Trust
- Bernard Sunley Charitable Foundation
- Clothworkers' Foundation
- Fidelity UK Foundation
- Rank Foundation

Statement of Financial Position	2019	2018
For the year ended 31 January 2019	£	£
Fixed assets		
Tangible assets	2,223	4,199
	2,223	4,199
Current assets		
Stocks	100	100
Debtors: amounts falling due within one year	6,140	-
Debtors: amounts falling due after more than one year	19,425	35,060
Cash at bank and in hand	197,247	200,308
	222,912	235,468
Creditors: amount falling due within one year	(20,525)	(8,567)
Net current assets	202,387	226,901
Total assets less current liabilities	204,610	231,100
Creditors: amount falling due after more than one year	-	(9,400)
Net assets	204,610	221,700
The funds of the charity		
Restricted income funds	(8,331)	10,000
Unrestricted income funds	212,943	211,700
Total funds	204,612	221,700

A full copy of the Report of the Trustees and Unaudited Financial Statements for the year ended 31 January 2019 is available from the office on request.