

# The Sulgrave Club



*"We did a lot of new things and I met new friends and I loved it."*

## Easter & Summer Holiday Schemes 2018

## Introduction

Thanks to a grant from BBC Children in Need, the Sulgrave Club was again able to put on five weeks of holiday activity schemes during the year – two weeks during the Easter holidays and three weeks during the Summer holidays. On each week of the holiday schemes there were 28 places available for children aged 8 to 12 years. Places cost £60 per child per week, with prices reduced for families in financial hardship.

The holiday schemes were open from 10.00am to 5.00pm every day and provided the children attending with a wide variety of enjoyable and stimulating outings and activities in and around London. The schemes were co-ordinated by the Sulgrave Club Manager with a staff team of four experienced youth workers assisted by one or more young volunteers - current members of the Sulgrave Senior Youth Club.

## Schedule of Outings / Activities

The schedule of outings and activities for the holiday schemes are printed below. For transport we used our own minibus and a minibus on weekly hire from Hounslow Community Transport.

<b>Easter Week 1</b> <i>3<sup>rd</sup> – 6<sup>th</sup> April 2018</i>	<b>Easter Week 2</b> <i>9<sup>th</sup> – 13<sup>th</sup> April 2018</i>
Ten Pin Bowling Team Olympics Swimming – <i>Windsor Leisure Centre</i> Cinema – <i>Peter Rabbit</i> Go Karting	Cinema – <i>A Wrinkle in Time</i> Team Olympics / Mini Golf Swimming – <i>Windsor Leisure Centre</i> Trampolining – <i>Flip Out</i> Go Ape - <i>Battersea</i>
<b>Summer Week 1</b> <i>23<sup>rd</sup> – 27<sup>th</sup> July 2018</i>	<b>Summer Week 2</b> <i>30<sup>th</sup> July – 3<sup>rd</sup> August 2018</i>
Ten Pin Bowling / Cinema Swimming – <i>Windsor Leisure Centre</i> Team Olympics Laser Tag Liquid Leisure Aqua Park	Trampolining – <i>Flip Out</i> Cinema / Team Olympics Swimming – <i>Coral Reef</i> Crazy Golf Liquid Leisure Aqua Park
<b>Summer Week 3</b> <i>6<sup>th</sup> – 10<sup>th</sup> August 2018</i>	
Ten Pin Bowling / Cinema Swimming – <i>Coral Reef</i> Shrek's Adventure Wall Climbing – <i>Westway</i> Trampolining – <i>Flip Out</i>	

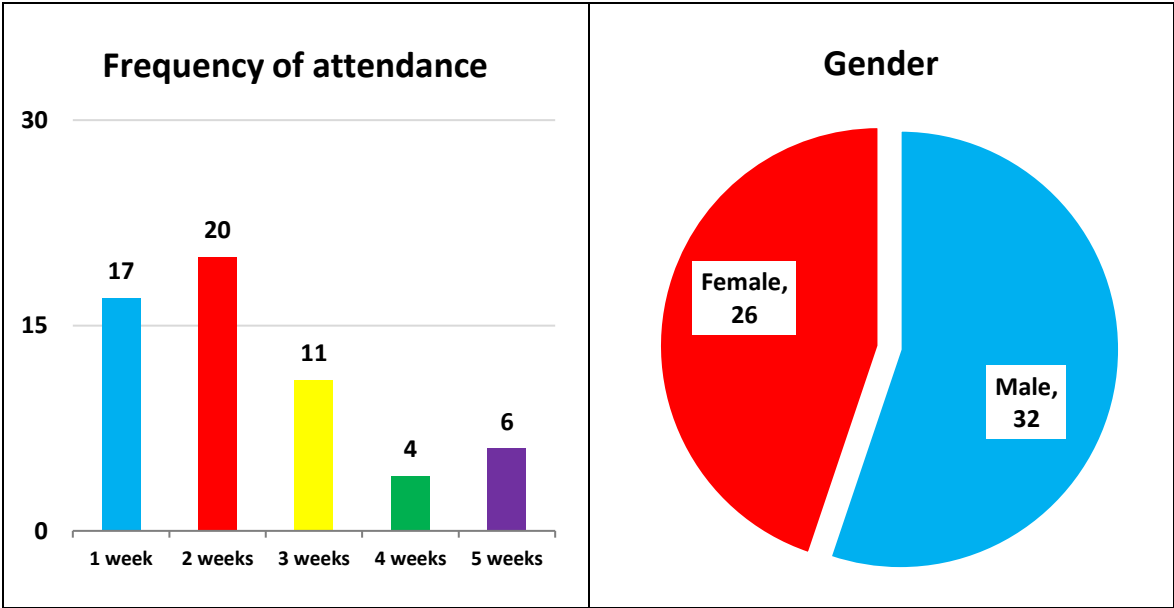


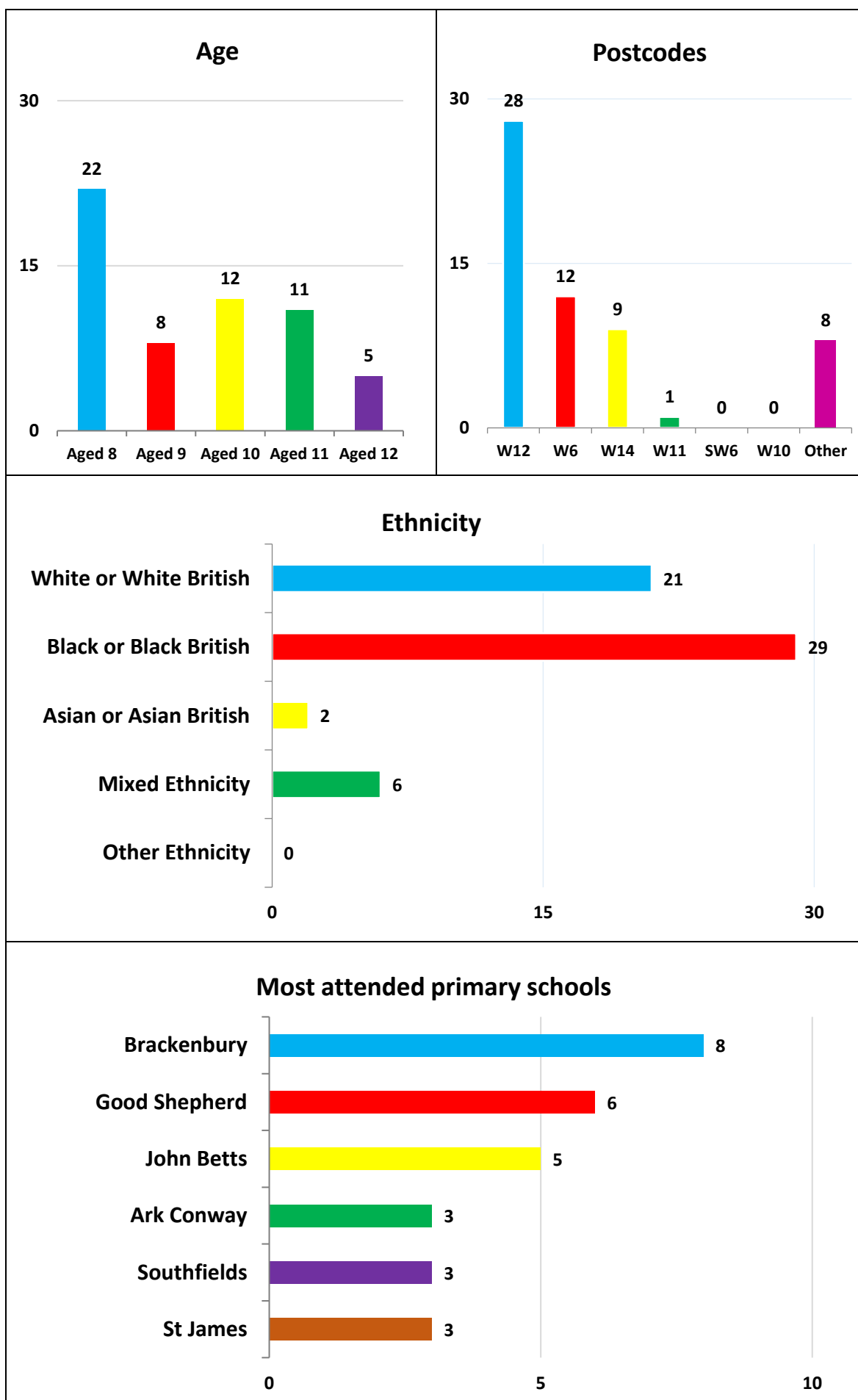
**Attendance**

Over the course of the five weeks a total of 58 different children took part in the holiday schemes, most for one, two, or three weeks, but with six children managing to attend all five weeks. On average, 26.1 children attended each day, representing a 93% take up of available places. The charts below give a breakdown of children by frequency of attendance, gender, age, post code, ethnicity, and most attended primary schools.



*"I've met new people and I had a great time doing the activities."*





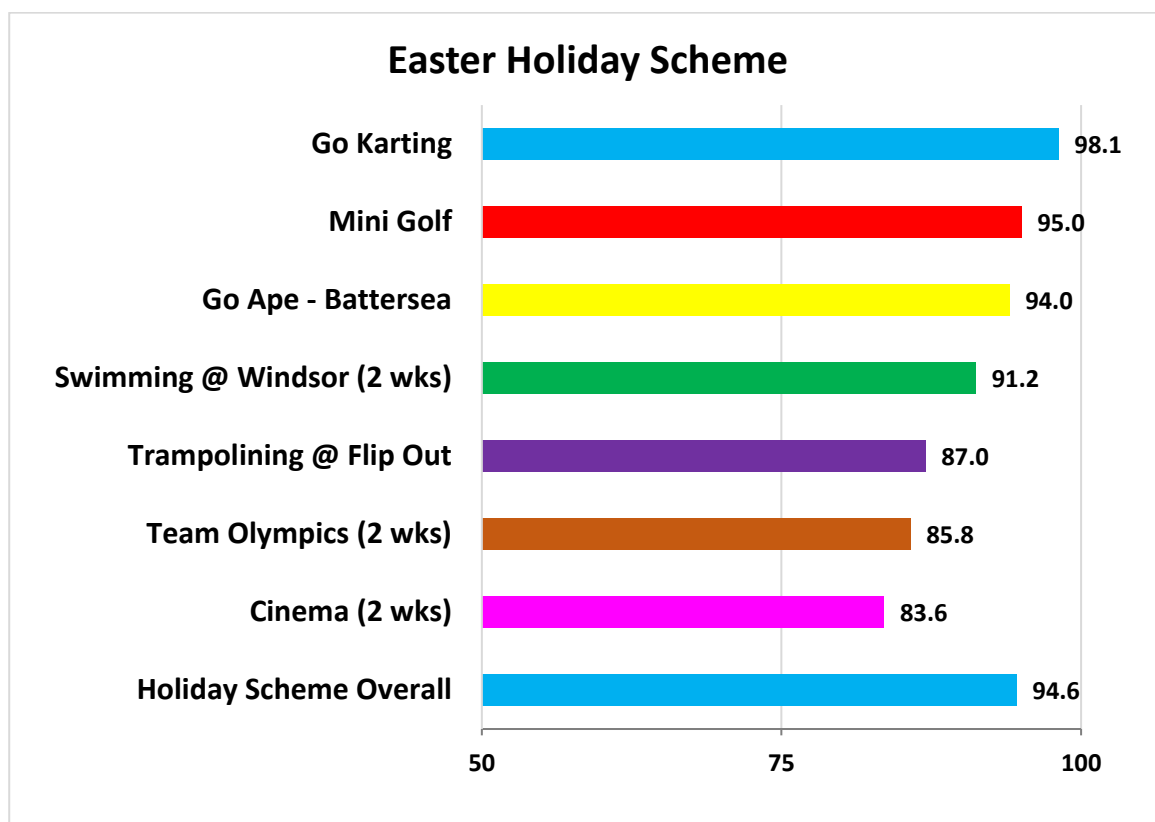


*"I went to new places I've never been to and done stuff I never done."*

### Evaluation

Evaluation forms were distributed at the end of each week of the holiday schemes. Children were asked to score the activities they took part in; to rate the holiday scheme as a whole; and to say whether they would come on another holiday scheme. We use their answers, shown in the charts below, to check whether children are happy with the activities we provide and to guide us in future programming.

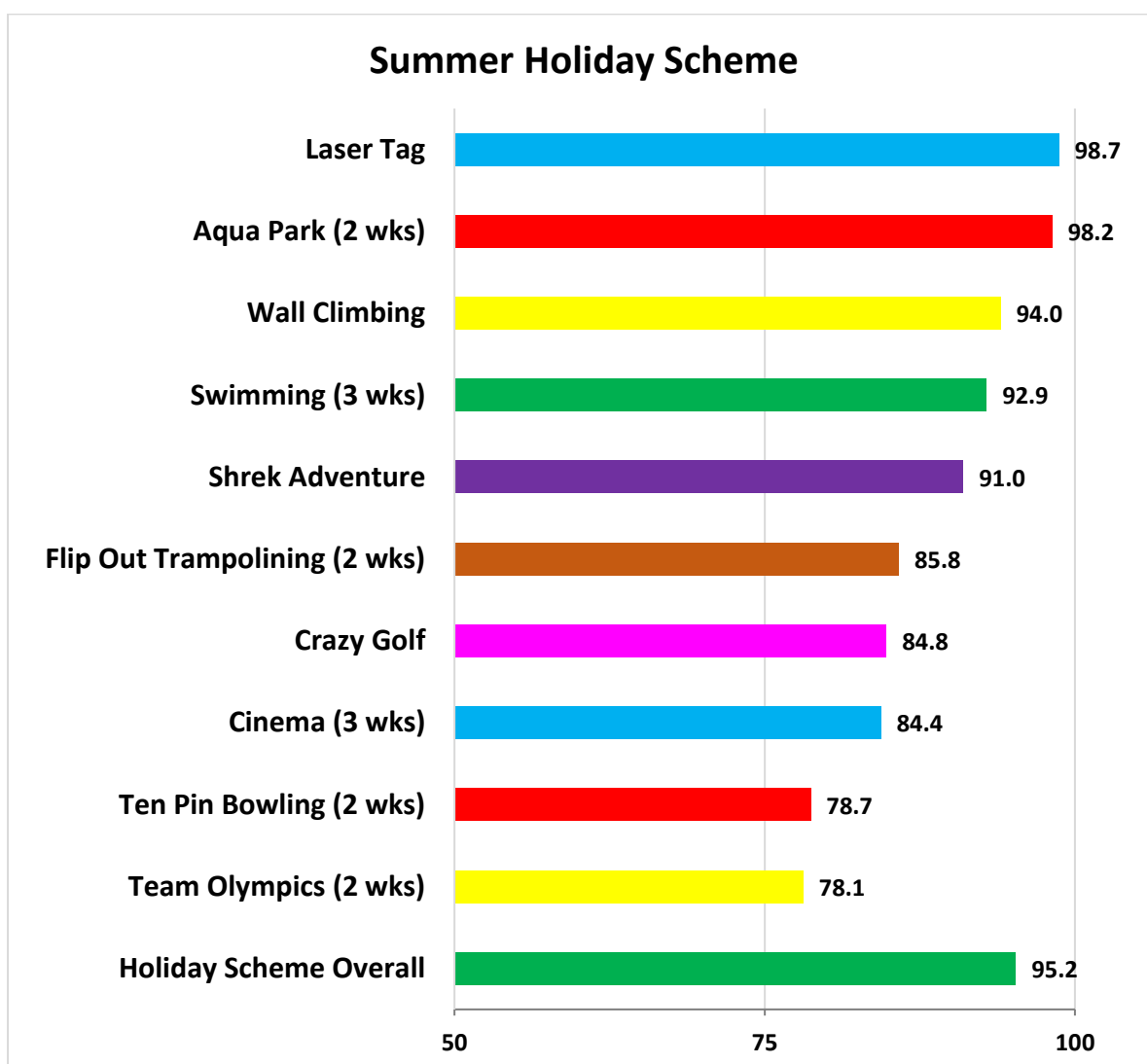
***Please rate the activities you have attended, giving a score out of 100***







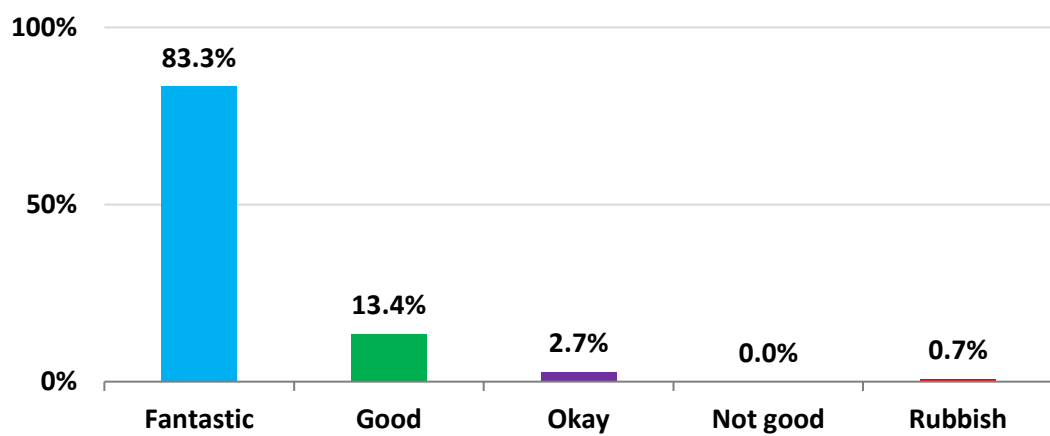
*"I met other children that I have never spoken to before and I did new and exciting things."*



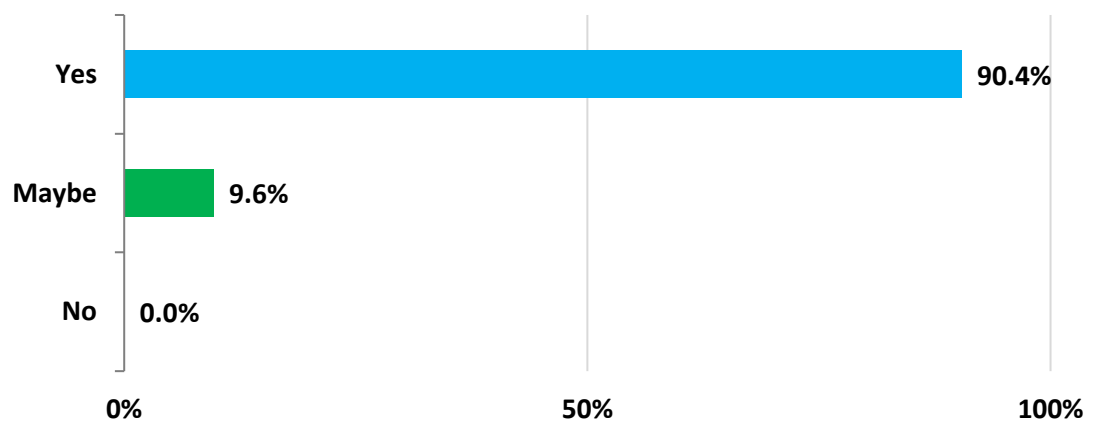


*"I met new people. Everything I did I hadn't done before!!! It was awesome!!!"*

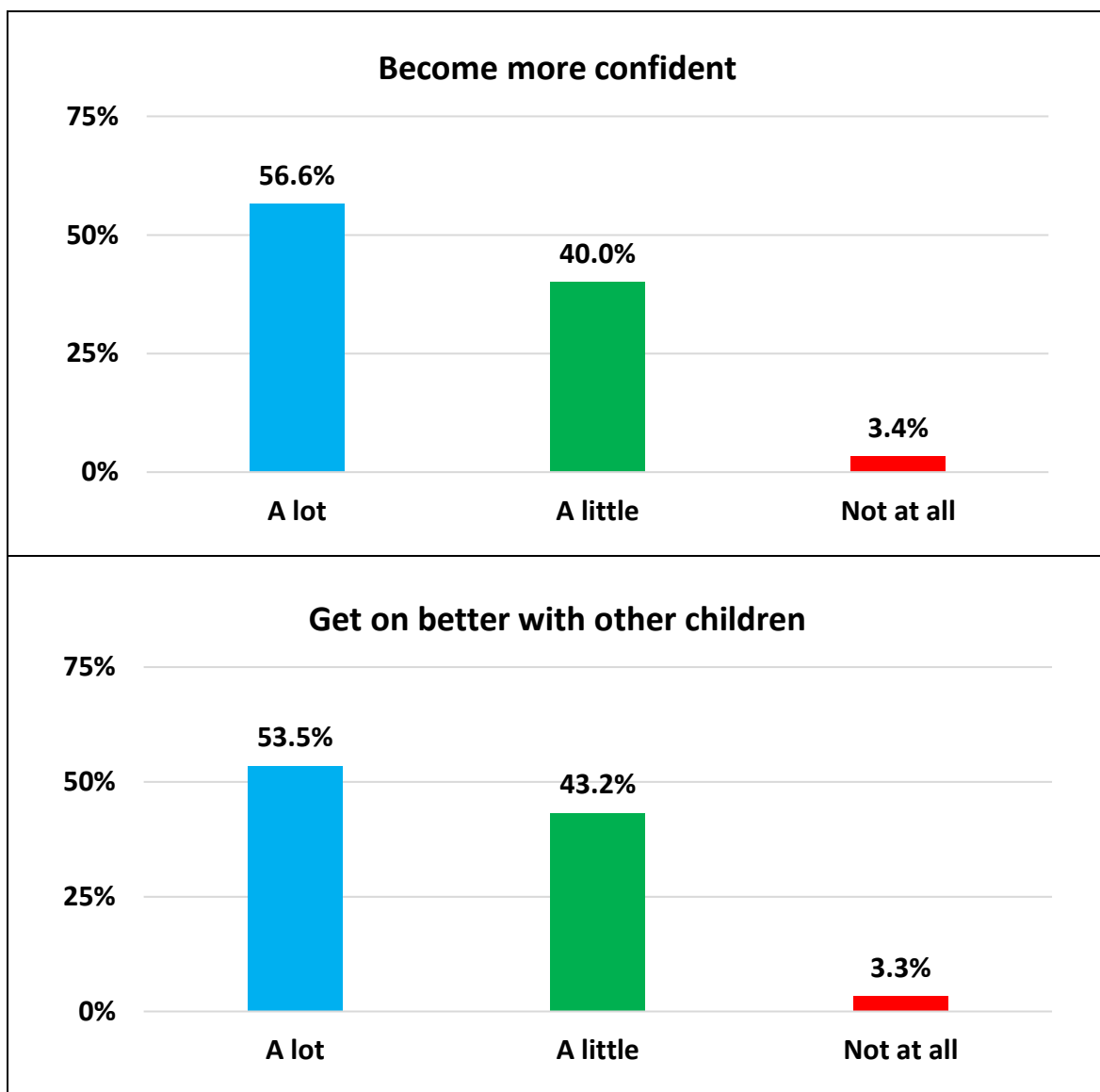
### The Holiday Schemes overall were:



### Would you come again?

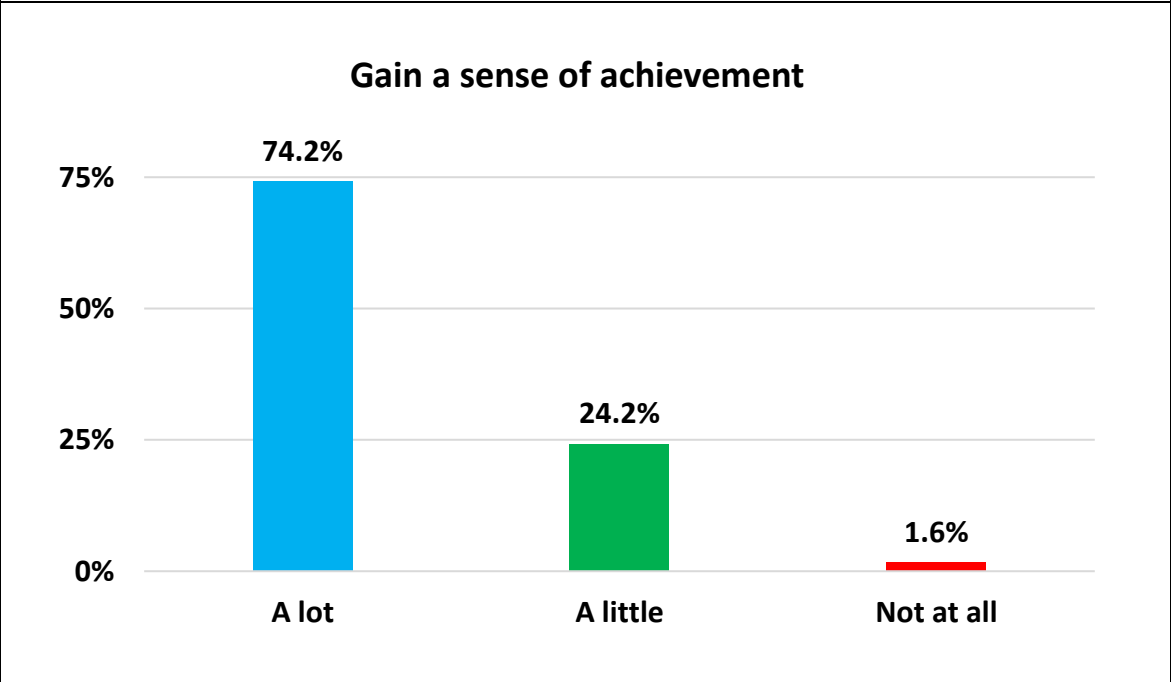
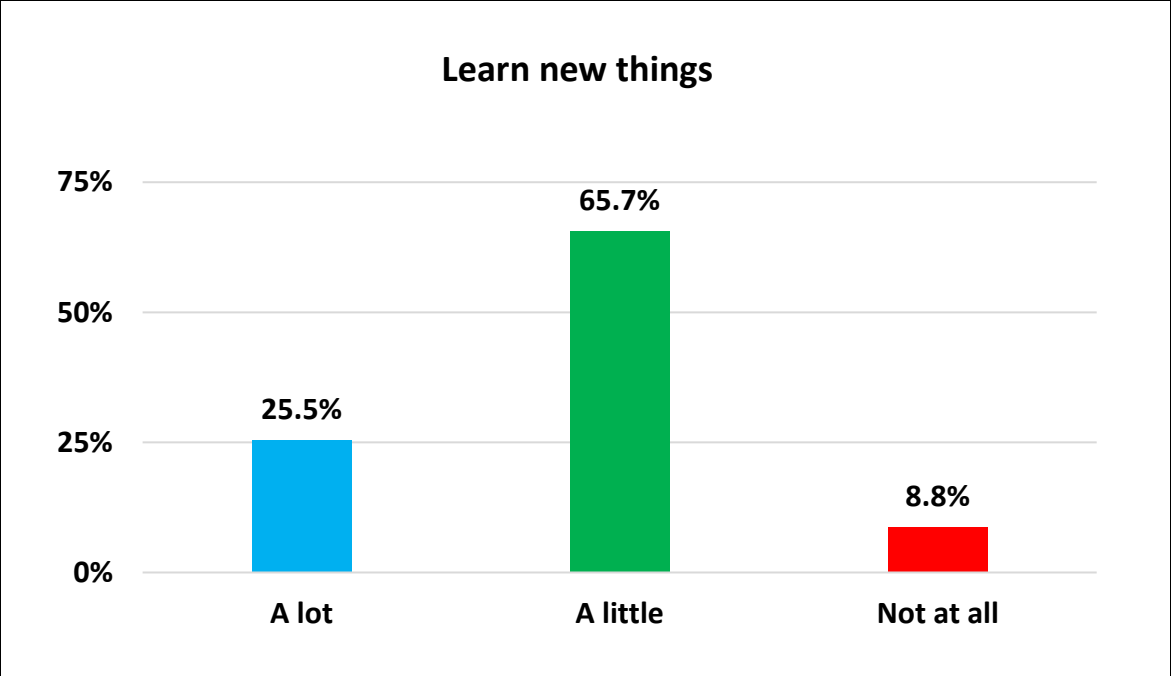
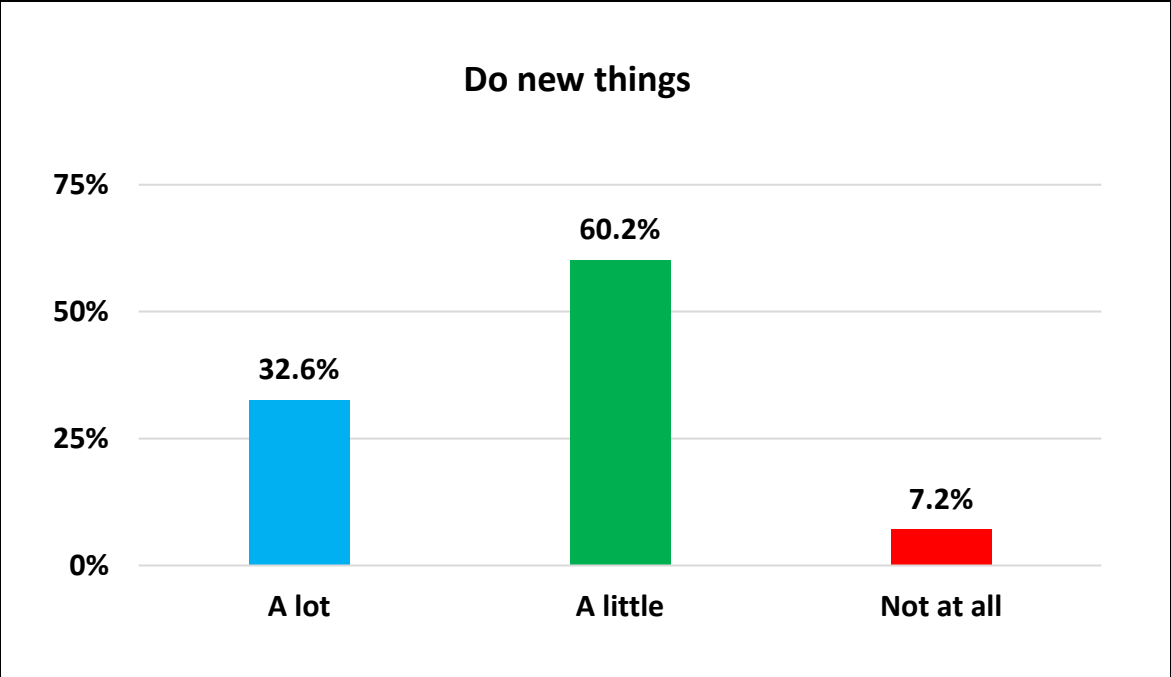


We also use the evaluation forms to assess what children gained from attending the holiday schemes. In particular, we asked whether they thought the holiday schemes had helped them:



***“We learned new things and got to try new things that I had never done before.”***





We also asked the children to tell us in their own words what they enjoyed on the holiday schemes, what they had learnt, and what they would be doing if they had not come. Their answers are given below:

**I enjoyed the Sulgrave Holiday Schemes because:**

- I made friends.
- I enjoyed that I made new friends.
- I get to play with new people every day and I learnt new things from all the trips.
- I get to play with new people that I rarely play with. I don't normally do activities like Mini Golf, Go Ape, and Flip Out.
- I got to meet new people and they were nice. Also, because everyone is nice to me and the staff are so supportive. I also enjoy the trips because I have done new things that I have never done before.
- I have met new people and talked to people I wouldn't normally talk to and it has made me more confident.
- I made a lot of friends and went places I had not been to before.
- I made new friends and I had fun.
- I made new friends and tried new things.
- I met new friends and had a great time. I would like to go next summer.
- I met new people to talk to and I learnt to be confident.
- I met new people. Everything I did I hadn't done before!!! It was awesome!!!
- I met other children that I have never spoken to before and I did new and exciting things. Also, the staff are very encouraging.
- I've met new people and I had a great time doing the activities.
- I get along with other people and we do loads of new things.
- I could see my friends again and I enjoyed the activities a lot.



***"I learnt a lot and had fun. Everyone's kind."***

- I did things I never did before.
- I did new things that I have never done before, like Go Ape.
- I done new things I haven't done before.

- I got to experience quite a few new things, such as aqua park and laser tag. I also got to speak to new people.
- I got to try new things I've never done before, talk to children I would not talk to.
- I went to new places I've never been to and done stuff I never done.
- I went to places I haven't been to and learnt loads of new things.
- We did a lot of new things and I met new friends and I loved it.
- Because of the fun adventures.
- The activities were enjoyable.
- I enjoy the trips we go on and the staff, they are there to help when we are in trouble. I also made new friends.
- The activities are fun and exciting, also some of the adults are good, and some of my friends were here.
- We done Go Ape and swimming and I met new friends.
- We go different places like Flip Out and Mini Golf.



***"I learnt how to do a front flip and climb higher than normal - I have to come here again!"***

- I had tons of FUN and will definitely come on another one.
- It is really fun and really good!
- It was amazing!!!
- It was fun and I got to meet people who I have never seen before.
- It was fun and we got to go to Flip Out and Go Ape which is new for me.
- It was fun.
- It was really fun and mostly Go Ape because I overcame my fear of heights and I made new friends.
- It was sick.
- It's awesome. Best days ever! 8-)
- I learnt a lot and made new friends.
- I learnt new things and met new people.



- I learnt a lot and had fun. Everyone's kind.
- I learnt how to climb a lot better.
- We learned new things and got to try new things that I had never done before.
- It gave me courage to be meeting new children and adults.
- It always makes me feel comfortable and happy. Also the staff make me feel happy as well.
- If I did not come I would not learn from and meet new people!

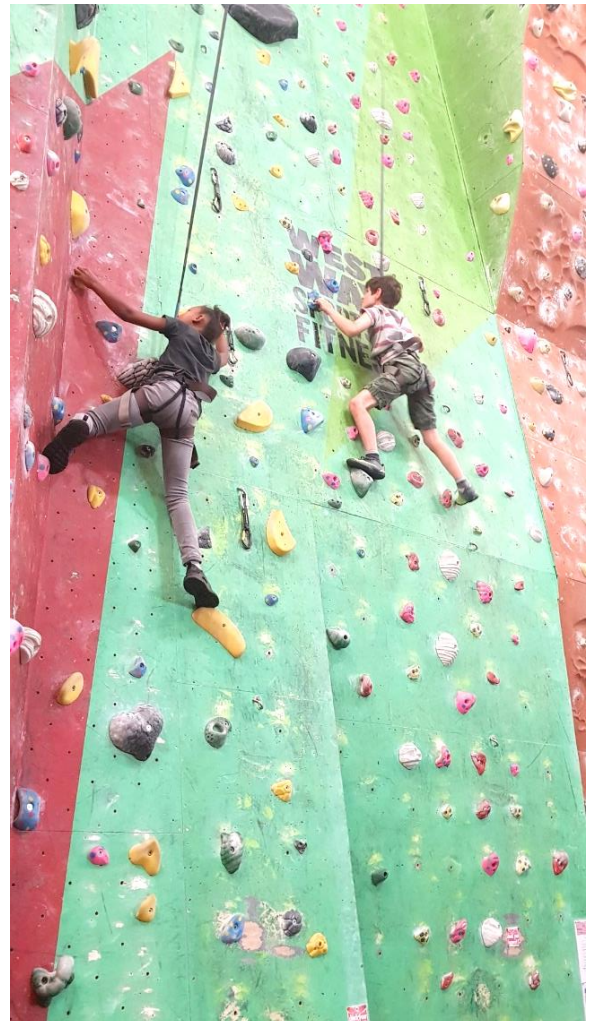


***"I had tons of FUN and will definitely come on another one."***

#### **On the Sulgrave Summer Holiday Scheme I learnt:**

- How to do wall climbing.
- How to do wall climbing and other fun things.
- How to climb on slanted walls.
- How to climb.
- How to climb even better.
- That climbing was very fun!
- How to wall climb and how to get on with different children quite a lot better.
- How to wall climb not in the way my coach teaches me.
- More about the safety thing's about wall climbing and how to get someone down safely.
- How to do a back air front flip.
- Flipping and tricks in Flip Out.
- How to do a spin flip.
- How to do a front flip and climb higher than normal - I have to come here again!
- How to do a front flip and I also learnt that rock climbing is not scary and is actually enjoyable. I learnt that before I doubt anyone I need to know them.

- A lot more things and to be a lot more confident.
- A lot of things I will not forget, such as learning how to face my fear on trips I thought I wouldn't have done.
- A lot of new things / tricks that I've never done before and got to know people much better that I don't really speak to on a Friday
- New things and getting on with other kids.
- To kind of get over my fear of heights.
- How to overcome my fears of deep water.
- To behave and be confident in myself and it was so much fun and fantastic I think that I will always come to Sulgrave.
- To be more confident.
- That the Flip Out in E6 is better than the one in Brent Cross.
- Flip Out is better than Oxygen.
- That the staff are kinda rude and funny and it's fun.
- How to do bowling.



***"I have met new people and talked to people I wouldn't normally talk to and it has made me more confident."***



**If I wasn't on the Sulgrave Summer Holiday Scheme I would be:**

- Sitting at home, doing nothing.
- Watching TV.
- At home, watching YouTube, Netflix, and TV.
- At home on YouTube, Netflix, and X-Box1.
- I would be at home playing on my laptop.
- Probably in my room watching YouTube.
- Playing my Nintendo Switch.
- Playing Fortnite.
- At home on my I-Pad or playing Fortnite.
- I would be playing Fortnite or playing outside in the park.
- Playing Fortnite and going to the park.
- Playing Fortnite or having a BBQ.
- At home either playing Fortnite or going to the park quite constantly.
- At home playing Fortnite.
- At Westway playing football.
- I would get time to go to Flip Out.
- I would be playing outside or playing my PS4.
- I would be playing football.
- Playing with my friends.
- In a different country.
- On holiday. (x2)



***"It's awesome. Best days ever! 8-)."***



- I would be doing my homework and going to the park every day and that would be boring, so I am glad I came! I also would just be on my I-Pad.
- Doing extra Maths and English. Or just on my computer all day watching movies.
- I would be at another youth club.
- At my mum's work helping her and watching TV.
- Bored.



***"I learnt to behave and be confident in myself and it was so much fun and fantastic I think that I will always come to Sulgrave."***

### **Summary**

The Sulgrave Club's holiday activity schemes provide children from low income families with the opportunity to enjoy a wide range of stimulating and exciting social, educational and physical activities, and outings for just £60 a week. Provided in an environment in which they are listened to, respected, and supported, we seek to inspire children to work and play together and to feel part of the group.

Our main aims for the children are to develop their social skills, improve their learning, increase their confidence, and make sure they have fun. Other benefits we expect to see are children who are less bored and isolated, children who have broader horizons and higher aspirations, children who develop lasting relationships with other children, and children who are happier.

We believe that the way in which we have met these aims and the benefits the children have gained from their participation in the holiday schemes are evident from these pages. Which just leaves us to say a big thank you to BBC Children in Need, and all the people who donate to the BBC Children in Need Appeal, for making this possible. Thank you.