

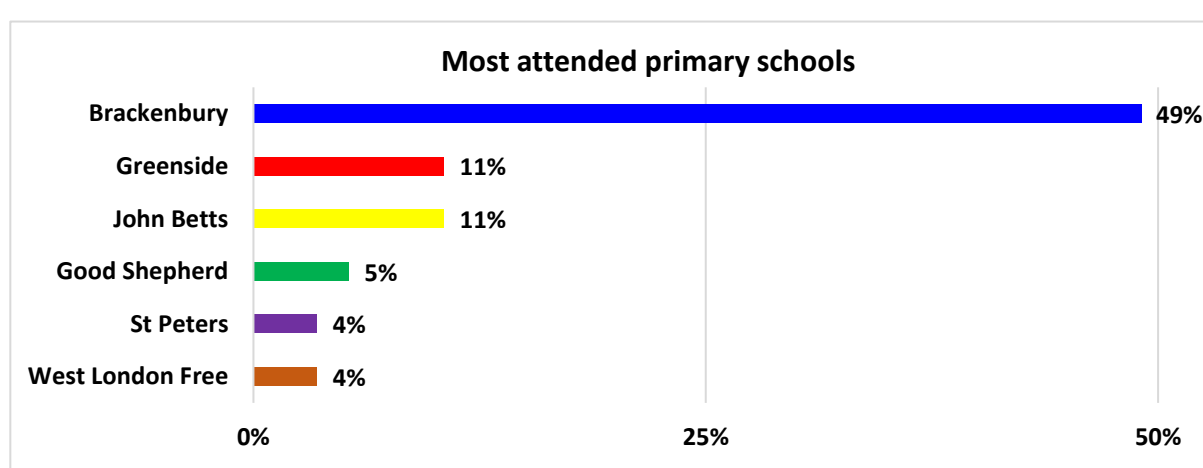
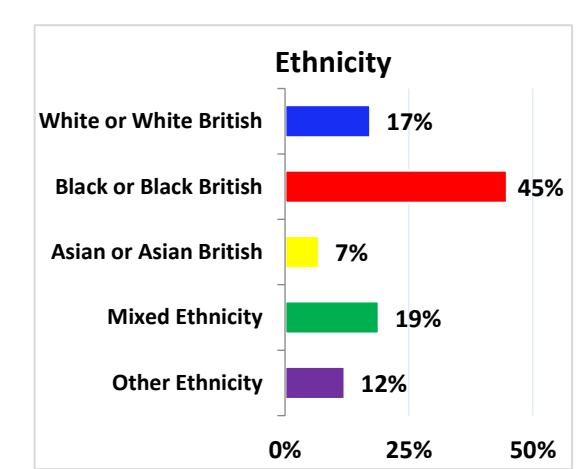
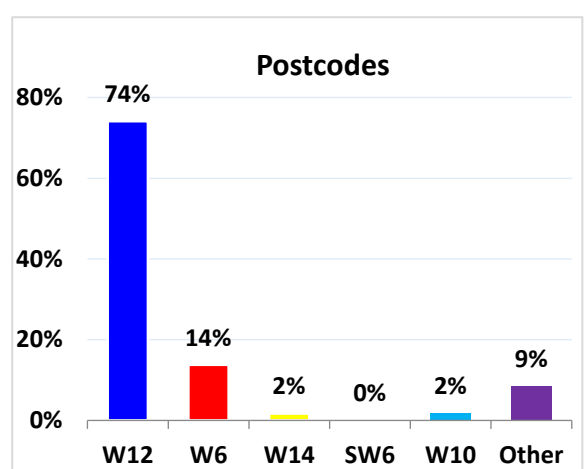
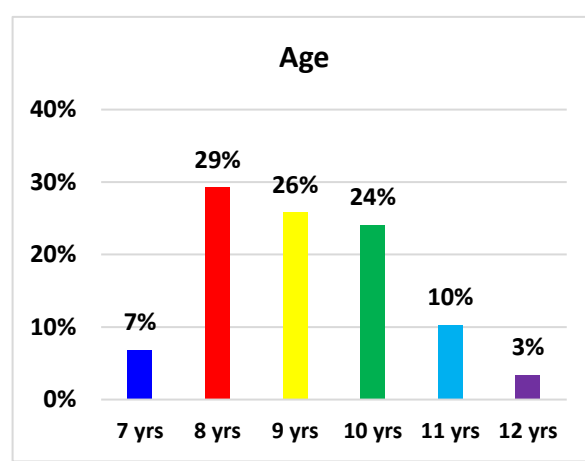
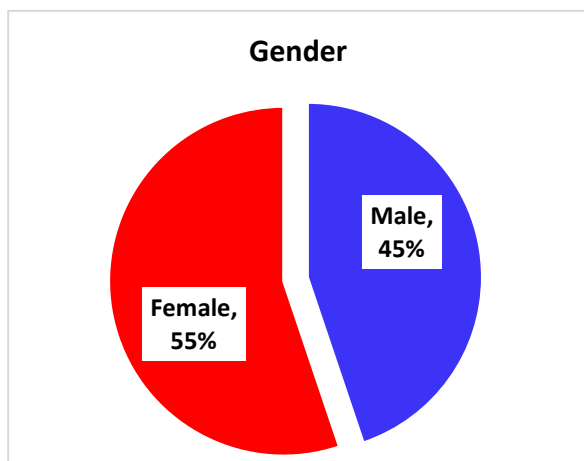
Sulgrave After-School Clubs



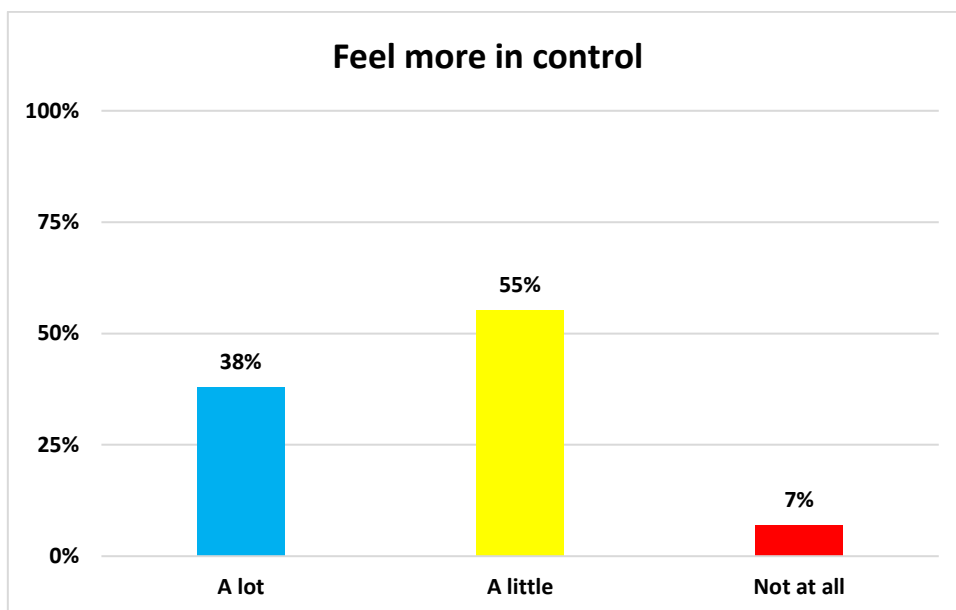
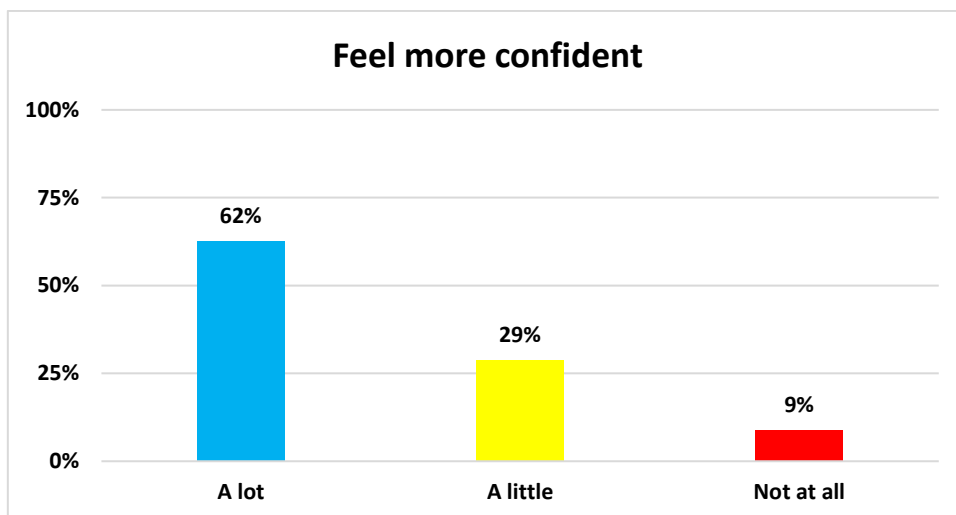
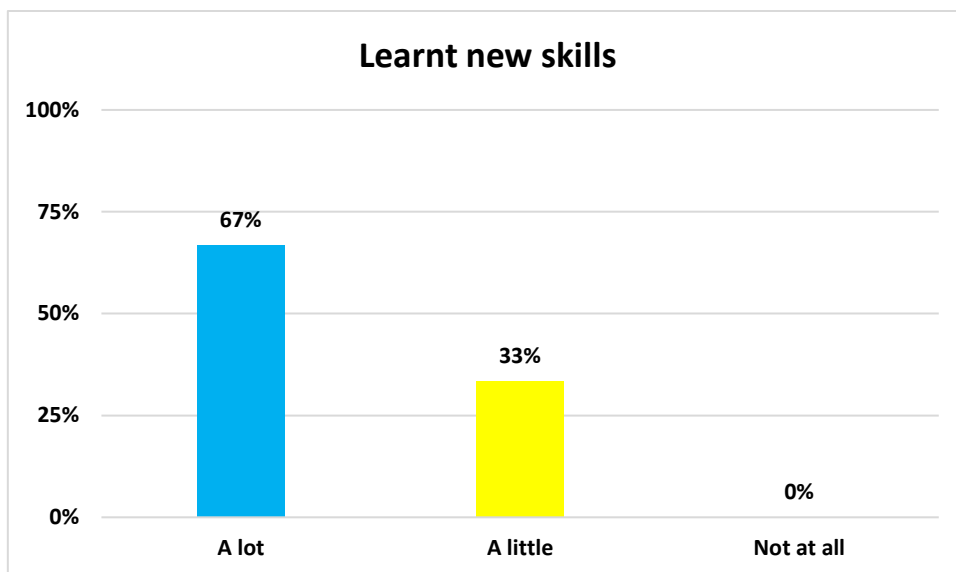
Evaluation Report 2019-20

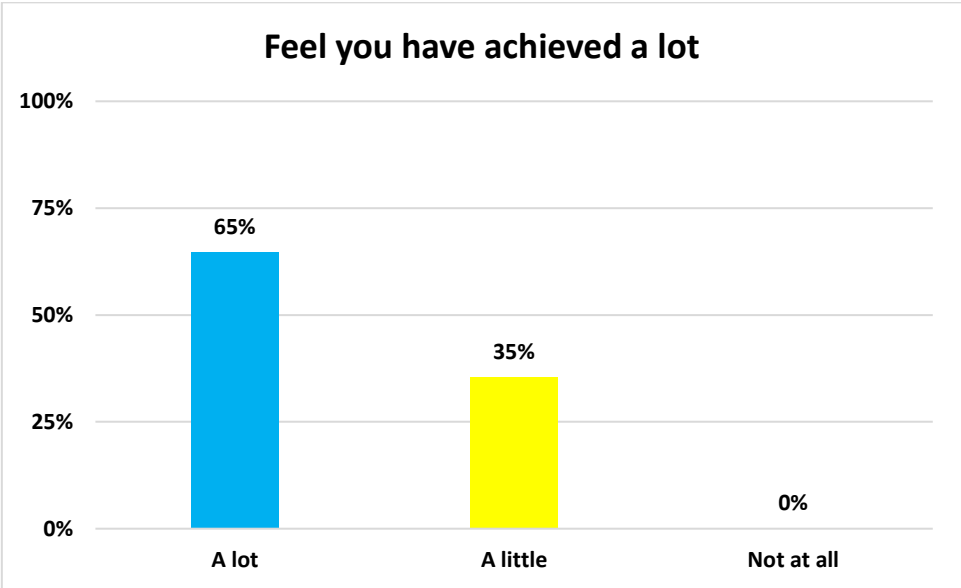
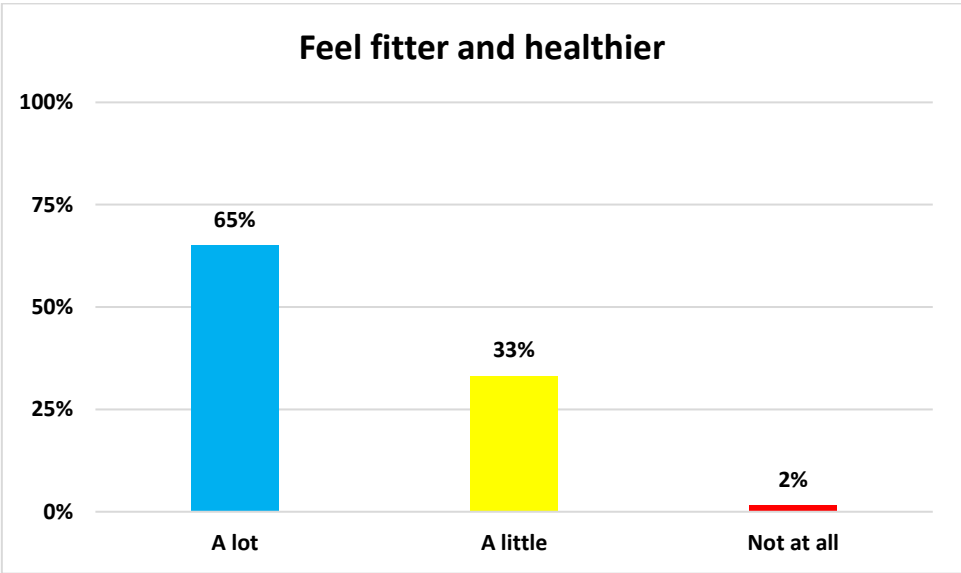
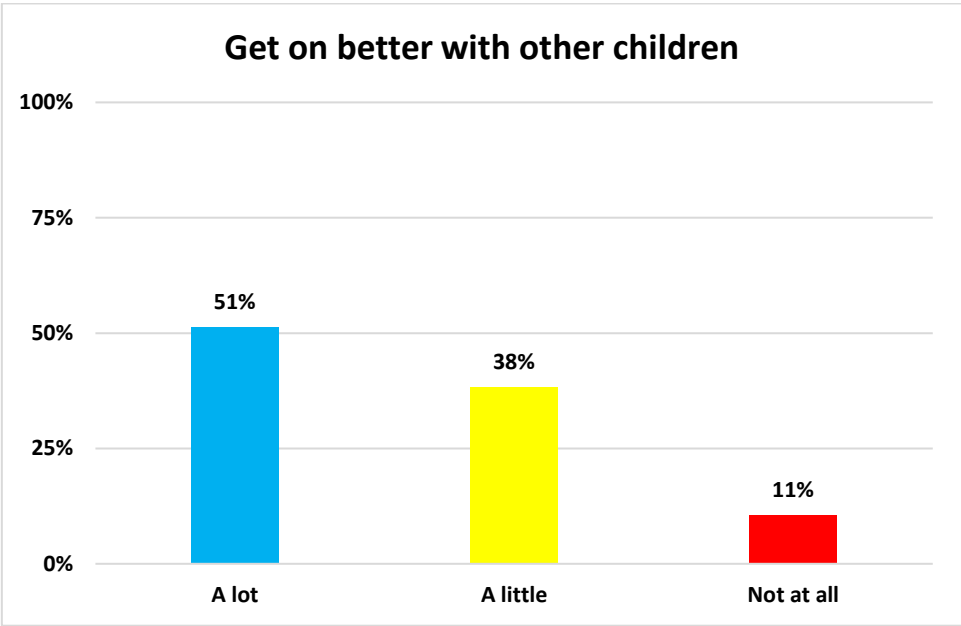
Who comes to the After-School Clubs?

| | Taekwondo | Performing Arts | English & Maths |
|--------------------|-----------|-----------------|-----------------|
| Children | 33 | 24 | 19 |
| Attendances | 599 | 320 | 255 |
| Sessions | 32 | 30 | 30 |
| Average | 18.7 | 10.7 | 8.5 |



What do they get out of coming (*Taekwondo & Performing Arts only*)?





I enjoy the Sulgrave Taekwondo Club because:

- It helps me defend myself from bullies.
- It's fun, exciting and it teaches me a lot of moves.
- I know how to dodge good and I have learned so much for the last three years.
- I learn new things.
- I learn new skills and I have made myself more confident.
- It makes me feel stronger.
- I can learn some skills and try my best in presentation (kicks and punches).
- I have learnt to be flexible.
- It is fun and helps me defend myself from other people.
- I have learnt skills.
- It helps me defend myself.
- Because of sparring.
- It gets me more active and teaches me how to defend myself.
- I like fighting and I like learning lots of different cool moves.
- I love it when we learn more skills and it's helping me lose some weight.
- It is good.
- So I can defend myself.
- I learn new skills.
- When I learn them I know how to control myself and learn some new skills.
- It is so fun.
- It's fun and I'm learning how to self-defend.
- It helps me become more controlled and makes me be more confident.
- I learn new skills and have achieved a lot.
- It's fun.
- I learn new skills and it's fun.
- Taekwondo is fun and Sulgrave is nice.
- I learnt new skills and I became a bit more confident.
- It helps me get fitter.
- I enjoy patterns.
- I get to compete against my friends.

At the Sulgrave Taekwondo Club I have learnt:

- To be in control and self-defence.
- Self-defence, self-control and a lot of new skills.
- In aggressive, out aggressive, knife hand strike and so on. I feel like I know so many moves.
- Different types of kicks.
- How to do kicks and punches and blockings properly.
- Pattern 1, 2,3 and 4.
- Basic blocking, Pattern 1, Pattern 2, Pattern 3, Pattern 4 (struggling with it).
- How to kick higher.
- High kick, kicking with my right leg, how to stretch my leg further.
- More Taekwondo skills.
- The basic blocks.
- How to protect myself.
- Lots of new skills and it helps me concentrate.
- Punching, high kicking and defending myself.

- I have learnt more skills.
- A little.
- Patterns.
- To defend myself.
- How to kick high, blocks and punches!
- I have learnt kicking higher.
- Better fighting skills.
- Lots of new skills, different leg kicks, and also used them sometimes to make me better the next time I do it.
- How to fight and how to control myself.



I enjoy the Performing Arts School because:

- In the school we always perform
- It makes me like dancing more because before I came to performing arts, I hated dancing and acting as my old drama teacher was SO BORING.
- It is fun and I learn loads of stuff.
- I like to dance at home and showing it is the best opportunity.
- Everyone is friendly and I like dancing. 8-)
- The tutor is the best and she is the best because she learns with us.
- Cos of my friends.
- It makes me happy.
- It's fun and I like the tutor. I like dancing, acting and singing.
- It helps me feel confident, learning new skills.
- It's amazing and I love the tutor and dancing.
- It is fun and you get to socialise with other kids.
- It helps me to dance better and I enjoy meeting new people.

At the Sulgrave Performing Arts School I have learnt:

- New street gymnastics, acting and singing, and street dance.
- New dance moves, which makes me feel better at free styling.
- How to be more confident and how to communicate better.
- How to improve my singing, acting, and dancing.
- How to do acting and I have learnt to dance better.
- Lots of things. We learnt gymnastics and with the tutor we do dancing.
- I learnt cool stuff.
- I have learnt to dance, act and sing.
- I have learnt new routines. I've learnt lyrical dancing and acting.
- New skills and how to feel good about myself.
- Gymnastics and more street dance and how to be a better singer by the tutor, because she is the best singer.
- To be more confident and different dances and skills.
- To be in time in dance, not to be silly and to be more confident.

Sulgrave Youth Club – After School Club – Extra Maths and English.

Last term our after school clubs consisted of one year 3 child, two year 4s, two year 5s and 6 year 6s. The group was split into 2 groups of year 3&4 and Year 5&6.

At the beginning of the term, the year 3&4 group showed signs that they were not confident in their abilities. The children needed a lot of support during their time with us and found it hard to concentrate for the hour. However, towards the end of the term, with some positive reinforcement and brain breaks the children were able to engage for longer periods of time. Due to this the children were able to get more on of the lesson.

Our year 5&6 also struggled with confidence and struggle to complete SATs style questions. Over the term we work different style SATs questions on offer and went through how to decode the questions correctly. This helps the children as then were then able to apply these skills in the session and during the assessment at the end.

The first assessment was done at the beginning of the term and the children took the whole session to complete it. The marks for the assessment were low and only some of the children attempted all questions but with the help and input from teachers the children were able to complete a similar assessment in half the time and all children had improved by a minimum of 15%.

All the children said that they have enjoyed the sessions and gained new knowledge and skills from the sessions.