

Senior Youth Worker Project

Thanks to a grant from LBH&F's 3rd Sector Investment Fund, for most of the year we were able to employ a part-time Senior Youth Worker to coordinate and deliver activities and projects which have successfully raised the awareness and aspirations of young people at The Sulgrave Club, including:

- An accredited First Aid awareness course;
- a sexual health workshop;
- a knife crime workshop;
- two smoking awareness workshops;
- two drugs & alcohol awareness workshops;
- two London Village Network "Power of an Hour" sessions with volunteers from Endemol Shine;
- a Thorpe Park fright night trip and Club sleepover;
- a Senior Club Halloween Party and a Senior Club Christmas Party;
- six young people receiving Jack Petchey Youth Achievement Awards; and
- approximately 130 family, friends, and members attending a Youth Club Presentation Night and Children's Talent Competition at the end of the year.

Unfortunately, in June we suffered the tragic loss of one of our Youth Workers, Ricardo Santana, who drowned in an accident at sea while on holiday in Tenerife. Ricardo was an immensely popular staff member and is sorely missed by everyone at the Club. RIP.



Hindleap Warren Residential

At the end of May 2019, we took 40 Junior Club Members and 21 Senior Club Members on a memorable 3-day residential at Hindleap Warren Outdoor Activity & Education Centre in Ashdown Forest. It was a really excellent trip. The weather was good, the activities were fun, and everyone gave their all, even on the most difficult of challenges. For most of the children and young people, this was their first experience of Hindleap Warren. They were all surprised at how much they enjoyed it, particularly the Senior Club Members.

We would therefore like to thank the staff at Hindleap Warren who, as always, were extremely helpful, welcoming and supportive; The Daisy Trust, who kindly funded our coach hire to and from Hindleap; and The Feathers Association, whose generosity made it possible for the families of 33 children and young people to take part for free. A big thank you from all of us!



The Sulgrave Club

Trustees / Management Committee

Angela Clarke MBE	Chairman
Chris Hammond	Vice Chairman / Trustee, Sulgrave Foundation
John Wilson	Treasurer
John Howard	
Robert Kolaczynski	
Sarah Grant	Chairman, Sulgrave Foundation
Laura Blazey	London Youth Co-optee until July 2019

Full Time Staff

Nick Sazeides	Club Manager
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Part Time Staff

Barbara Perry	Finance Worker
Piers Player	Fund-Raising & Development Worker
Piret Randam	Cleaner
Paul Volino	Building Manager

Youth Workers

Moe Gentle, Dylan Quilligan, Anthony Nolan, Ricardo Santana, Atik Oumast, Carol Sawney, Saif Oumast, Nataleigh Taylor

Specialist Tutors

Kevin Byfield, Saimoore Sarsoza, Philip Sangchin, Edenilson Speck Da Silva

Junior Leaders

Bayan Al Ghazzouli, Kerry-Anne Moran, Shanai Clarke, Dylan Nelder, Tia Mills

Volunteers

Lauren Christie-Jones, Danielle Hutchinson

Independent Examiners

Freeman Carr, Chartered Certified Accountants

The Gatehouse, 2 Devonshire Place, Heathfield Terrace, London W4 4JD

Chairman's Report January to December 2019

In 2019, over 575 children and young people benefited from our youth work programme, either attending our Junior or Senior Youth Clubs; playing table tennis in our Lunch Club at Hammersmith Academy; learning new skills in one of our After-School Clubs; enjoying five weeks of Junior holiday activities or three weeks of Senior holiday activities; or taking part in our 3-day residential at Hindleap Warren Outdoor Activity & Education Centre in Ashdown Forest.

The highlights of our 2019 programme included the addition of a Performing Arts School and English & Maths classes to our successful after-school programme; an action-packed video of our mid-May residential at Hindleap Warren, which can be seen on our website www.thesulgraveclub.org.uk; 130+ members, family and friends attending a fantastic Presentation Night and Talent Competition at the Club in early December; average attendance at our Junior Youth Club in the Autumn term exceeding 84 children per night; and the award of a Bronze Level London Youth Quality Mark, a quality assurance scheme, a programme accredited by City and Guilds, which is valid for the next three years.

The funding climate in 2019 was stable and we ended the financial year in a relatively strong position. From February 2019 to January 2020, we recorded an income of £242,885 and expenditure of £203,759, giving us a net surplus for the year of £39,126. We therefore went into 2020 with reserves of £243,682, of which £12,733 was restricted, and £50,000 was designated, for our building refurbishment project. This provides us with an unrestricted reserve of £180,949, equivalent to approximately 10.5 months running costs, in uncertain times. Please see the later pages of this annual report for a summary of our accounts.

In 2019, we continued to fundraise for our much-needed building refurbishment project, which will extend the nature and range of activities and services we can offer for children of different ages and with different needs. By the end of the year

we had raised an additional £128,000 in grants and pledges which would have enabled us to start the internal reconfiguration and refurbishment of the Club in the summer of 2020. However, the Covid-19 Global Pandemic has seriously affected our future plans.

In the light of government guidelines, The Sulgrave Club closed its doors and temporarily ceased operation on Tuesday 17th March 2020. At the time of writing, in early June 2020, the Club was still closed, but providing an online service for children and young people via Instagram, including video tutorials in Performing Arts, Music Production, Arts & Crafts, Cooking, and Fitness. To date, these have had over 500 views. We have also worked with City Harvest, providing food parcels for Club Members' families, which have benefited over 200 people. We will continue this level of provision until government guidelines indicate that it is safe for us to re-open the Club and to offer face to face services again, however limited these may be.

I would like to thank my fellow Trustees, our Club Manager, Nick Sazeides, and his dedicated team of staff and volunteers, for all the hard work they put into ensuring the continued success of the Sulgrave Club in 2019 and for facing up to the challenges brought on by Covid-19 in 2020. I would also like to record our thanks to John Howard for his advice and support as he has recently stepped down as a Trustee after several years. We have also recently been delighted to welcome Caroline Needham to our board.

Unfortunately, 2019 was marked by the tragic loss of one of our youth workers, Ricardo Santana, who died in an accident at sea while on holiday in Tenerife. In his memory we have initiated the Ricardo Santana Memorial Award, which will be awarded every term to the winner of the Junior Youth Club Super League. Our thoughts and prayers remain with Ricardo's family and friends.

Angela Clarke MBE
Chairman of Trustees

Review of Activities 2019

Purpose

The charitable objective of The Sulgrave Club is "to help and educate young people through their leisure time activities so to develop their physical, mental and spiritual capacities, so that they may grow to full maturity as individuals and members of our society and that their conditions of life may be improved."

The Club aims to achieve this by providing children and young people with a safe and comfortable place to meet; an enthusiastic team of skilled and caring adults to work with; a wide range of stimulating activities and opportunities to experience; the space to express their views and opinions; and the opportunity to take an active part in the running of the Club.

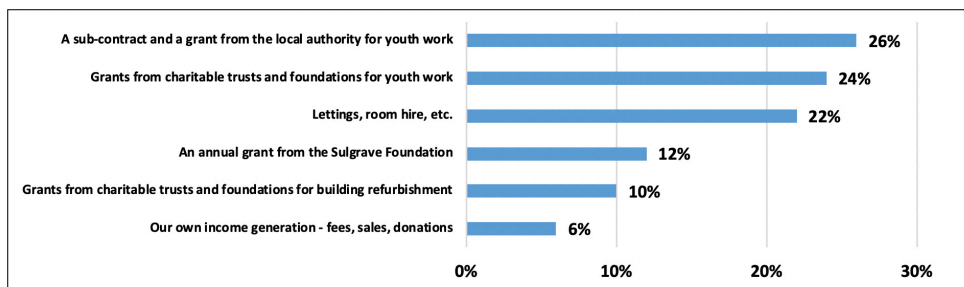
Principal Activities

Pre-Covid-19, the Club's principal activities were:

- a one evening a week Junior Youth Club for children in School Years 3-7 from 6.30pm to 9.00pm on Fridays (term-time only);
- a three night a week Senior Youth Club for young people in School Years 7 and above from 6.30pm to 9.30pm, Wednesdays, Thursdays and Saturdays (45 weeks a year);
- weekly After-School Clubs for children in School Years 3-7, covering Performing Arts, Taekwondo and Extra English & Maths;
- weekly Lunchtime Youth Clubs in Hammersmith Academy and West London Free School, our two local secondary schools;
- five weeks of holiday activity schemes for Juniors during the Easter and summer holidays;
- three weeks of holiday activity schemes for Seniors during the summer holidays; and
- regular residentials to accredited outdoor activity centres in Ashdown Forest and the New Forest.

Principal Sources of Income

The Club's principal sources of income in 2019 were:



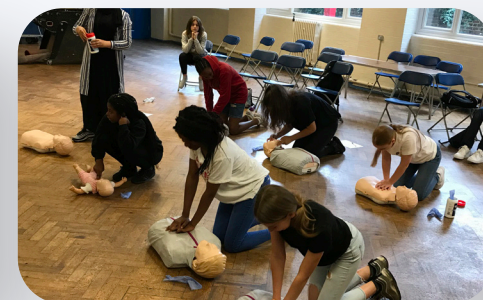
Quality Assurance

We have been awarded a Bronze Level London Youth Quality Mark, a quality assurance system, a programme accredited by City and Guilds.

Sulgrave Senior Club

The Sulgrave Senior club is open three evenings a week, from 6.30pm to 9.30pm, 45 weeks of the year. We provide young people aged 11-19 years with a variety of activities such as cooking, Arts & Crafts, football, pool, table tennis and basketball, as well as a range of one-off projects and workshops, all with the aim of supporting young people in their personal, social, spiritual and physical development.

The Sulgrave Senior Club is primarily funded by the local authority, via a sub-contract with the Urban Partnership Group, to deliver Senior Youth Club nights in the Ravenscourt and Askew wards as part of the borough's new Family Support service.



In 2019 we delivered 134 Senior Youth Club sessions at the Club on Wednesday, Thursday and Saturday nights. These were attended by a total of 309 young people at an average of 32 per session. We also delivered 14 Lunch Club sessions at Hammersmith Academy on Tuesday afternoons. These were attended by a total of 91 young people at an average of 18 per session.

In our annual survey of Senior Club members:

- 98% of young people told us their relationships with other people had improved as a result of coming to the Sulgrave Senior Club;
- 92% told us they had become more confident; and
- 92% told us they had gained new knowledge and learnt new skills.



Sulgrave Junior Club

The Sulgrave Junior Club is open Friday nights from 6.30pm to 9.00pm during term time. We provide children aged 8 to 12 years with a variety of challenging and fun physical, social, creative and educational activities, including cooking, Arts & Crafts, football, dance, drama, pool, table tennis, gym games, quizzes and competitions. All the activities are designed to encourage and promote participation, social interaction, and healthy play among children. The Sulgrave Junior Club's primary source of funding is BBC Children in Need.



In 2019 we put on 37 Club nights, which were attended by 285 different children at an average of 77 children per night (up 22 from the previous year). In our annual survey of Junior Club members:

- 90% of children told us they had found out new things they liked doing;
- 94% of children told us they felt very safe at the Sulgrave Junior Club; and
- 97% told us they had had lots of fun!



Junior After-School Clubs

Thanks to a grant from BBC Children in Need, 2019 saw a substantial growth in our after-school programme. Alongside our existing and very successful Taekwondo Club on Wednesdays, we are now offering a Performing Arts Club on Mondays and Tuesdays, and an extra English & Maths Club on Thursdays.



In 2019 we put on 92 after school club sessions, which were attended by 58 different children. An average of 19 children regularly attended our Taekwondo Club, 11 our Performing Arts Club, and 9 our extra English & Maths Club. In our evaluations:

- 62% of children said they felt a lot more confident because of attending our Taekwondo and/or Performing Arts Clubs;
- 65% said that they felt a lot fitter and a lot healthier; and
- 67% said that they had learnt a lot of new skills.

In our evaluation of our extra English & Maths Club, 100% of children said they had enjoyed attending and had gained a lot of new knowledge and skills.



Junior Holiday Schemes

Our holiday activity schemes provide children from low-income families with the opportunity to enjoy a wide range of stimulating and exciting social, educational and physical activities and outings at a price they can afford. Thanks to a grant from BBC Children in Need, the Sulgrave Club was able to put on five weeks of holiday activities in 2019 – two weeks during the Easter holidays and three weeks during the summer holidays.



Over the course of the five weeks, a total of 72 different children took part, 14 more than the previous year. On average, 27 children attended each day, representing an impressive 96% take up of available places. At the end of each week we asked the children how they benefited from the Junior Holiday Schemes.

Here's what they told us:

"You can meet new people and make new friends. You are always doing something new every day."

"I enjoyed the Summer Holiday Scheme because I was not ever bored."

"I went on lots of fun things and I have become a lot more confident."

"I made new friends and I enjoyed every single bit of it."



Senior Holiday Scheme

Thanks to a School Holiday Activity Fund (SHAF) grant from John Lyon's Charity, we were able to run a Senior Summer Holiday Activity Scheme for the third year running. This took place over nine days in August, with a First Aid Awareness workshop, a photo orienteering competition, a day of highly competitive Team Olympics, a trip Karting, and visits to Windsor Aqua Park, Thorpe Park, Splashdown in Poole, and Bournemouth Beach (twice). A total of 21 young people took part, with an average daily attendance of 13.



Our primary aims for the Senior Holiday Scheme were to increase young people's confidence, improve their social skills, and make them happier. At the end of the scheme we asked the young people to assess how well we had achieved these aims. 95% told us they had become more confident, 90% that they now got on better with other people, and 100% told us the scheme had made them happier. We also asked them to tell us why they thought holiday schemes were important for young people their age.

"It keeps us off the streets."

"So people don't become fat slobs or couch potatoes."

"The Scheme helps you build friendships, be social, stay out of trouble, and have new experiences that you would not be able to have if you were not involved."

"Because it helps you have fun and enjoy yourself."

Accounts Summary

1st February 2019 to 31st January 2020

Statement of Financial Activities	Unrestricted	Restricted	2020	2019
For the year ended 31 January 2020	funds	funds		
	£	£	£	£
Income and endowments from:				
Donations and legacies	89,191	96,084	185,275	178,821
Other trading activities	6,209	-	6,209	2,649
Investments	51,401	-	51,401	48,825
	146,801	96,084	242,885	230,295
Expenditure on:				
Raising funds	(15,575)	-	(15,575)	(15,575)
Charitable activities	(113,165)	(75,019)	(188,184)	(231,809)
	(128,740)	(75,019)	(203,759)	(247,384)
Net income / expenditure	18,061	21,065	39,126	(17,089)
Reconciliation of funds				
Total funds brought forward	212,888	(8,332)	204,556	221,700
Total funds carried forward	230,949	12,733	243,682	204,611

We would like to thank the following organisations for grants received, pledged, or spent in 2019:

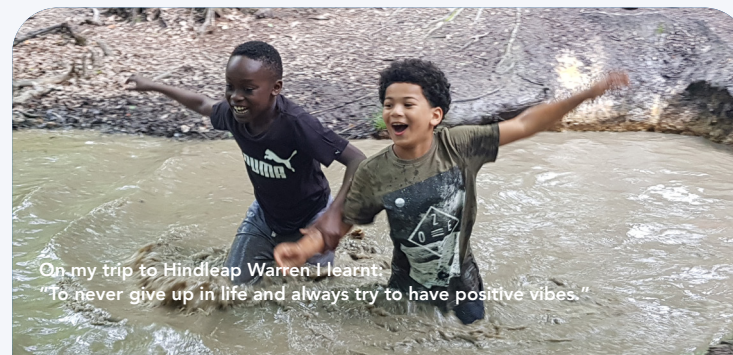
- BBC Children in Need
- Daisy Trust
- Dudley & Geoffrey Cox Charitable Trust
- Feathers Association
- Green Charity
- Garfield Weston Foundation
- Jack Petchey Foundation
- John Lyon's Charity
- LB Hammersmith & Fulham
- Sulgrave Foundation
- Young Hammersmith & Fulham Foundation



On my trip to Hindleap Warren I learnt:
"How to enjoy time away from social media and the internet."

Statement of Financial Position	2020	2019
For the year ended 31 January 2020	£	£
Fixed assets		
Tangible assets	1,580	2,223
	1,580	2,223
Current assets		
Stocks	100	100
Debtors: amounts falling due within one year	-	6,140
Debtors: amounts falling due after more than one year	7,477	19,425
Cash at bank and in hand	257,805	197,248
	265,382	222,913
Creditors: amount falling due within one year	(23,280)	(20,525)
Net current assets	242,102	202,388
Total assets less current liabilities	243,682	204,611
Creditors: amount falling due after more than one year	-	-
Net assets	243,682	204,611
The funds of the charity		
Restricted income funds	12,733	(8,332)
Unrestricted income funds	230,949	212,943
Total funds	243,682	204,611

Full copies of the Report of the Trustees and Unaudited Financial Statements for the year ended 31 January 2020 are available from the office on request.



On my trip to Hindleap Warren I learnt:
"To never give up in life and always try to have positive vibes."