

The Sulgrave Club



**Hindleap Warren
Residential
May Half Term 2022**

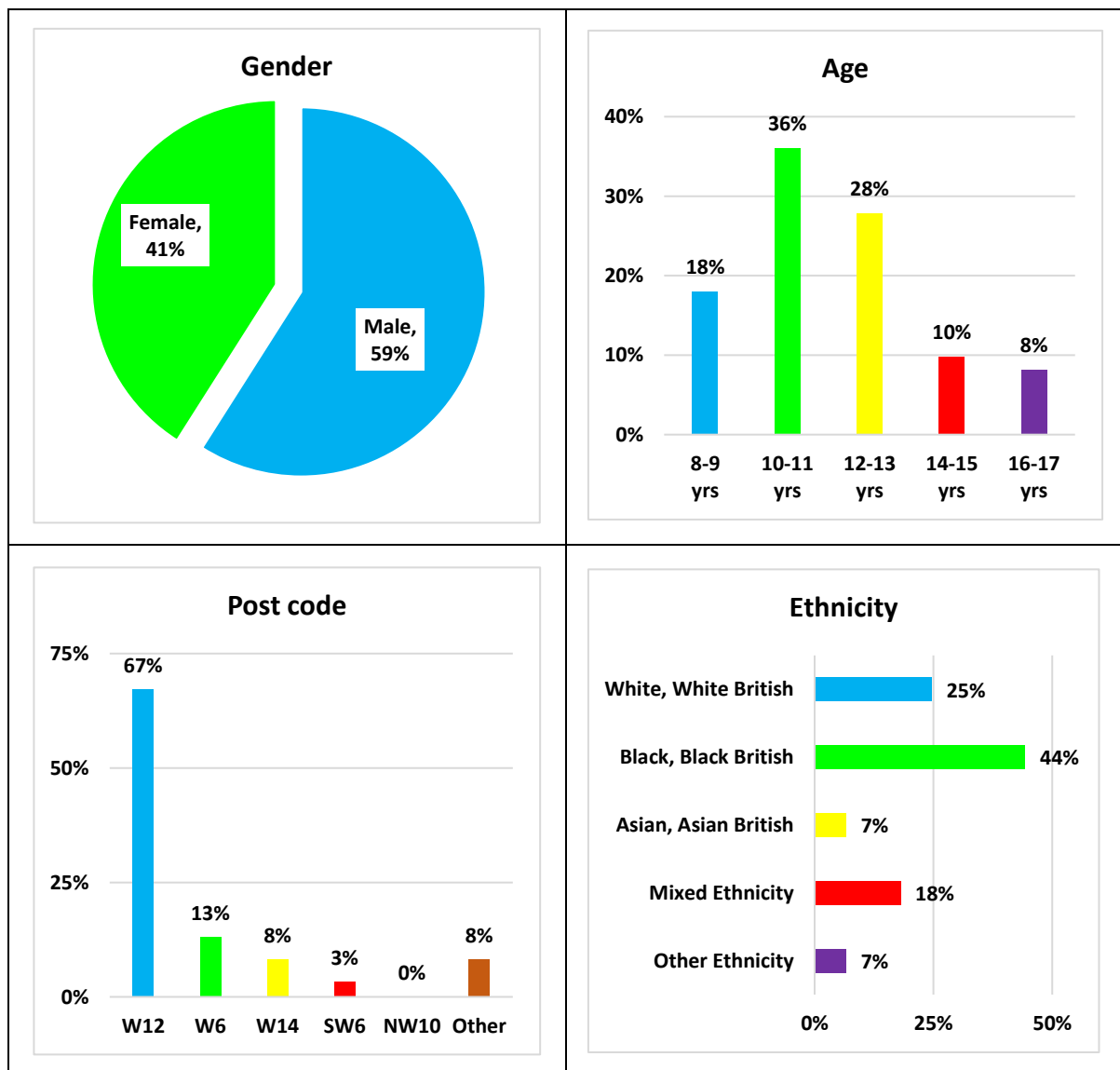
Evaluation Report

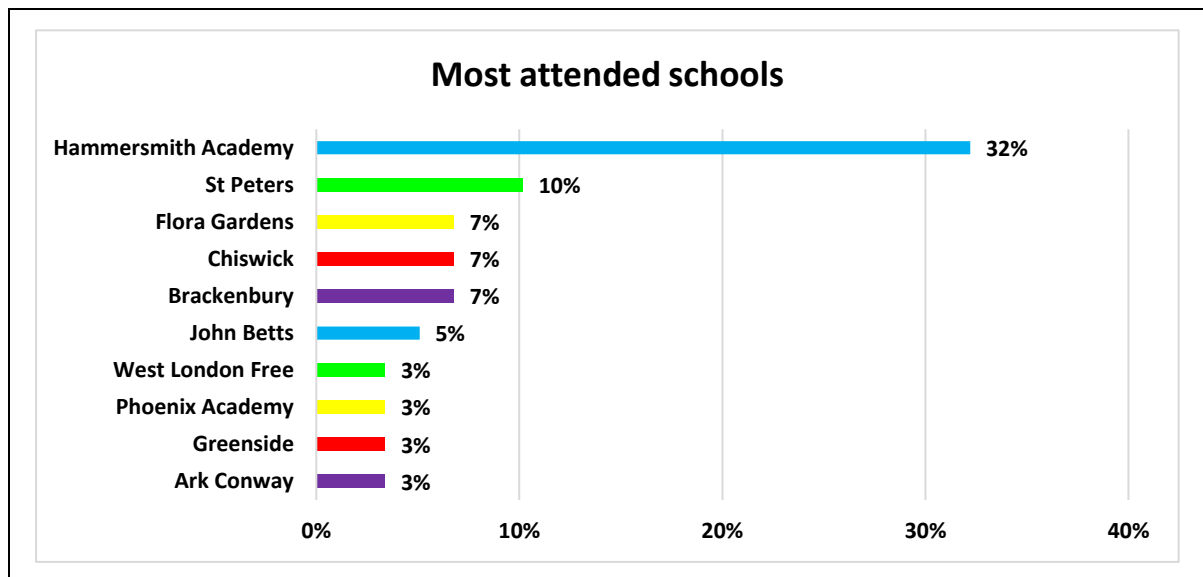
Summary

On Wednesday 1st to Friday 3rd June 2022 we took 61 children aged 8 to 17 years on a three-day residential to Hindleap Warren Outdoor Activity Centre in Ashdown Forest. The children were accompanied by 12 staff and adult volunteers.

For 43 of the children, it was their first experience of Hindleap Warren. From archery to the leap of faith, from crate-stacking to abseiling, from canoeing to forest adventure, we can guarantee it was a first experience they will never forget!

Participants' breakdown – 61 children and young people





**On my trip to Hindleap Warren I learnt:
"How to have fun and how to eat nicely."**

Aims

Hindleap Warren provides a variety of fun and challenging outdoor activities designed to help children develop greater self-confidence and resilience; learn practical new skills; become more positive about undertaking physical activity; and acquire a deeper appreciation of nature.

Our aims in taking children on the Hindleap residential were to:

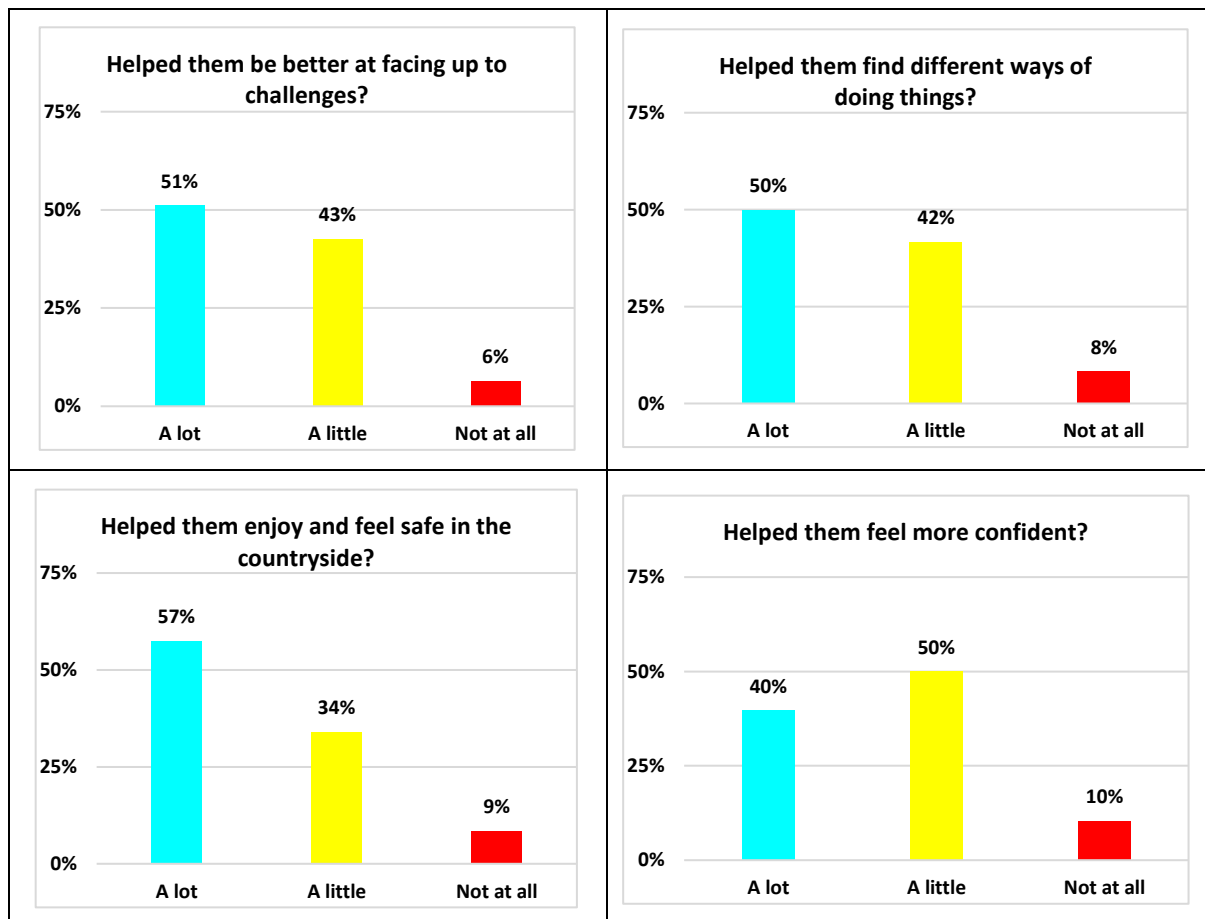
- ★ increase their confidence;
- ★ improve their social skills; *and*
- ★ broaden their horizons.

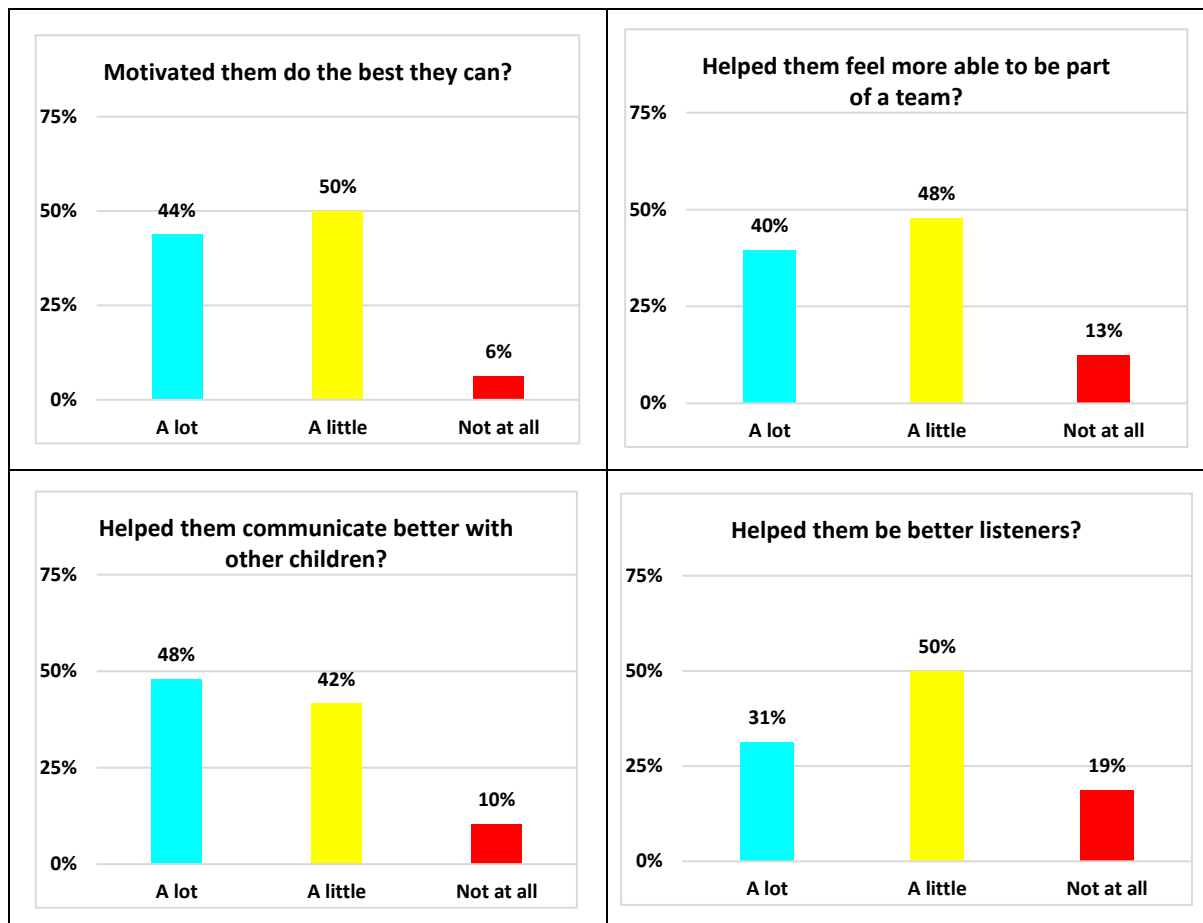


On my trip to Hindleap Warren I learnt:
“That everyone has their own way of doing things.”

Evaluation

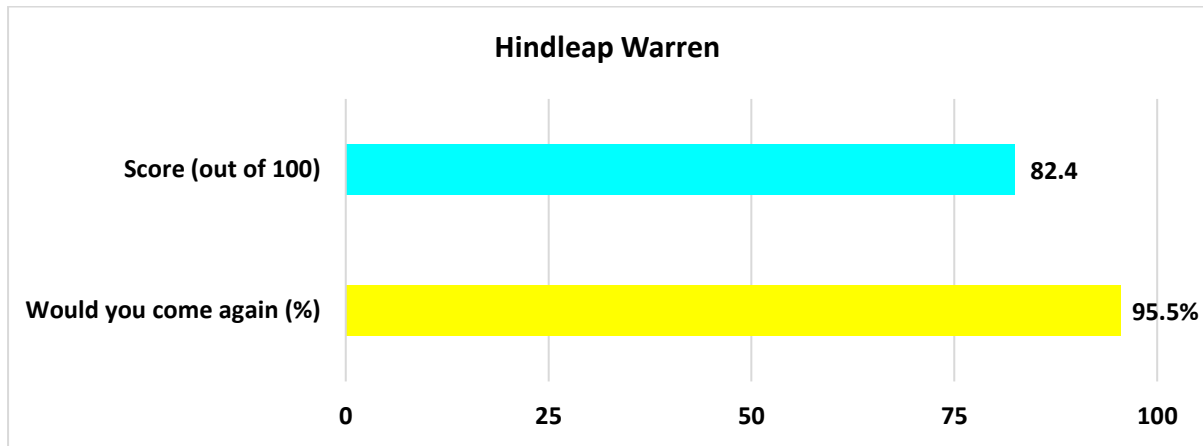
At the end of the residential we asked the children to tell us how well we had met these aims. Specifically, how well the residential had:





On my trip to Hindleap Warren I learnt:
“To work with new people and be open to new things.”

We also asked what score they would give the residential out of 100, and whether they wanted to come again:



On my trip to Hindleap Warren I learnt:
“That getting into new things, whether it's muddy or not, is always a refresher.”

And finally, we asked them to tell us what they learnt from coming on the residential.

Teamwork / Communication

- How to work as a team.
- How to be a good roommate.
- How to be part of a team.
- How to communicate better with other people.
- How to communicate with others better.
- That working as a team can lead to good things.
- To do teamwork.

- To listen.
- To work with new people and be open to new things.
- Lots of things like team building and learning.

Resilience

- How to face my fears.
- How to overcome my fear of heights.
- How to never give up and to at least try.
- How to try your best in all the activities.
- If you fall you can get back up.
- Not to give up without having a go.
- That some things are physically easy, but mentally not.
- That sometimes things are not as hard as they seem, but it is your brain tricking you, causing it to be mentally hard.
- That the Leap of Faith wasn't as scary as I thought.
- To always try before you judge.



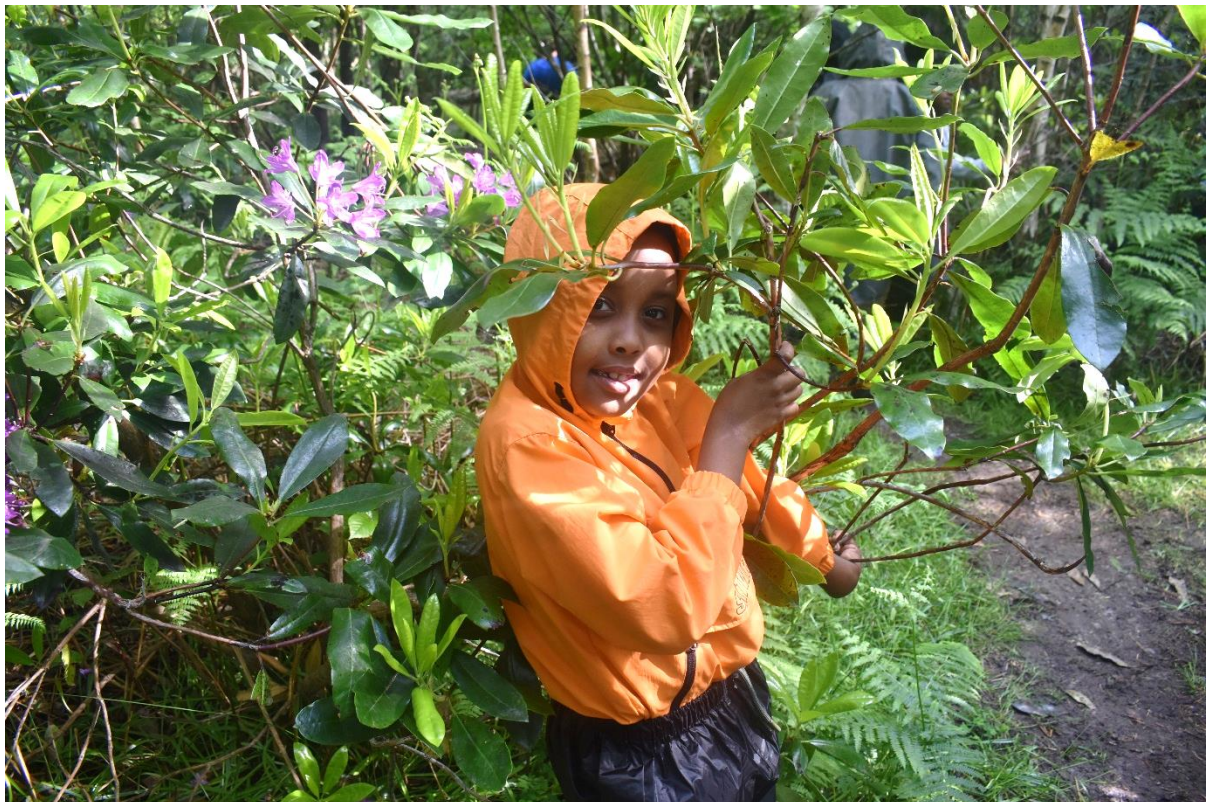
**On my trip to Hindleap Warren I learnt:
*"It is good to try different stuff."***

New skills

- A lot of different things.
- How to build a catapult - sometimes things are not as hard as they look.
- How to build a catapult.
- How to make a sling shot.
- How to shoot a catapult.
- How to do different types of knots.
- How to tie a new knot.
- How to tie different types of ropes and how to make a catapult.
- How to put a harness on frontwards instead of backwards.

Animals & the countryside

- To be in the countryside.
- I learnt about new animals and how to rock climb.
- That animals are a lot more amazing than I can comprehend.
- That there's more to wildlife behind the screen.
- There are drop bears.
- What drop bears are, and survival skills.



**On my trip to Hindleap Warren I learnt:
*"That there's more to wildlife behind the screen."***

Having a go

- How to try new activities.
- It is good to try different stuff.
- That getting into new things, whether it's muddy or not, is always a refresher.
- To take part in everything.

Patience & understanding

- How to be patient and learn how to survive in the wild.
- How to control my attitude and communicate better.
- That everyone has their own way of doing things.

Other

- How to have fun and how to eat nicely.
- Not to jump whilst holding a phone.
- Climbing.
- I learnt to be on time.



On my trip to Hindleap Warren I learnt:

“That sometimes things are not as hard as they seem, but it is your brain tricking you, causing it to be mentally hard.”

Staff observations

What was the best bit of the trip for you?

- Seeing the older Members look out for, encourage, and be kind to younger / not so confident Members.
- Being in the outdoors.
- Getting to know all the children and interact with them.
- Getting outdoors and seeing what it is like to be one of the staff.

What was the worst bit?

- No evening activity made kids bored / restless.
- Going home.
- Having a three-hour break on one of our evenings.
- There were no worst bits.

What do you think the benefits for children have been?

- Confidence in quieter kids and fitting in to a wider group.
- They get away from the city and electronics and see nature.
- Communication skills, gained confidence, teamwork.
- It got the children outdoors and having fun.



On my trip to Hindleap Warren I learnt:

“How to build a catapult - sometimes things are not as hard as they look.”

What positive changes have you noticed in particular children?

- H's leadership has a positive impact on both younger Members and his peer group. He's been very helpful with little ones.
- J was very interested in the games and wanted to take part in most activities.

What was your standout moment, the moment you won't forget?

- H & D teaching the Intermediates how to play rugby.
- The late night orienteering.
- How comfortable all the children were interacting with Hindleap staff.
- The laughs that my group had together.

Conclusion

This was a great residential. The weather was good, the activities were fun, and everyone gave their all, even on the most difficult of challenges.

For most of the children, this was their first experience of Hindleap Warren. They were all surprised at how much they enjoyed it, particularly our Senior Members. It was so good, in fact, that we are planning to go again next year.

We would therefore like to say thank you, to the staff at Hindleap Warren, who were extremely helpful, welcoming, and supportive, as always. A big thank you from all of us!



**On my trip to Hindleap Warren I learnt:
*"That working as a team can lead to good things."***

Accounts

Expenditure

Activities, accommodation, food	£ 6,100
Prize Vouchers	£ 50
Coach hire	£ 1,180
Staffing	<u>£ 1,821</u>
Total	<u>£ 9,151</u>

Income

The Feathers Association	£ 3,300
The Daisy Trust	£ 1,180
Fees	£ 1,400
Staffing (core costs)	£ 1,821
Reserves	<u>£ 1,450</u>
Total	<u>£ 9,151</u>