# The Sulgrave Club Senior & Inters Holiday Activity Scheme

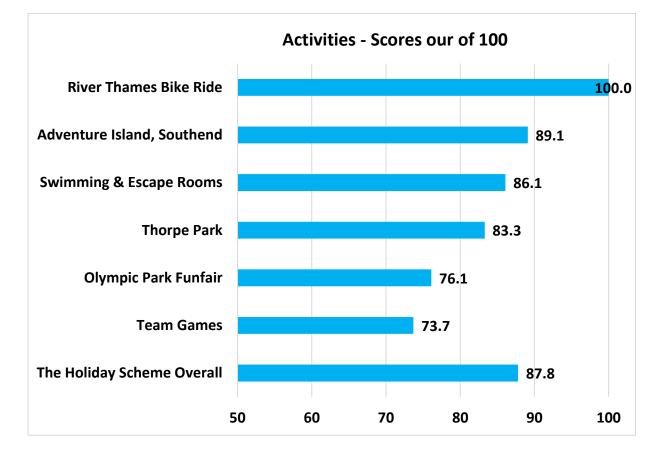


## **Summer 2022**

Tuesday 16<sup>th</sup> to Wednesday 24<sup>th</sup> August 2022 (3 days a week for two weeks)

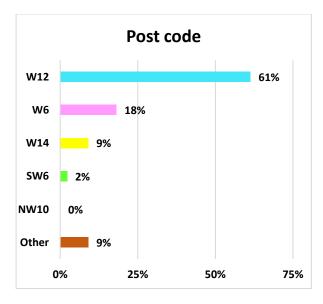
## **Activity Schedule**

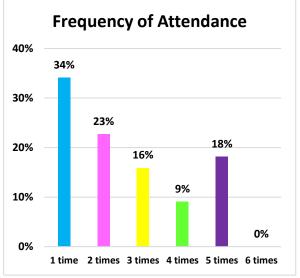
Week 1	Activity	Times	Cost	Places	Att
Tuesday 16th	Thorpe Park	11.00am-9.00pm	£10	28	28
Wednesday 17th	Team Games	12.00pm-5.00pm	Free	14	12
Thursday 18th	Southend Adventure Island	10.00am-10.00pm	£10	28	27
Week 2					
Monday 22nd	QEII Olympic Park Funfair	12.00pm-9.00pm	£10	28	19
Tuesday 23 <sup>rd</sup>	Swimming & Escape Rooms	12.00pm-6.00pm	£10	28	20
Wednesday 24th	River Thames Bike Ride	11.00am-6.00pm	Free	8	6

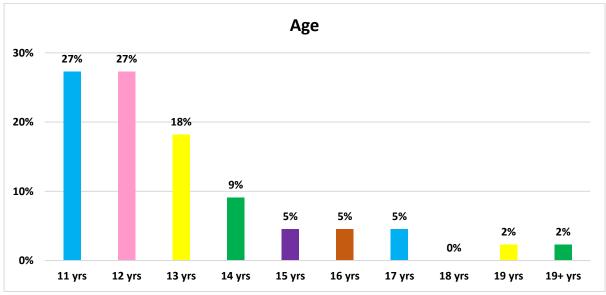


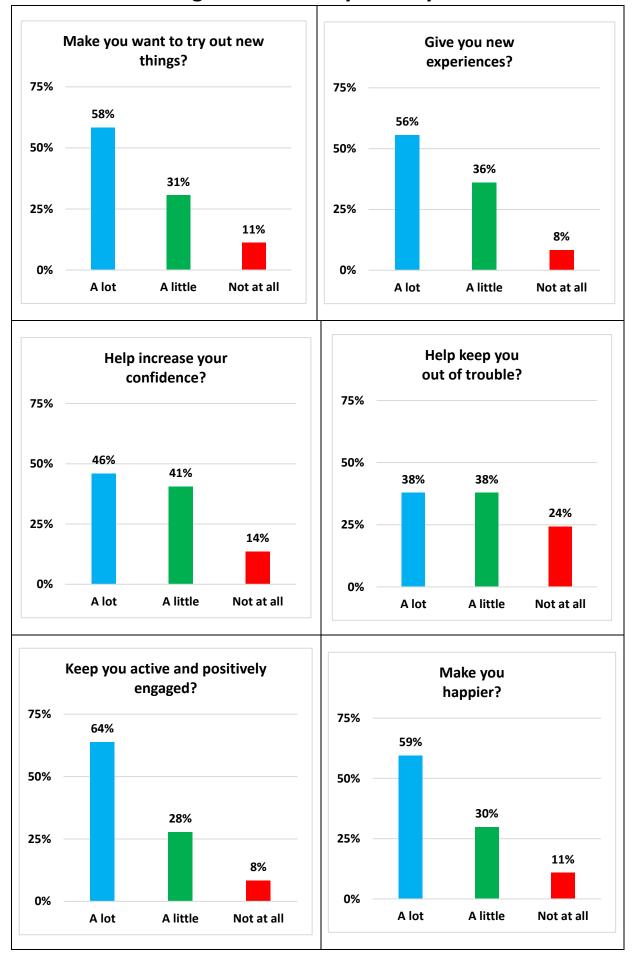












### Did being on the Holiday Activity Scheme:



#### Why do you think holiday schemes are important for young people like you?

- Because it's created new memories that sometimes shape your future.
- Better memories and experiences.
- Experience new things (eg going on a roller coaster) that they would not normally go on, and face fears. Also, to give young kids something to do to stay active and make new friendships.
- Experience.
- Fun, new experiences.
- So you have a chance to do things you can't do with your parents.
- To help keep kids inspired to try new things and to improve kids' teamwork.
- It allows me to try new things, have LOTS of fun, and hang out with my friends!
  8-)
- To keep them active.
- To keep us engaged.
- To make you interact and talk with other people.
- To meet new people.
- To make new friends and try new things.
- It helps us make new friends.
- It makes you socialise more.
- To keep us social.
- To interact with people.

- They're very important.
- Gives me something to do.
- To give us youngsters an opportunity to do stuff.
- So that we're all having fun in the holidays and we're all having it together.
- So that you're not stuck at home and you're with other people.
- To push people out of their comfort zone and help them make new friends.
- A boost of positivity; make new friends.
- Helps people get confidence.
- Improvement of mental health, make new friends, have fun.
- So we have chances to change
- So you can have a nice time.
- They are very fun.
- To have fun and not be at home.
- To stay out of trouble and to help kids learn how to stay positive.
- To stay out of trouble.
- To keep young ones out of trouble.
- Because I am kind, nice.



#### What have you learnt on this holiday scheme?

- I have learned that as a family we are stronger.
- I have learnt teamwork, co-ordination.
- I learnt how to do an Escape Room also teamwork.
- Teamwork! (x3)
- Teamwork, friendship.
- To co-operate with others.
- Meeting new people.
- Be social.
- How to be nice to people.
- It's nice to be nice.
- That it's good to share and give.
- To be nice to people and have more freedom in lif.
- Sulgrave is fun.
- To have fun and give yourself a new opportunity.
- To have fun. (x2)
- To keep the positive energy happening.
- Try and have fun.
- To face fears and enjoy every moment with all the people around me.
- To try new things out.
- To try new things; don't lose confidence.
- To try to do new things, eg facing my fears (roller coasters)
- Trying new things gives me a new sense of achievement!
- Trying new things isn't that bad.
- Not that much.
- Nothing, except how to swim.
- I didn't learn anything.
- I don't know,
- I got covered in water.
- That Adventure Island is amazing.
- Never go to KFC out of London.
- It was all right, but the scenery.
- Independence.