

# **The Sulgrave Club**



**Holiday Activity Weeks  
2021**

## Holiday Activities 2021

In 2021 we put on just over 4½ weeks of Holiday Activities for children aged 7 to 11 years - 2 weeks in the Easter holidays, 1 week during the May half term, 1½ weeks in the Summer holidays (we lost 1½ weeks to Covid), and 1 day during the October half term.

That was 22 days of challenging, engaging, and enjoyable holiday activities during the year, benefiting a total of 106 different children at an average of 27 per day. All provided for free.

Throughout the year we followed the National Youth Agency's guidelines for the safe delivery of youth activities during the pandemic. These determined the number of children who could take part in activities, as well as the type of activities we could put on. They also gave us clear guidance on social distancing, mask-wearing, hand-washing, signage, etc., so that our premises remained Covid-19 secure as we progressed through all four stages of the Government's 'Roadmap to Recovery'.

Each Holiday Activity week was therefore different, depending on the regulations in force at the time. Our first week in Easter had to be outdoors – Double Dutch skipping in Ravenscourt Park. For our second week, we could go indoors, but only for a limited number of children – Team Games inside the Club. In response to concerns about food poverty, we ended each indoor session with a cooked lunch for the children.

We put on another week of Team Games and cooked lunches in the May half term, and planned to put on a full three weeks of activities and outings during the Summer Holidays. Unfortunately these plans were cut short after three days when two of our staff contracted Covid.

We closed the Club and, after the required 10 days of self-isolation, we opened again to finish the Summer with one full week of activities and outings in mid August. These included trips to the cinema, to play wall ball, to do wall climbing, and to climb trees at Go Ape Tree Top Adventure, which proved to be the most popular of adventures for the children.

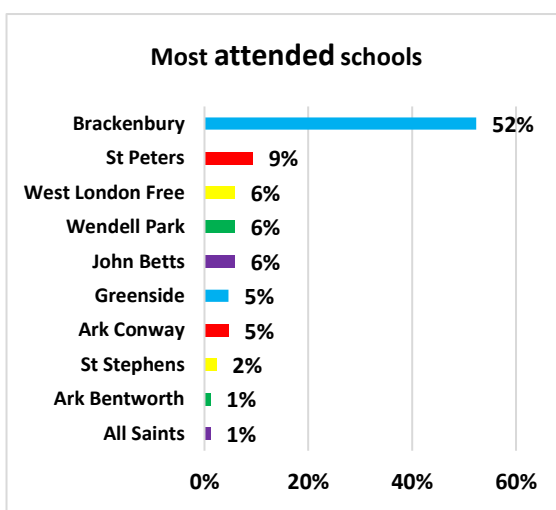
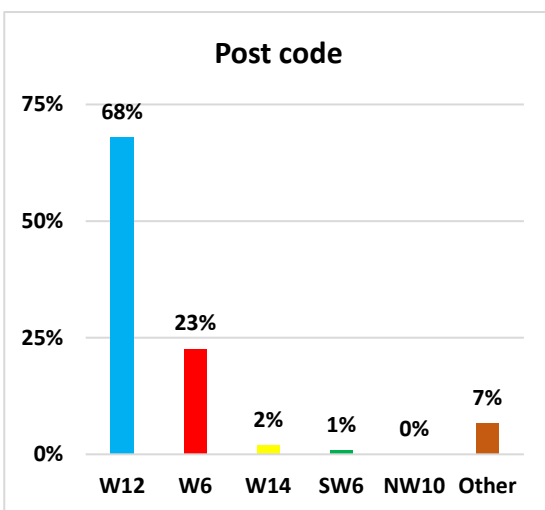
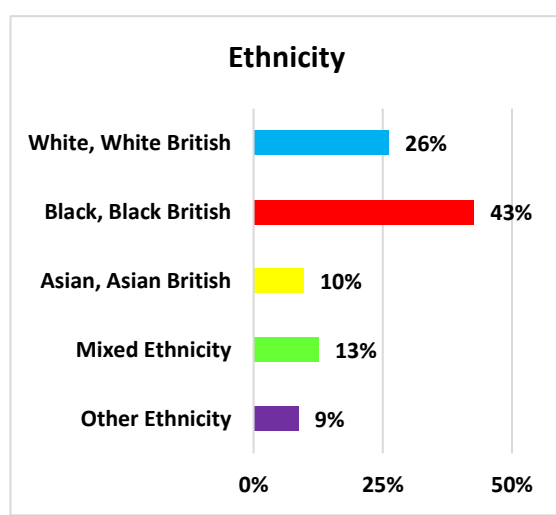
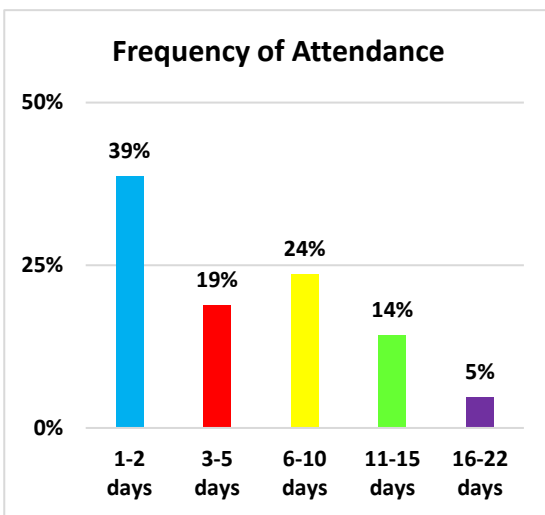
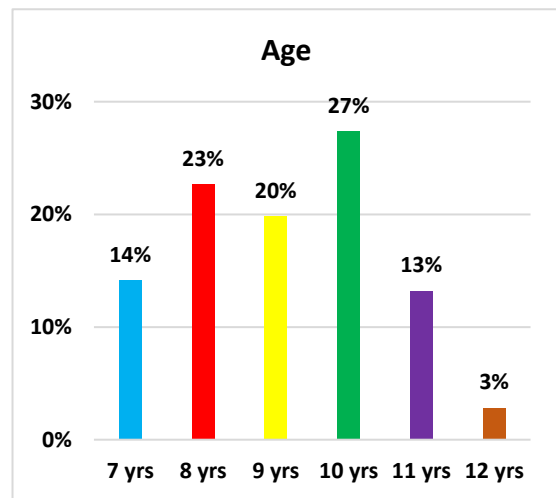
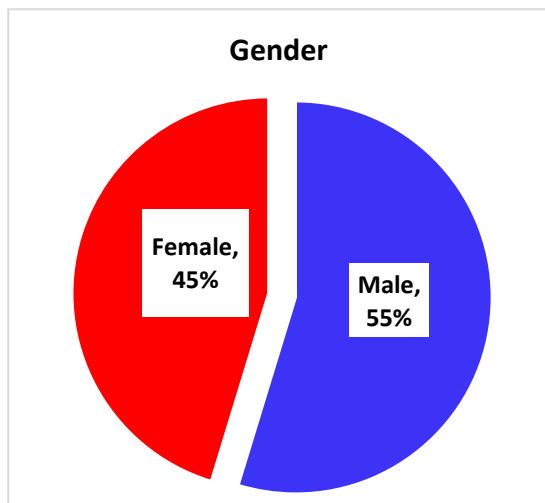
Our final Junior Holiday Activity for the year was a celebratory fun day, with inflatables and food, in the middle of the October half term, enjoyed by a total of 62 children.

The Sulgrave Club's holiday activity schemes provide children from low income families with the opportunity to enjoy a wide range of stimulating and exciting social, educational, and physical activities and outings at a price they can afford. Although limited by the pandemic as to what we could provide our aims for the children remained the same: to help develop their social skills, to increase their confidence, to broaden their horizons, and to make sure they have fun.

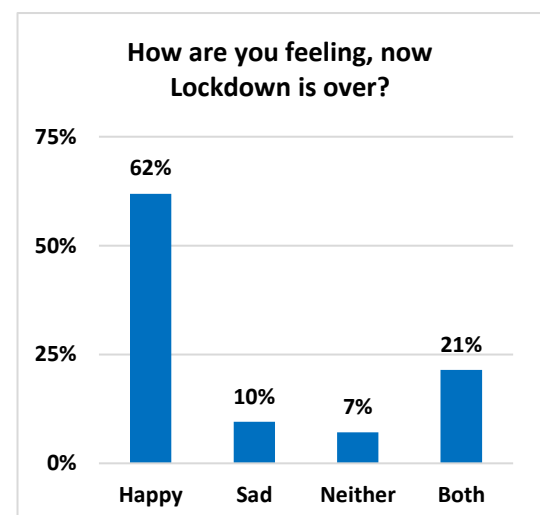
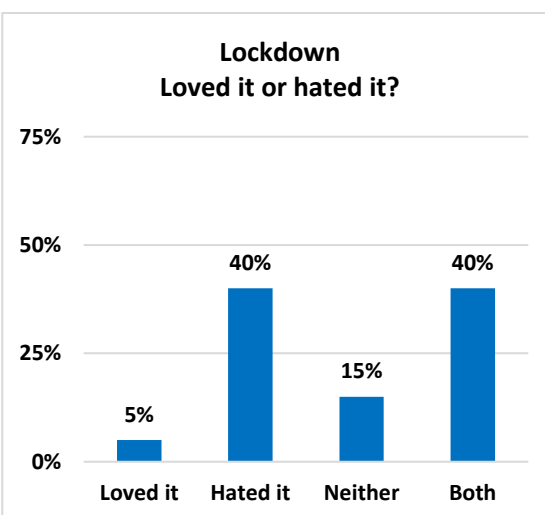
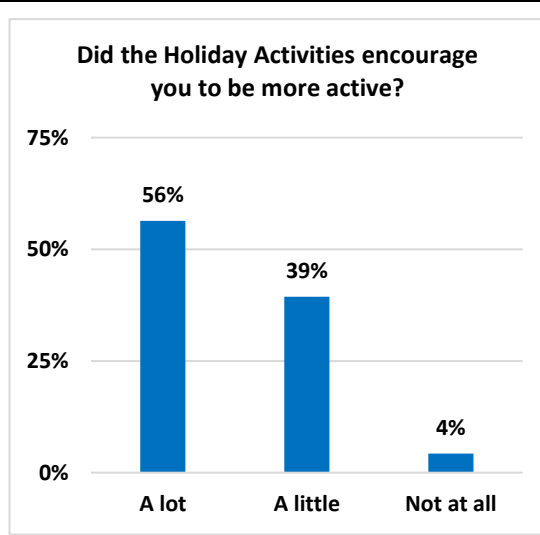
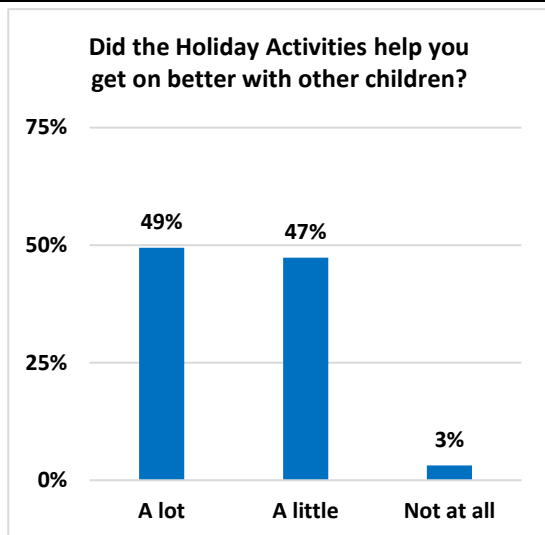
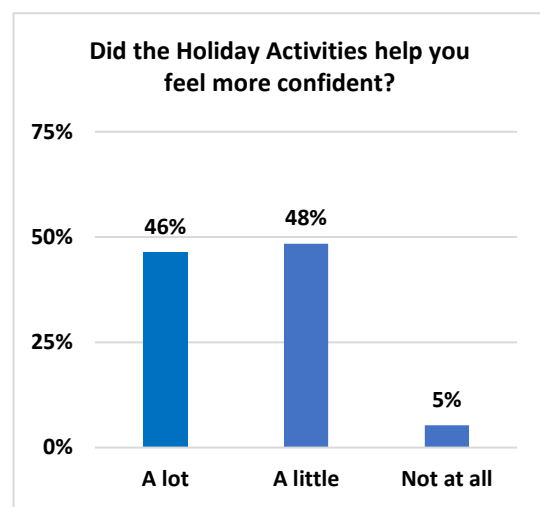
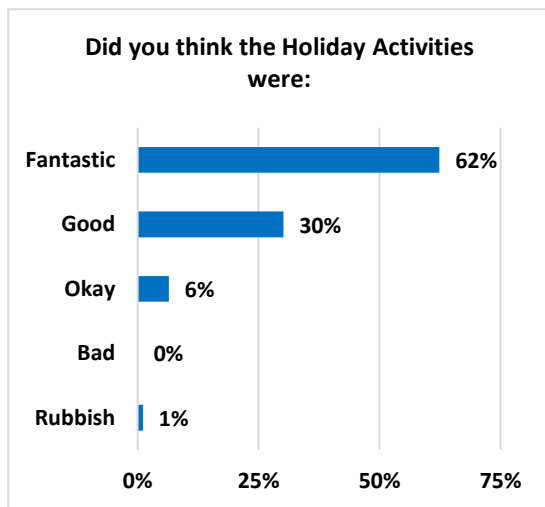
At the end of each week we asked the children to complete evaluation questionnaires to see how well we had met these aims. The graphs that follow give a breakdown of the 106 children who attended the activity weeks, and a summary of their assessment of the impact their attendance had on them over the course of the year.

These graphs are followed by more details on what we did in each particular week of holiday activities, and the children's answers to specific questions about each of those weeks. We believe these show how important Holiday Activity Weeks are in the lives of these children, particularly following the restrictions imposed on them during the pandemic.

**106 children, 22 days, 596 attendances, average daily attendance: 27.1**



## What they they thought about the Holiday Activities (and Lockdowns):



## Easter Holiday Scheme

<b>Activity</b> Double Dutch Skipping <b>Date:</b> 6 <sup>th</sup> to 9 <sup>th</sup> April 2021 (4 days) <b>Time:</b> 10.00am-12.00noon <b>Venue:</b> Ravenscourt Park	<b>Places available per day:</b> 15 <b>Average attendance per day:</b> 14.8 <b>Total no of Children:</b> 22
	
<b>What did you enjoy most about the Double Dutch skipping?</b> <ul style="list-style-type: none"> <li>• That it made me more happy and healthy.</li> <li>• Learning new methods of skipping.</li> <li>• Going over the rope</li> <li>• Going over.</li> <li>• I enjoyed learning and getting better.</li> <li>• Free time!!!</li> <li>• I liked turning the rope.</li> <li>• Going together with my friend jumping - and the relay.</li> <li>• Skipping and doing Hop Shake.</li> <li>• I learnt how to do Double Dutch and I learnt how to do Crossovers.</li> <li>• How hard it was at first and how easy at the end.</li> <li>• Everything. I enjoyed doing our own dances in the ropes.</li> <li>• How I got to skip with all my friends and family.</li> </ul>	<b>What did you enjoy least about the Double Dutch skipping?</b> <ul style="list-style-type: none"> <li>• That outside it was windy and cold.</li> <li>• Doing it on your own.</li> <li>• Doing under the moon (the warm up game).</li> <li>• Going under.</li> <li>• It was cold.</li> <li>• What I did not like is that it was hard.</li> <li>• Over the Moon (warm up game).</li> <li>• Nothing, I loved everything.</li> <li>• Nothing.</li> <li>• Doing Under the Moon.</li> <li>• Waiting in line to do skipping.</li> <li>• Nothing.</li> <li>• Nothing. I loved everything.</li> <li>• It was freezing and hard to hold the ropes.</li> </ul>
	



## Easter Holiday Scheme

<b>Activity</b>	<b>Team Games / Lunch provided</b>	<b>Places available per day:</b>	<b>26</b>
<b>Date:</b>	<b>12<sup>th</sup> to 16<sup>th</sup> April 2021 (5 days)</b>	<b>Average attendance per day:</b>	<b>23.0</b>
<b>Time:</b>	<b>10.00am-1.00pm</b>	<b>Total no of Children:</b>	<b>24</b>
<b>Venue:</b>	<b>The Sulgrave Club</b>		



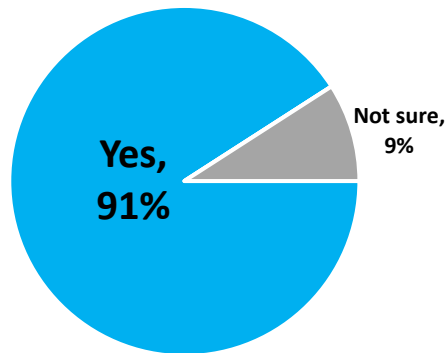
### What activity did you enjoy the most?

- I enjoyed Dodgeball because I like throwing the ball.
- Dodgeball, Relays, Football Numbers, CCW.
- I enjoyed Dodgeball because I got better at it.
- Dodgeball, CCW, Pot the DFF.
- Dodgeball, football, and stingball.
- Dodgeball because it was hard.
- Dodgeball because it helps with reflexes.
- Dodgeball because we always won and it was very fun.
- Stingball because you run and I like running.
- Stingball because it is fun.
- I enjoyed the most: Stingball.
- Stingball.
- I liked Stingball because it made me more active.
- Stingball.
- Stingball because it's like a battle royale.
- Football Numbers because I love football and it is a very fun game.
- Football Numbers because I could 1v1 with someone else.
- Football Numbers because it is like football.
- Football Penalties, because it tested your shots.
- Football Penalties because it is keeping and shooting.
- Football Penalties, because it was fun and tested your skills.
- Cricket, it was fun to run around.

### I came on the Sulgrave Holiday Activity Team Games Week because:

- To have fun.
- Sulgrave is fun.
- I done it before and it was really fun.
- It looked fun and educating.
- Because it would be fun.
- It would be fun.
- I wanted to have FUN!
- I wanted to have fun.
- It will entertain me and get me out of the house.
- It was something that I can enjoy.
- To make friends.
- I do sports and friends.
- I wanted to make friends and do more sport.
- I love Sulgrave and like every single game they do. It's good.
- It makes me come to Sulgrave more often.
- My parents booked me in and I love it.
- It teaches me different games.
- My mum was busy with college.
- My parents have work and I wanted to see my friends.
- I had nothing to do at home.
- During lockdown I couldn't get out of my house. I think it was because I had Covid!

**Do you think it was a good idea we provided you with food?**



### Why?

- Because the games made me more hungry.
- Every time I get hungry.
- Because we will get hungry.
- Because we stay here 10.00am to 1.00pm.
- We will not get hungry.
- So we wouldn't get hungry.
- Because I'm hungry.
- Because most people would have been hungry.
- So we don't go hungry.

- Because it was nice trying new recipes. 8-)
- The food is amazing.
- Because it was really good.
- It was very yummy, and I can't wait til I get home to eat food.
- Yes, because it saves money for parents.
- To keep us stable and keep us calm.

- Because we use energy.
- Because it gives us energy.
- Because we use our energy and then are hungry.
- Because what if we didn't eat breakfast?
- Because I don't bring packed lunch to Sulgrave and if you did not provide food, I would have had nothing.



## May Half Term Holiday Scheme

<b>Activity</b>	<b>Team Games / Lunch provided</b>	<b>Places available per day:</b>	<b>26</b>
<b>Date:</b>	<b>1<sup>st</sup> to 4<sup>th</sup> June 2021 (4 days)</b>	<b>Average attendance per day:</b>	<b>24.5</b>
<b>Time:</b>	<b>11.00am-2.00pm</b>	<b>Total no of Children:</b>	<b>28</b>
<b>Venue:</b>	<b>The Sulgrave Club</b>		



### **I think Sulgrave Holiday Activity weeks are important because:**

- After the year we have had it is nice to see more people and compete. It keeps you entertained.
- I get to be with more people.
- It keeps you entertained, you have fun, see your friends, and keeps you away from screens at home.
- I think it is important because it is fun to see people again.
- You can learn more things and make more friends.
- It helps you get along with people and discover different games. And makes you want to play things at Sulgrave in the future.
- You get to know new children.
- I want to be happy.
- So you can meet other children.
- It helps give you more friends and encourages you to try something new.
- You get to play with your friends and to play the games that I like (relay races, table tennis).
- It gives us something to do when there are restrictions.
- I get to spend more time with friends.
- It boosts children's morale and makes us more social.
- If you really need a break from stuff, and you like sports, then you go to Sulgrave. Also you can make a lot of friends.
- You can do things when you are bored.
- Because it keeps you active.
- You can see other children all of the time.
- It keeps us active.
- It keeps me entertained.





**What** are you enjoying most, now Lockdown is over?

- Seeing all my friends and having fun with my family members and school.
- We can see our friends, not wear masks, and go out without washing our hands a million times a second.
- Seeing my friends.
- Meeting friends that I have not seen in a while. Also going cinema.
- I can see my friends and go to outdoor places.
- I get to play Fortnite with my friends.
- Seeing my friends and doing more things like swimming.
- Seeing my friend and school.
- Being able to see friends, family and be able to go places.
- See my family.
  
- I get to go on trips in the Summer holidays.
- Go out to other places / countries.
- Go to the park and be able to meet my friends.
- Freedom
- We can do more Sulgrave activities.
- Coming to Sulgrave and seeing my friends who do not go to my school.
- Going Sulgrave.
- Coming to Sulgrave to see friends and play games with them.
  
- School and hanging out with friends.
  
- Playdates.

## Summer Holiday Scheme

<b>Activity</b>	<b>Team Games / Outings</b>	<b>Places per day:</b>	<b>40 (Team Games)</b>
<b>Open:</b>	<b>26<sup>th</sup> – 28<sup>th</sup> July (3 days)</b>		<b>28 (Outings)</b>
<b>Closed (Covid):</b>	<b>29<sup>th</sup> July – 6<sup>th</sup> August (7 days)</b>	<b>Ave att per day:</b>	<b>38.3 (Team Games)</b>
<b>Open:</b>	<b>9<sup>th</sup> – 13<sup>th</sup> August (5 days)</b>		<b>27.3 (Outings)</b>
<b>Time:</b>	<b>11.00am-2.00pm (Team Games)</b>	<b>Total no of children:</b>	<b>64</b>
	<b>10.00am-4.00pm (Outings)</b>		
<b>Venue:</b>	<b>The Sulgrave Club</b>		
	<b>Various locations in London</b>		



### What activity did you enjoy the most?

- Go Ape - it was fun when we climbed and challenged ourselves.
- Go Ape because I faced my fear of heights and going down a zipline was my favourite.
- Go Ape because I liked the zip line.
- Go Ape because it is outside.
- Go Ape because it was a new experience for me.
- Go Ape because it was good.
- Go Ape because it was really fun and I faced my fear.
- Go Ape because there are fun things to do there.
- Go ape because you could go up really high.
- Go Ape, because I overcame my fear of heights.
- Go Ape, climbing in trees.
- I enjoyed Go Ape because it made me proud to finish it.
- I enjoyed Go Ape because it was fun.





- I enjoyed Wall Ball the most because I learnt new things.
- I liked going to Wall Ball because I got to try a new sport.
- Wall Ball because it was good.
- Wall ball because you got your own ball and there was a glow in the dark party.
- When we went to Wall Ball.
- Football because I get to face different teams which means different tactics.
- Football because it was fun and exciting and a fun experience.
- Football, Dodgeball, Stingball.
- I enjoyed football the most because it is my favourite game.
- Inside, because I like football.
- Fifa 21.
- Fifa because it was challenging.
- Mario Kart because I win sometimes, it is the best.

- Dodgeball because I love the thrill of the game.
- Dodgeball because it was fun. (x2)
- Stingball because it was fun.
- Stingball.
- Hockey because we get to play together. (x2)
- Bingo because I got to help read out the numbers.
- Cooking.
- Team games because it's more people instead of just me.
- I liked the trips because I like to explore.
- I don't know, they were all great.



**I came on the Sulgrave Summer Holiday Scheme because:**

- |  |  |
|--|--|
| <ul style="list-style-type: none"> <li>• It was fun.</li> <li>• It sounded cool.</li> <li>• I thought it would be fun.</li> <li>• I thought it would be fun and to spend more time with my friends.</li> <li>• I thought it was fun and nice here.</li> <li>• I wanted to have fun and experience things.</li> <li>• It sounded so much fun and I will make lots of friends today.</li> <li>• It is fun and I wanted to try new activities.</li> <li>• It's fun and you make more friends.</li> <li>• It is fun and I enjoy coming to Sulgrave.</li> <li>• It sounded fun and I made new friends.</li> <li>• To have fun. (x2)</li> <li>• I thought it was going to be fun and it was!</li> <li>• Because I wanted to have fun.</li> <li>• It seemed a very fun activity.</li> <li>• My friends go there.</li> <li>• My friends come and when I heard about it I loved it.</li> <li>• I wanted to meet a lot of people.</li> <li>• I needed to socialise.</li> </ul> | <ul style="list-style-type: none"> <li>• I wanted to go and make more friends.</li> <li>• I wanted to socialise more.</li> <li>• I had nothing else to do.</li> <li>• I wanted to do something else than staying in the same building.</li> <li>• I wanted to get out of the house.</li> <li>• My brother told me and it sounded fun.</li> <li>• My brother and friend used to come and still do and it sounded fun.</li> <li>• Because my mum told me to.</li> <li>• My sisters were all going outside, so I felt left out / sad.</li> <li>• I usually go to Sulgrave.</li> <li>• I wanted to do activities throughout the summer.</li> <li>• I really wanted to play Dodgeball and to see my friends that go to Sulgrave and to try out new activities.</li> <li>• I wanted to be active and have fun.</li> <li>• I wanted to do new games.</li> <li>• To try new things.</li> <li>• I wanted to.</li> <li>• I never went to it before.</li> <li>• I wanted to improve my habits.</li> <li>• I needed a place to be myself.</li> </ul> |
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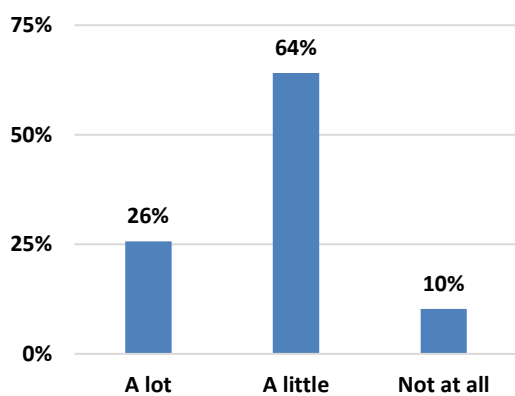


### On the Sulgrave Summer Holiday Scheme I learnt:

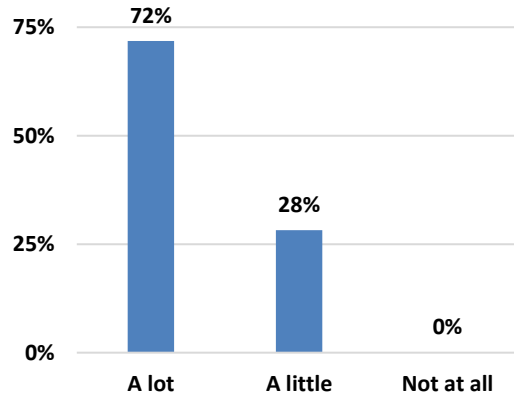
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| <ul style="list-style-type: none"> <li>• How to make new friends.</li> <li>• To make more friends.</li> <li>• How to make more friends.</li> <li>• How to make friends from other schools.</li> <li>• How to talk to new people.</li> <li>• How to make friends and how to play bingo and other games.</li> <li>• How to make more friends how to play Wall Ball.</li> <li>• To make new friends.</li> <li>• I learned how to play Wall Ball.</li> <li>• How to play Wall Ball.</li> <li>• I learnt how to play Wall Ball.</li> <li>• How to play Wall Ball and face my fears.</li> <li>• How to play Wall Ball.</li> <li>• Cooking and new games.</li> <li>• How to cook.</li> <li>• That if you use the right seasoning, everything tastes great.</li> <li>• I learnt how to cook burgers.</li> <li>• To try new activities.</li> <li>• New fun games.</li> <li>• Better games.</li> <li>• A few more games to play.</li> </ul> | <ul style="list-style-type: none"> <li>• To be brave.</li> <li>• You should face your fears and carry on going.</li> <li>• How to be brave and don't give up.</li> <li>• Not to be afraid.</li> <li>•</li> <li>• To have so much fun and play games and listen.</li> <li>• To be happier, to make new friends, to be brave.</li> <li>• To be more competitive.</li> <li>• That you can't always be in charge.</li> <li>• Sportsmanship.</li> <li>• To be kind, happy, and have fun.</li> <li>• How to play Dodgeball and Wall ball.</li> <li>• Dodgeball.</li> <li>• How to climb at Go Ape.</li> <li>• How to do all the Go Ape stuff.</li> <li>• I learnt Nintendo.</li> <li>• Playing football.</li> <li>• The life game.</li> <li>• I have to bring money.</li> </ul> |
|---|---|



**Did the Summer Holiday Scheme help you make new friends?**



**Did the Summer Holiday Scheme help make you happier?**



**Would you come on another Sulgrave Holiday Scheme?**





## October Half Term Activity Day

Activity	Fun Day / Food	Total no of Children: 62
Date:	27 <sup>th</sup> October (1 day)	
Time:	11.00am-2.00pm	
Venue:	The Sulgrave Club	

