

The Sulgrave Club



Annual Report 2021

The Sulgrave Club, 287 Goldhawk Road, London W12 8EU
Founded in 1926 by Sir Edward De Stein and supported by the Sulgrave Foundation
Sulgrave Club Limited, Registered Charity No: 1165312, Company Limited by Guarantee No: 07929633

The Sulgrave Club

Trustees / Management Committee

Angela Clarke MBE	Chairman
Chris Hammond	Vice Chairman / Trustee, Sulgrave Foundation
John Wilson	Treasurer
Sarah Grant	Chairman, Sulgrave Foundation
Matt Hedges	
Robert Kolaczynski	
Caroline Needham	

Full Time Staff

Nick Sazeides	Club Manager
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Part Time Staff

Barbara Perry	Finance Worker
Piers Player	Fund-Raising & Development Worker
Piret Randam	Cleaner
Paul Volino	Building Manager

Youth Leaders

Jacqueline Adu-Sarkodie	Dylan Nelder	Carol Sawney
Danielle Brookes-Hutchinson	Anthony Nolan	Nataleigh Taylor
Moe Gentle	Atik Oumast	Dylan Quilligan
Kerry-Anne Moran	Saif Oumast	

Specialist Tutors

Kevin Byfield	Edenilson Speck Da Silva
Saimoore Sarsoza	Hanna Whiteman

Junior Leaders

Tia Mills	Georgia Nelder
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Volunteers

Hebe Dennison

Independent Examiners

Freeman Carr, Chartered Certified Accountants
The Gatehouse, 2 Devonshire Place, Heathfield Terrace, London W4 4JD

Chairman's Report

January to December 2021

2021 was the year in which The Sulgrave Club began its slow recovery from Covid-19. Closed for the first three months of the year because of Lockdown 3, the Club gradually began to reintroduce face-to-face services from the beginning of April. Club Manager, Nick Sazeides, and his team did a brilliant job of navigating a path through ever-changing regulations and the occasional instance of staff and children contracting the virus.

By following the National Youth Agency (NYA) guidelines for the safe delivery of youth activities during the pandemic, we were able to deliver a more or less full programme of youth activities from April to December 2021, although attendance was lower than we would have hoped. This was partly because the NYA advised caution on how many children and young people we should work with even as Covid restrictions were being lifted. It was partly because we lost our older cohort of Senior Members, who got out of the habit of coming to a Youth Club during repeated lockdowns and whom we struggled to encourage back. And partly because we began Phase 2 of our major refurbishment of the Club in September 2021, making several parts of the building unusable for service delivery in the final four months of the year.

However, there were some outstanding successes. Our Taekwondo after-school club regularly attracted 40 young people on Wednesday afternoons, 20 in a beginners' and 20 in an advanced class. Our October Half Term Inflatable Fun Day was enjoyed by over 100 of our Junior and Senior Members; and in September 2021 we appointed our new full time Youth Engagement Worker, Jacqueline Adu-Sarkodie, who is significantly diversifying our offer, particularly for young women.

Financially the year was dominated by our building refurbishment project. From February 2021 to January 2022, we recorded an income of £302,187, revenue expenditure of £153,362, and building refurbishment expenditure of £382,401. This gave us a net deficit for the year of -£233,576. However, we had brought forward reserves of £301,359, the majority of which was designated for the building refurbishment project. We therefore took forward reserves of £67,782, of which £25,309 was restricted for youth activities and £42,473 was unrestricted, equivalent to approximately two and a half months running costs.

Phase 2 of the refurbishment project included improvements to the heating and electrical systems and an internal reconfiguration of the building. This effectively divided a refurbished Club into two separate, self-contained parts, which will help us to secure a year-round daytime letting without affecting our ability to deliver quality activities and services for children and young people throughout the day, which is of particular importance during school holidays.

I would like to take this opportunity to welcome Matt Hedges to the Board of Trustees, whose skills and experience as an Architect will be of great value, and to thank my fellow Trustees and our Club Manager, Nick Sazeides, and his dedicated team of staff and volunteers, for all their hard work in 2021 in facing up to what we hope were the final challenges of the Covid-19 pandemic.

Angela Clarke MBE
Chairman of Trustees

Review of Activities 2021

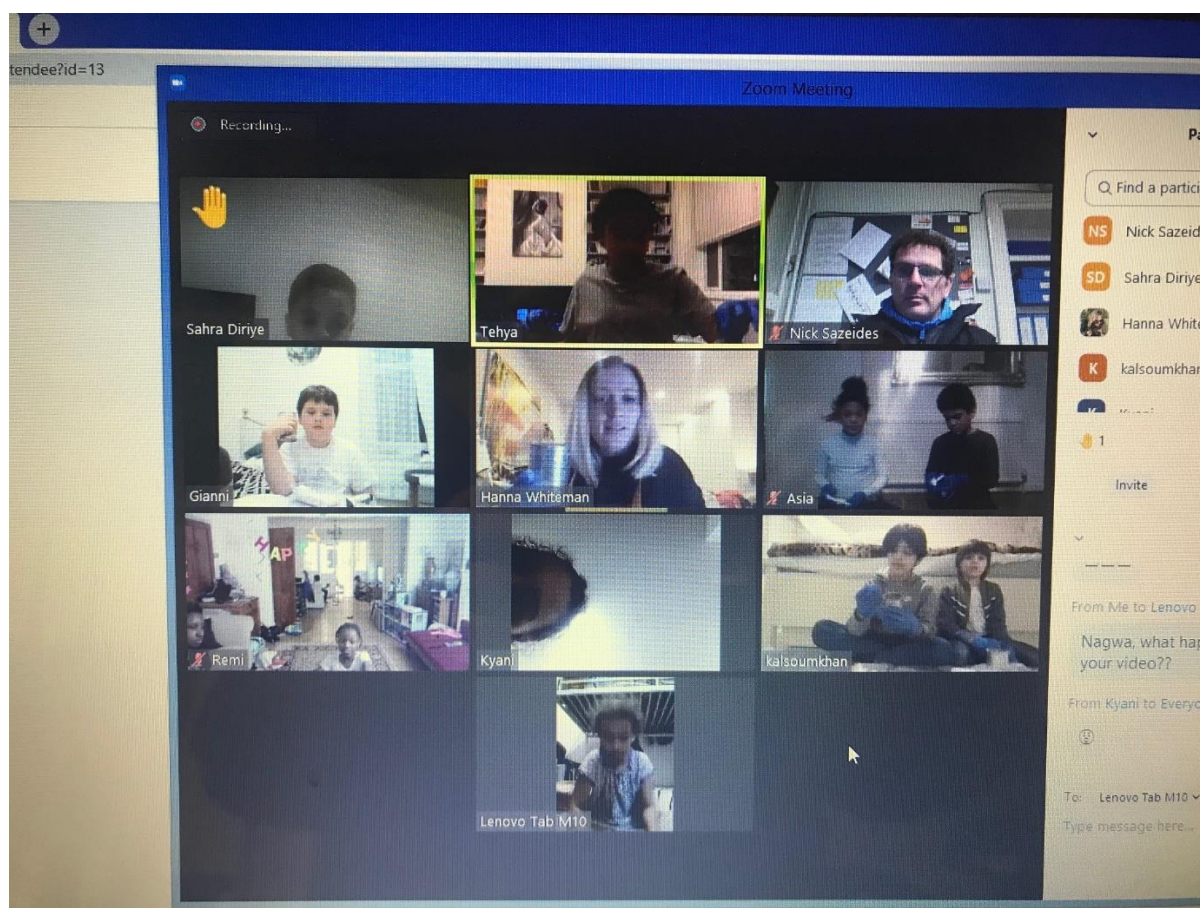
Purpose

The charitable objective of The Sulgrave Club is "to help and educate young people through their leisure time activities so to develop their physical, mental and spiritual capacities, so that they may grow to full maturity as individuals and members of our society and that their conditions of life may be improved."

The Club aims to achieve this by providing children and young people with a safe and comfortable place to meet; an enthusiastic team of skilled and caring adults to work with; a wide range of stimulating activities and opportunities to experience; the space to express their views and opinions; and the opportunity to take an active part in the running of the Club.

Club Manager's Report

2021 was book-ended by Covid. At the beginning of the year, we were closed for three months because of Lockdown 3. At the end of the year, we were unable to deliver our final Senior Youth Club session because two staff were laid low by the Omicron variant. In between times, we followed the guidelines for the safe delivery of youth activities produced by the National Youth Agency (NYA) and were able to deliver a full programme of youth activities (with occasional restrictions on numbers) from April to December.



Lockdown 3 was in force from January to March 2021. During that time, we oversaw the delivery of food parcels to 18 families, consisting of 51 adults and children, who would have otherwise gone without. We also delivered five online Creative Arts classes, 11 online Performing Arts classes, and 20 online Extra English and Maths classes to a total of 41 children aged 8 to 11 years. Online delivery was a new venture for us, sometimes successful, sometimes not, but importantly allowing us to keep in touch with members of our After-School Clubs during the long months of Lockdown 3.

We also ran an experimental 6-week face-to-face project for half a dozen vulnerable young women aged 14 to 16 years old. The project aimed to encourage the young women to adopt a positive mindset as lockdown came to an end. Three of the young women responded well and we made plans to develop more of this type of work in the future.

On 12th April 2021, the country entered Step 2 of the government's road map to recovery and the NYA's guidelines changed from RED to AMBER. Although legal restrictions on the numbers permitted to meet both indoors and out were removed, the NYA's recommendation was still to be cautious. We therefore resumed face-to-face delivery with social distancing very much in mind, with a 2-week Junior Easter Holiday Activity Scheme, consisting of four days of outdoor Double Dutch skipping in Ravenscourt Park, followed by a week of morning activities in the Club for up to 26 children, in two "bubbles" of 13. Every session ended with a cooked meal for all participants.



We restarted all our other face-to-face services the following week. This included a new Girls' Club for young women in School Years 7+; a new mixed football night in association with Chelsea FC Foundation; our three Junior After School Clubs - Extra English & Maths, Taekwondo, and Performing Arts; our Junior Youth Club for children in School Years 3 to 6; our Intermediate Youth Club, for children and young people in school years 6 to 8; and our twice weekly Senior Youth Club for young people in School Years 7+.

We were now back up and running, albeit with limits on the numbers attending. For our Junior, Intermediate, and Senior Youth Clubs, we allowed no more than 30 children and young people per session, in two bubbles of 15. On 17th May 2021, the country entered Step 3 of the government's road map to recovery, and NYA guidelines changed from AMBER to YELLOW. The NYA were, however, still recommending caution. Considering the four separate delivery areas we could use in the Club (upstairs gym, downstairs gym, art room, and kitchen/canteen) we determined that it was safe for up to 40 children and young people to attend on any given session, and we amended our attendance limits accordingly.

We maintained this level of delivery until the Summer Holidays. Our numbers remained relatively low, partly because of the limitations on attendance we had set, partly because some young people were wary of larger gatherings, and partly because young people had got out of the habit of going to a youth club. We were very keen for the final Covid restrictions to be safely lifted so that we could return to running lunch-time youth clubs for pupils in our local secondary school, Hammersmith Academy. We have found these sessions to be excellent for promoting and increasing attendance at our Youth Clubs.

At the beginning of the Summer holidays, we started a 3-week Junior Holiday scheme which only ran for 1½ weeks because two of our staff caught Covid. However, by the time our Senior Holiday Scheme took place, both staff members had recovered and the self-isolation period for everyone else had finished. We were therefore able to offer a full 3-week holiday scheme for our Seniors, although we did limit attendance on all outings to 15 young people – one minibus full.



On 6th September 2021, the NYA readiness level turned from YELLOW to GREEN, meaning we could return to pre-pandemic levels of delivery. We restarted our Youth and After School Clubs for the Autumn term in the week beginning 13th September, removing most restrictions on the numbers allowed to attend and increasing the length of our Senior Youth Club sessions by half an hour. We maintained this level of delivery until the end of the year. Although the NYA readiness level reverted to YELLOW on 2nd December 2021, this change did not affect the numbers of young people to whom we could deliver services, nor the type of services we could deliver.

The beginning of September had also seen the appointment of our new full time Youth Engagement Worker, Jac O’Kody. She brought with her skills in performing arts, in working with young women, and in addressing issues of race and racism within culture. Having an extra worker allowed us to expand on our regular delivery. In the final quarter of the year, along with our normal youth and after school clubs, we also delivered 10 Girls Football and Girls Arts & Wellbeing sessions, 9 Lunchtime Youth Club and 9 after school Dance Club sessions at Hammersmith Academy, 2 Sexual Health & Substance Abuse workshops, 1 Theatre Trip, and a Halloween Party!

As well as delivering nine months of good youth service activities, while negotiating ever changing Covid regulations, we also ensured the Club's long term refurbishment project was not forgotten. Negotiations with architects, surveyors, and builders, and successful fund-raising finally led to the commencement of Phase 2 of the project, the internal reconfiguration of the Club. Effectively this will divide the Club into two, allowing us to secure a much-needed, year-round daytime letting, without affecting our ability to deliver quality activities and services for children and young people, during the day and evening.



Key Achievements

We changed our Junior Youth Club from an evening club (Friday, 6.00pm to 8.30pm) to an after-school club (Friday, 4.00pm to 6.00pm). We were worried that this would prove less popular. However, demand was just as high, even though Covid regulations forced us to restrict numbers. By enacting this change, we freed up the Friday evening slot for our new Intermediate Youth Club, which we are using to help children transition from Junior to Senior Membership.

Covid lockdowns and Covid outbreaks among staff meant we had to run Holiday Activity Schemes during half term holidays to complete the number of weeks of Holiday Activity Schemes we were funded to provide. These have proved popular and may be something we continue to do in the future.

Programme wise, the three outstanding successes of 2021 have been the Taekwondo after-school club, which regularly attracts 40 young people on Wednesdays, 20 in a beginners' class and 20 in an advanced class; an October Half Term Inflatable Fun Day, which was enjoyed equally by our Junior and Senior Members; and the appointment of our new full time Youth Engagement Worker, who is significantly diversifying our offer, particularly for young women.

Senior Youth Provision

In the Sulgrave Senior Youth Club, the Sulgrave Intermediate Youth Club, the Sulgrave Senior Youth Development Project, and the Sulgrave Senior Holiday Activity Schemes we provide young people aged 11-19 years with a variety of activities, projects, outings, and workshops with the aim of supporting them on their personal journey into adulthood.



Our Senior and Intermediate Youth Club sessions are primarily funded by the local authority, via a sub-contract with the Urban Partnership Group, as part of the borough's Family Support service. Our Senior Youth Development Project is primarily funded by the local authority via a grant from the 3rd Sector Investment Fund. Our Senior Holiday Activity Scheme 2021 was funded by a grant from Addison Youth.



“Generally young people have an active say in the youth club and staff listen to what activities they want to do and facilitate that for them. Having staff who actively listen to the young people and what they want to do has helped to grow the young people's confidence and self-esteem. It also makes them feel valued, listened to and respected.”

Senior Youth Worker, Saturday Senior Club

Junior Youth Provision



The Sulgrave Junior Youth Club runs termtime on Friday nights from 4.00pm to 6.00pm. It provides children aged 8 to 11 years with a variety of challenging and fun physical, social, creative, and educational activities designed to encourage and promote participation, social interaction, and healthy play.

Our Junior Holiday Activity Schemes run for two weeks during the Easter holidays and three weeks during the summer holidays. They provide children with the opportunity to enjoy a wide range of stimulating and exciting social, educational, and physical activities and outings at an affordable price.



Our three After-School Clubs – Taekwondo, Performing Arts, and Extra English & Maths – run for one or two hours on Monday, Tuesday, and Wednesdays between 4.00pm and 6.00pm. They provide children with the opportunity to explore their interests and improve their learning with more in-depth tuition and practice over three 10-week terms. BBC Children in Need are the primary source of funding for all our Junior Youth provision.

Accounts Summary

1st February 2021 to 31st January 2022

Statement of Financial Activities For the year ended 31 January 2021

	Unrestricted funds	Restricted funds	2022	2021
	£	£	£	£
Income and endowments from:				
Donations and legacies	91,894	138,652	230,546	222,193
Other trading activities	1,716	-	1,716	841
Other income	69,924	-	69,924	69,000
	163,534	138,652	302,186	292,034
Expenditure on:				
Raising funds	(17,371)	-	(17,371)	(17,371)
Charitable activities	(43,700)	(474,692)	(518,392)	(214,462)
	(61,071)	(474,692)	(535,763)	(231,833)
Transfers between funds	(305,000)	305,000	-	-
Net movement in funds	(202,537)	(31,040)	(233,577)	60,201
Reconciliation of funds				
Total funds brought forward	244,966	56,932	301,358	241,158
Total funds carried forward	42,429	25,352	67,781	301,359

We would like to thank the following organisations for grants received in 2021/2:

- Addison Youth
- BBC Children in Need
- Bernard Sunley Foundation
- Burberry / London Youth
- Daisy Trust
- Green Charity
- Hammersmith United Charities
- Jack Petchey Foundation
- John Lyon's Charity
- LB Hammersmith & Fulham
- Leathersellers' Company Charitable Fund
- The Sulgrave Foundation



Statement of Financial Position

For the year ended 31 January 2022

	2022	2021
	£	£
Fixed assets		
Tangible assets	503	-
	503	-
Current assets		
Stocks	100	100
Debtors: amounts falling due within one year	4,428	-
Debtors: amounts falling due after more than one year	-	11,939
Cash at bank and in hand	317,575	313,132
	322,103	325,171
Creditors: amount falling due within one year	(254,825)	(23,812)
Net current assets	67,278	301,359
Total assets less current liabilities	67,781	301,359
Net assets	67,781	301,359
The funds of the charity		
Restricted income funds	25,352	56,392
Unrestricted income funds	42,429	225,574
Revaluation reserve	-	19,393
Total funds	67,781	301,359

Full copies of the Report of the Trustees and Unaudited Financial Statements for the year ended 31 January 2022 are available from the office on request.

Principal Sources of Income

The Club's principal sources of income in 2021/22 were:

Source	2021/22	+/- change from 2020/21
Grants from charitable trusts / foundations for youth work (excluding the Sulgrave Foundation)	43%	+9%
A sub-contract and a grant from the local authority for youth work	19%	(-3%)
Lettings	12%	(-3%)
An annual grant from the Sulgrave Foundation	10%	-
Grants from charitable trusts / foundations for our building refurbishment project	5%	(-5%)
Our own income generation: fees, sales, donations, etc.	1%	-
Council tax rebate / Covid recovery	9%	-

“The last year and a half really affected young people’s mood and how they process feelings, as the lockdowns happened during a key time in their social and emotional development...

Having a space where they could run around, have a laugh, speak to their friends, regain a sense of self-worth with games, working out, cooking, and being part of the youth centre’s community has really helped.”

Senior Youth Worker, Saturday Senior Club



“It is one of the strengths of The Sulgrave Club that it provides the opportunity for children to meet new people and make new friends beyond the limits of their family and their school. You can see these friendships developing almost every day.

The fun of a shared challenge on the climbing wall, the recognition of shared emotions in the treetops at Go Ape, the discovery of a shared interest in football, all these things lead to friendships that are going to last a long time, if not a lifetime.”

Monitoring Officer, Sulgrave Club

Quality Assurance



We have been awarded a Bronze Level London Youth Quality Mark.

