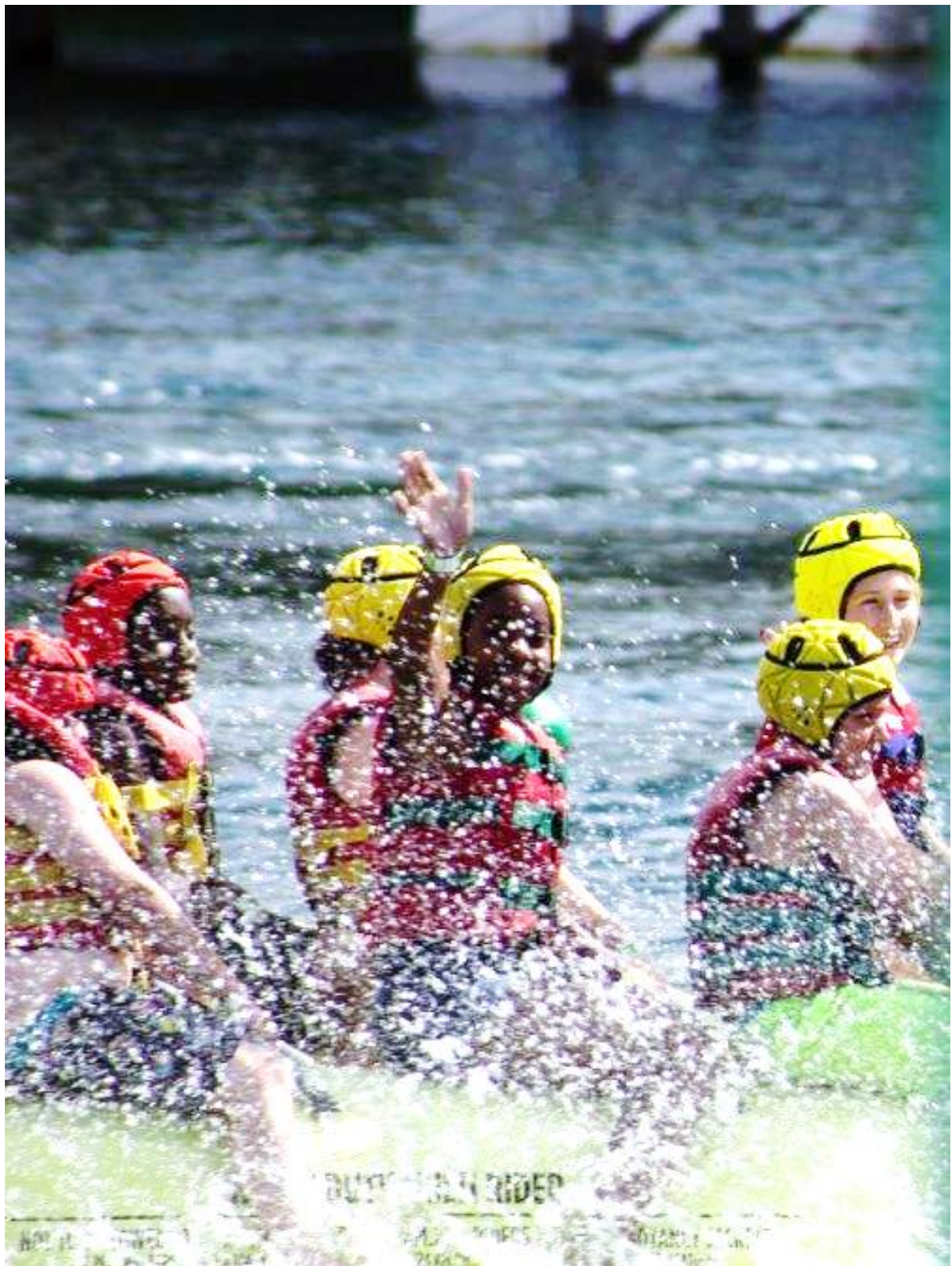


The Sulgrave Club



"There was loads of amazing activities to do!!!"

Easter & Summer Holiday Schemes 2019

Introduction

Thanks to a grant from BBC Children in Need, the Sulgrave Club was again able to put on five weeks of holiday activity schemes during the year – two weeks during the Easter holidays and three weeks during the Summer holidays. On each week of the holiday schemes there were 28 places available for children aged 8 to 12 years. Places cost £60 per child per week, with prices reduced for families in financial hardship.

The holiday schemes were open from 10.00am to 5.00pm every day and provided the children attending with a wide variety of enjoyable and stimulating outings and activities in and around London. The schemes were co-ordinated by the Sulgrave Club Manager with a staff team of four experienced youth workers assisted by one or more young volunteers - current members of the Sulgrave Senior Youth Club.

Schedule of Outings / Activities

The schedule of outings and activities for the holiday schemes are printed below. For transport we used our own minibus and a minibus on weekly hire from Hounslow Community Transport.

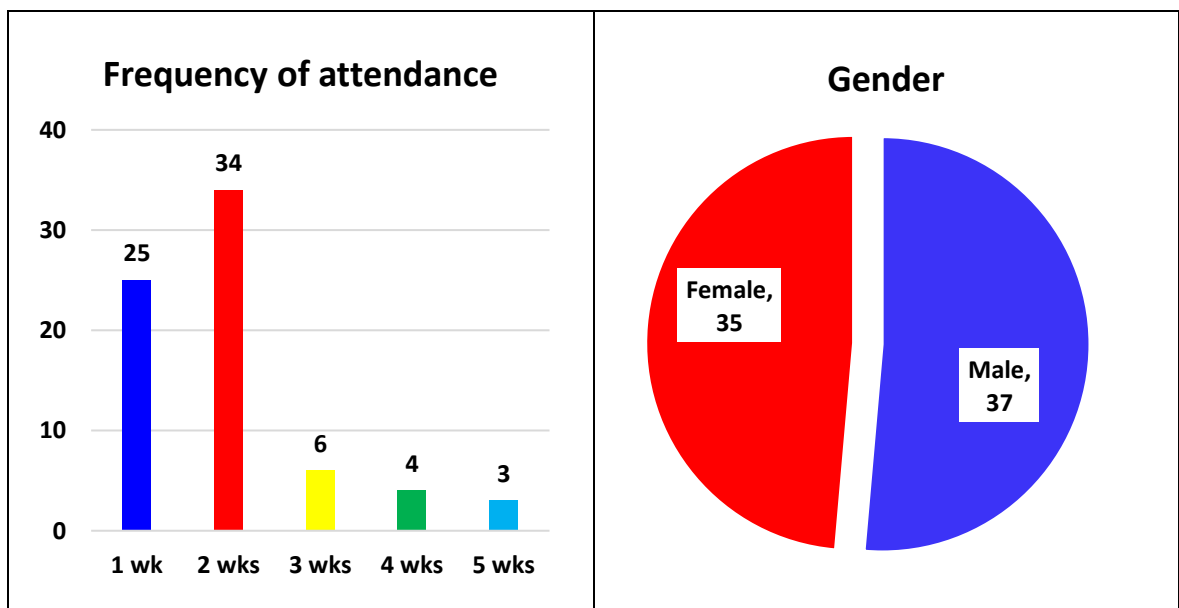
Week 1 <i>8th – 12th April 2019</i>	Week 2 <i>15th - 18th April 2019</i>
Ten Pin Bowling Flip Out - <i>Trampolining</i> Go Ape, Battersea Cinema / Team Olympics Swimming - <i>Coral Reef</i>	Wall Climbing Swimming – <i>Windsor Leisure Centre</i> Crazy Golf Go Karting Team Olympics
Summer Week 1 <i>29th July – 2nd August 2019</i>	Summer Week 2 <i>5th – 9th August 2019</i>
Ten Pin Bowling Swimming – <i>Windsor Leisure Centre</i> Flip Out - <i>Trampolining</i> Cinema / Team Olympics Chessington World of Adventures	Science Museum Swimming – <i>Coral Reef</i> Go Karting Cinema / Team Olympics Liquid Leisure Aqua Park
Summer Week 3 <i>12th – 16th August 2019</i>	
Wall Climbing Swimming – <i>Windsor Leisure Centre</i> Go Ape, Battersea Flip Out - <i>Trampolining</i> Cinema / Team Olympics	

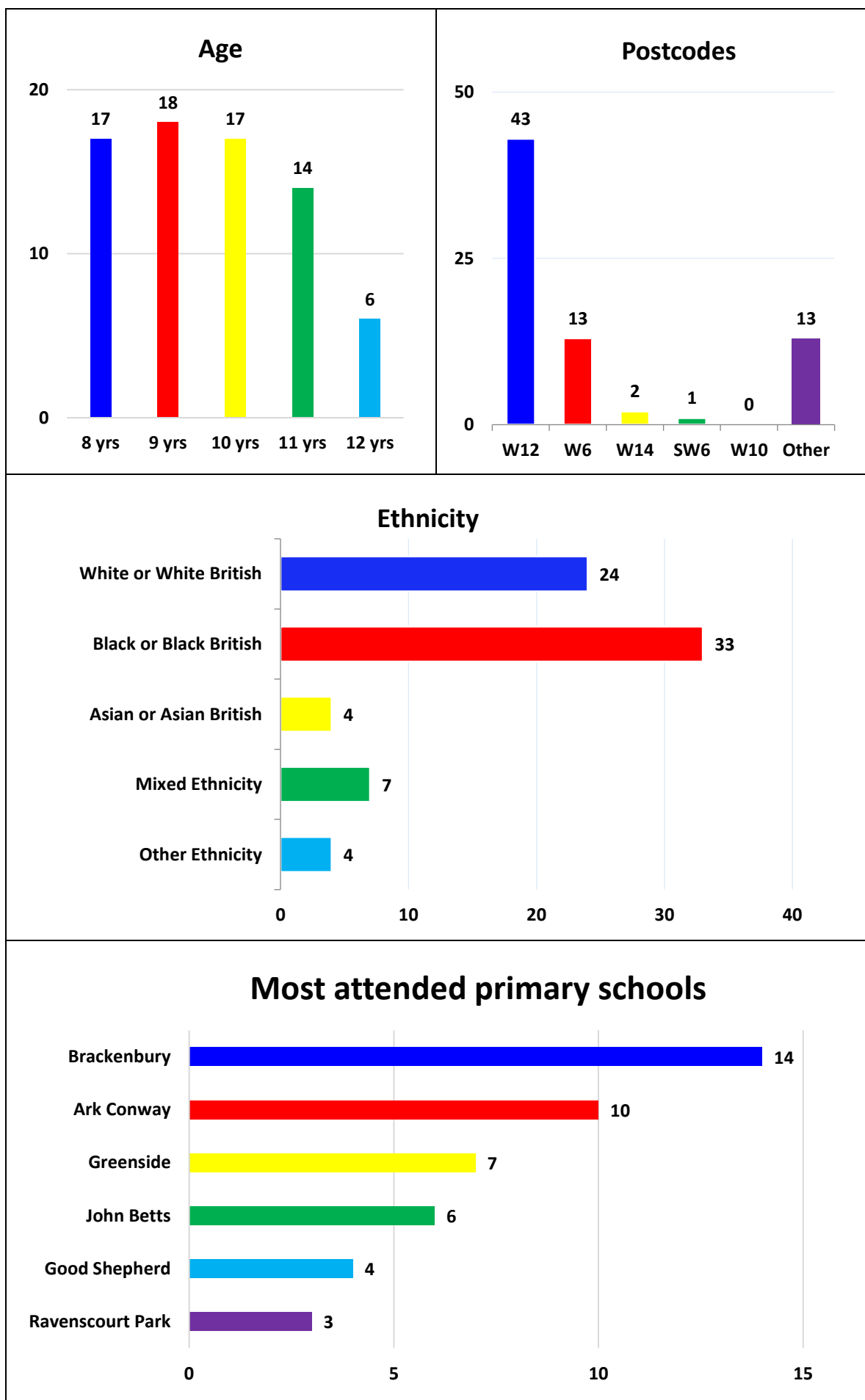
Attendance

Over the course of the five weeks a total of 72 different children took part in the holiday schemes, 59 for one or two weeks and 13 for three, four or five weeks. On average, 26.9 children attended each day, representing a 96% take up of available places. The charts below give a breakdown of children by frequency of attendance, gender, age, post code, ethnicity, and most attended primary schools.



*"Some of the stuff we did, I have never done before,
so it was a FANTASTIC experience."*





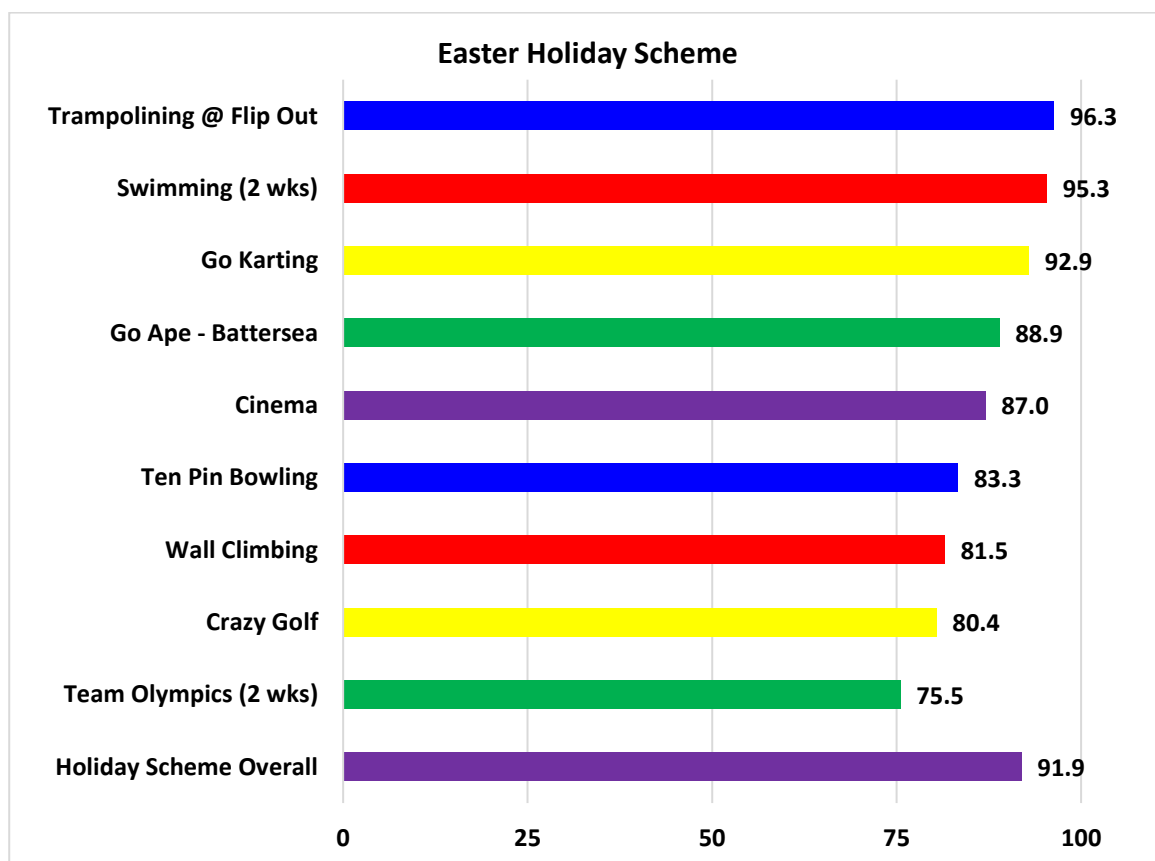


"It was fun because I tried new things."

Evaluation

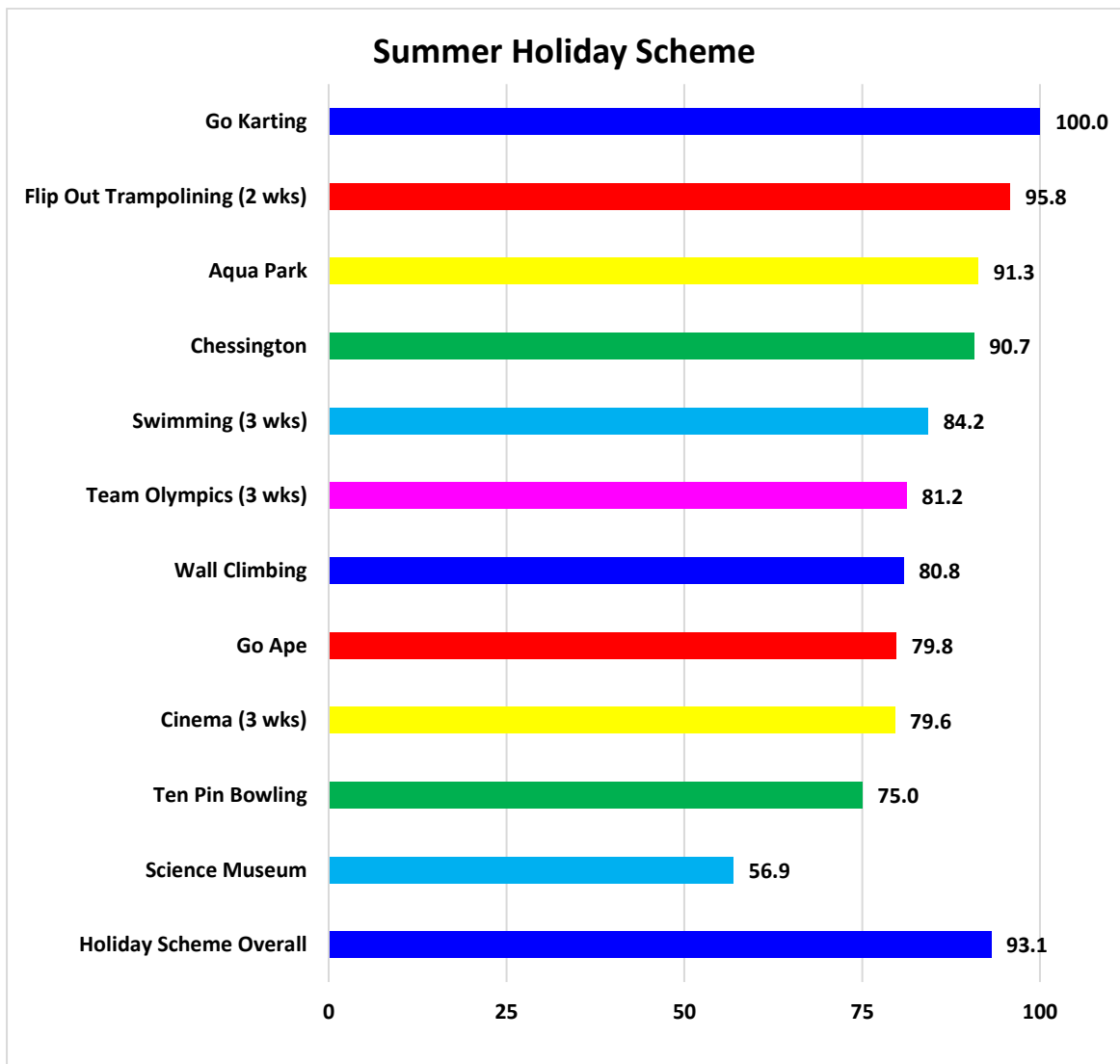
Evaluation forms were distributed at the end of each week of the holiday schemes. Children were asked to score the activities they took part in; to rate the holiday scheme as a whole; and to say whether they would come on another holiday scheme. We use their answers, shown in the charts below, to check whether children are happy with the activities we provide and to guide us in future programming.

Please rate the activities you have attended, giving a score out of 100





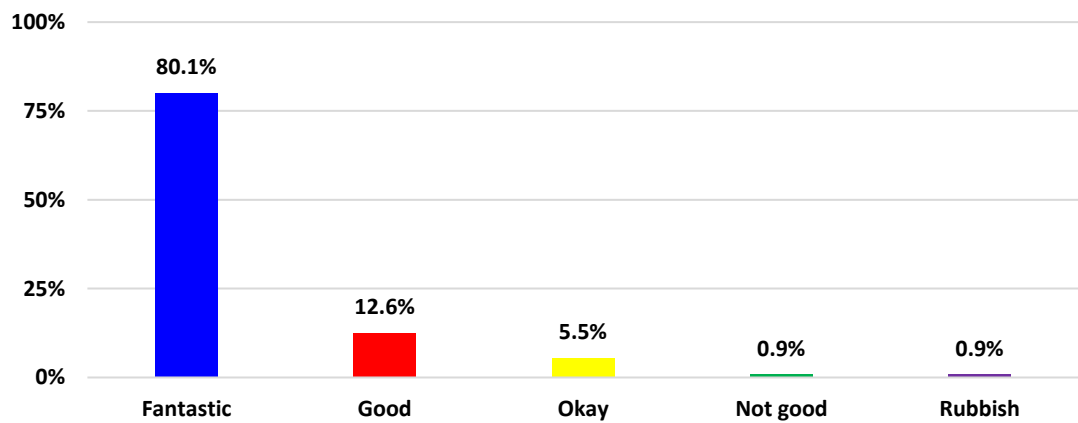
"I got to do a lot of new things and otherwise I would be at my house."



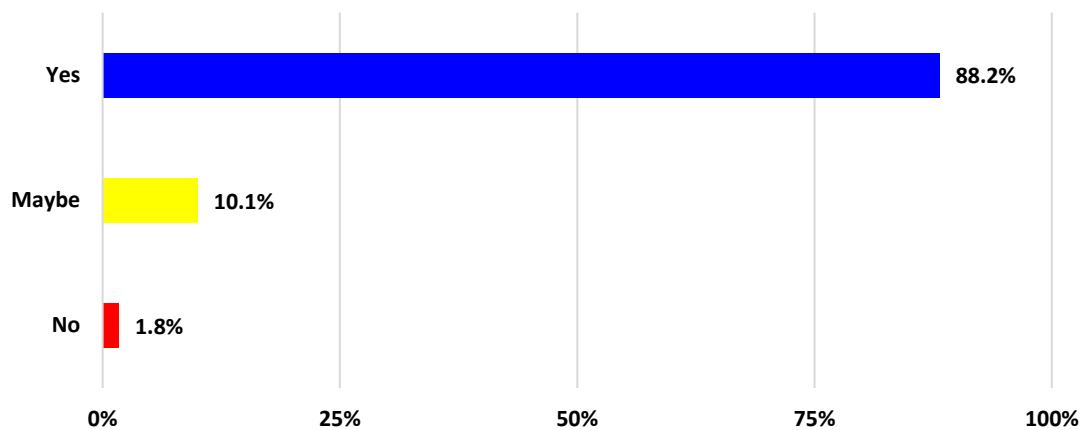


"You feel like a big family on the things that we do."

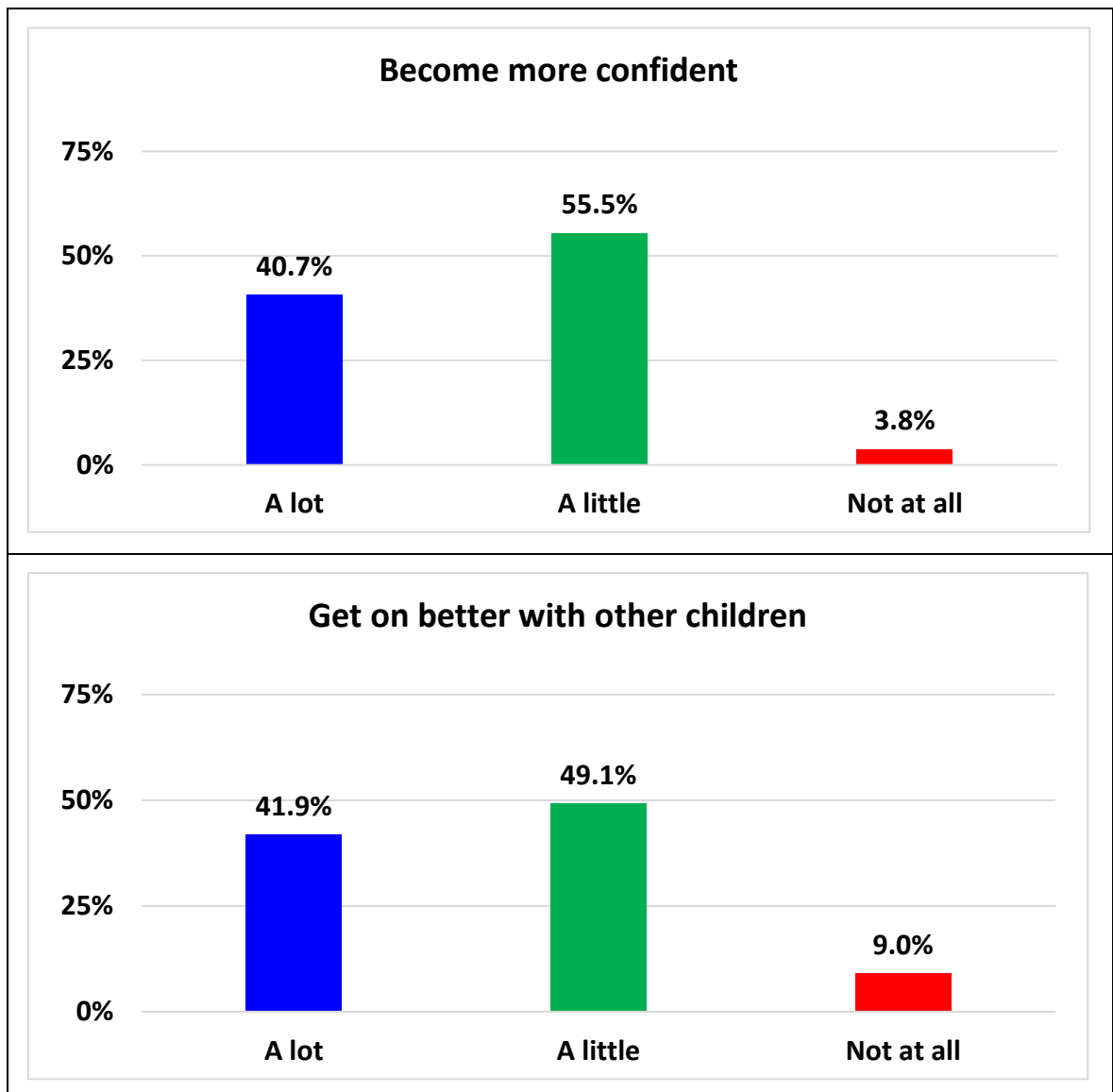
The Holiday Schemes overall were:



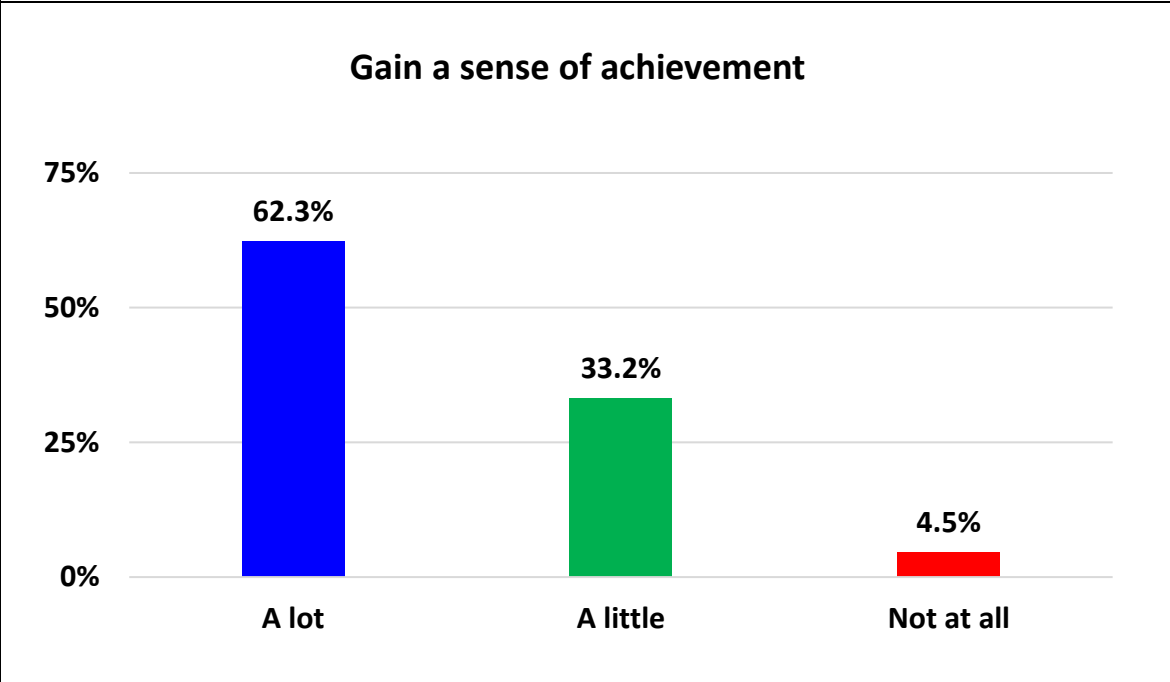
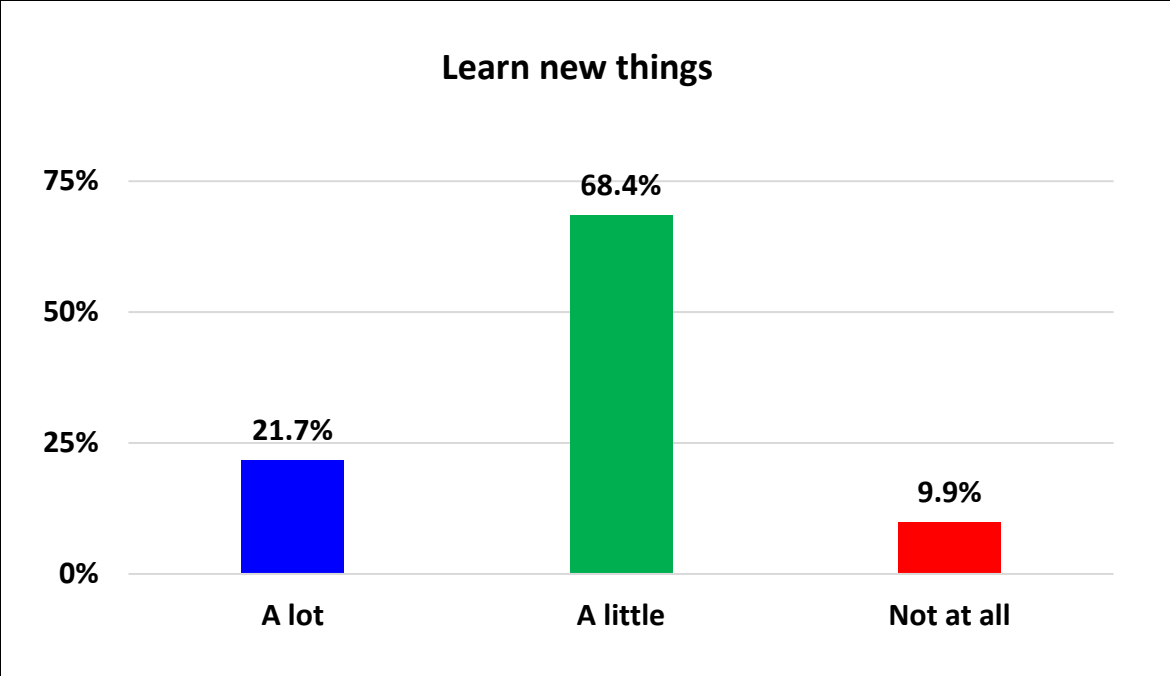
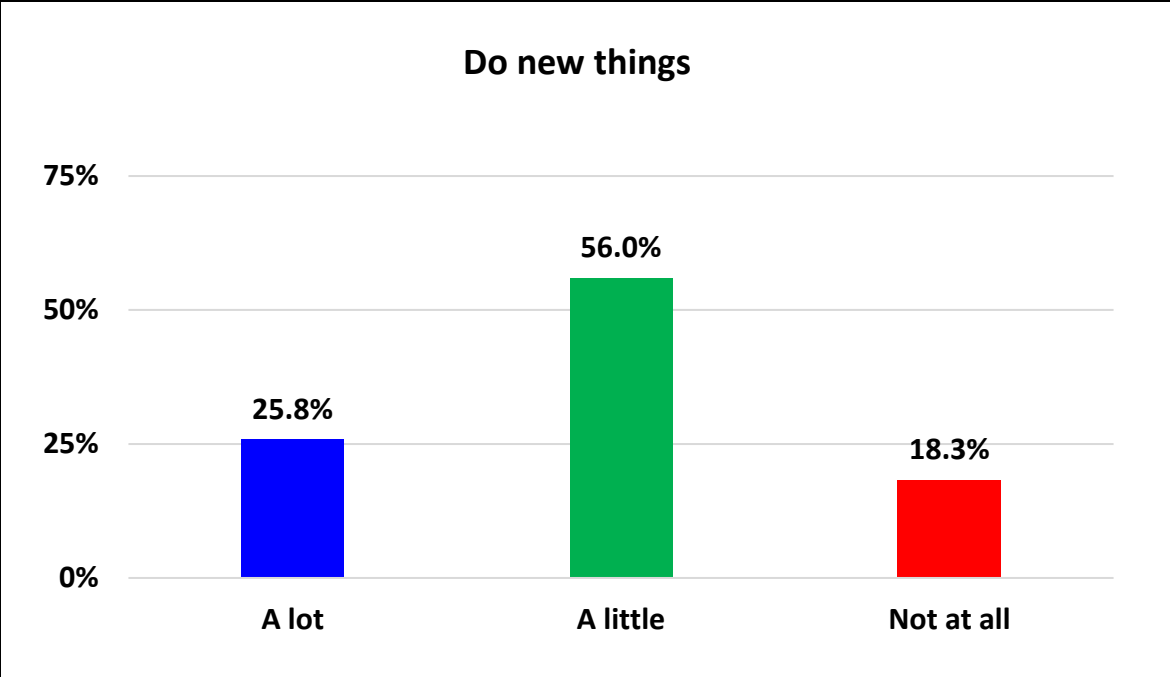
Would you come again?



We also use the evaluation forms to assess what children gained from attending the holiday schemes. In particular, we asked whether they thought the holiday schemes had helped them:



"I enjoyed the Sulgrave Summer Holiday Scheme because I was not ever bored."



We also asked the children to tell us in their own words what they enjoyed on the holiday schemes, what they had learnt, and what they would be doing if they had not come. Their answers are given below:

I enjoyed the Sulgrave Holiday Schemes because:

- You feel like a big family on the things that we do.
- I could talk to others and also go on big rides in Chessington. I also enjoyed the week because of all the activities.
- Because I learnt to make friends and do more things.
- I got to make some new friends and the trips were really fun.
- You can meet new people and make friends. Also, you are always doing something every day.
- I got to spend more time with my friends.
- I made new friends and enjoyed it even more because this is my last one.
- I liked the teamwork, especially in Kwik Cricket, and because my best friend was with me.
- It helped me get along with people I don't know.
- I made new friends and I enjoyed every single bit of it.
- I made new friends and I had a good time.
- I made loads of friends and it was awesome.
- I have new friends and I got to do fun stuff.
- It was fun and I made new friends.
- I enjoyed the holidays and made friends.
- It was fun and I learned a lot of things and I made more friends.
- It has lots of fun stuff to do and I made lots of friends.
- I'm so happy that I got to be here this weekend and I made a new friend.
- I like making friends.



"I was brave and did some new things I haven't done before and I had fun."

- It's lots of fun and I can meet up with friends.
 - I had fun times with my friends and went on some things / places I've never been on / to.
 - It was really fun and I went to new places.
 - I enjoyed the Sulgrave Summer Holiday Scheme because I was not ever bored.
 - It was fun and I went to lots of places.
 - I have so much fun when I go on Sulgrave trips.
 - I had a fun time with my friends.
 - It was fun.
-
- I got to do new things.
 - I done things that I haven't done before.
 - I tried out new things and learnt new things such as how to do a backflip.
 - Overall it was amazing and I learnt new things.
 - It was fun because I tried new things.
 - I got to learn new things and be better at them.
 - I got to do a lot of new things and otherwise I would be at my house.



"It helped me get along with people I don't know."

- It is fantastic!
- Everything was fun, amusing and exciting and I looked forward to what we would do the next day.
- There was loads of amazing activities to do!!!
- I loved Go Ape and all the activities.
- I like to go flip, flip, flip, flip out.
- The rides were sick.
- We got to go swimming.
- Going on the new water slide when we went swimming.
- We went to Chessington. (x2)
- I got to go to Flip Out.
- I went on Dragon's Fury and had so much fun.

- The staff come up with good activities.
 - I went on lots of fun things and I have become a lot more confident.
 - Some of the stuff we did, I have never done before, so it was a FANTASTIC experience.
 - I was brave and did some new things I haven't done before and I had fun.
 - People helped me overcome my fears, specifically Go Ape, and also I made new friends.
 - I faced my fear - I'm scared of heights.
 - It helped me to become confident.
 - It made me feel like I'm a different person which is much more kinder.
-
- When I feel sad the staff comforts me and that makes my day and if I were not here I would be on my iPad.
 - They do not take bullying and they are very welcoming.



***"You can meet new people and make friends.
Also, you are always doing something every day."***

On the Sulgrave Summer Holiday Scheme I learnt:

- How to rock climb.
- How to go to the top rock climbing.
- I learnt to climb.
- I learnt how to be a lot better at rock climbing.
- To wall climb.
- How to wall climb.
- How to wall climb really high and I learnt how to go kart.
- How to boulder.

- How to make a tight rope for rope climbing.
- How to put the rope through the clasp for rock climbing.
- To climb and to be a lot more confident and I learnt how to make friends.
- To ride a go kart.
- How to drive in go karting.
- How to do go kart and how to swim in the deep end.
- How to do go karting, how to make new friends, how to swim even better and wall climbing.
- How to drive and how to overtake and how to climb higher.
- How to do a better back flip.
- To do a back flip and a side flip.
- How to flip out.
- How to do the second 'floor' at Go Ape.
- To Go Ape in the rain.
- How to play golf.
- How to play golf and how to drive.
- How to swim and how to do go karting.



"It has lots of fun stuff to do and I made lots of friends."

- That even if I am scared to do something, just don't think about it and do it.
- How to be brave when learning new skills.
- To be confident and believe in yourself.
- To not be scared of wall climbing.
- Don't say you can't until you tried it.
- That you don't have to be scared. Once you've done it, you won't regret it:-)
- To not be nervous wall climbing.

- Not to be afraid of Go Ape.
- To not be afraid of heights on Go Ape and I learnt I don't know how to swim properly.
- To make new friends and behave.
- To share and make friends.
- A lot of new games that I liked and I made new friends.
- I made new friends and learnt I definitely need to have more friends and listen to people when they speak and not mess around with people.
- I learnt how to make friends.



***“Everything was fun, amusing and exciting
and I looked forward to what we would do the next day.”***

- How to get on with people.
- To get along with others.
- To be sensible with other children.
- How to work with other children better.
- To be more confident.
- How to be more confident.
- To not be shy.
- Not to be mean.
- How to play very hard games in easy ways.
- That some people do not find it easy even if you find it easy.
- To always have fun in what you do.
- To have fun.

If I wasn't on the Sulgrave Summer Holiday Scheme I would be:

- At home reading a book, or on my Ipad, and going to the park every day with my mum.
 - I would be at home!
 - At home, playing.
 - At home or at Brackenbury Play.
 - At home, or at my mum's work, or at my granny's.
 - With my brother at his house.
-
- I would be at home, playing Fortnite.
 - Playing Fortnite and watching Netflix.
 - Staying at home playing Fortnite.
 - Playing Fortnite. (x2)
 - Playing Fortnite, or Switch, or football.
 - Going football training with my dad, or playing Fortnite.



"I made new friends and I enjoyed every single bit of it."

- At home on my Xbox, or out with my friends.
 - Either inside on my Xbox or outside skateboarding.
 - I would be playing my Xbox.
 - Playing down the stairs and on my Ipad.
 - I would be at my house playing on my Ipad.
-
- Seeing my brothers, going park, playing with my friends, and watching stuff.
 - Hanging out with my friends or I might go to Creams Ice Cream.
-
- So not happy - Sulgrave trips have been the best, I would have been bored if I didn't go.
 - Depressed because I really like Sulgrave.
 - I would want to be in Egypt, studying the Egyptian language and the names of Pharaohs.

Summary

The Sulgrave Club's holiday activity scheme provide children from low income families with the opportunity to enjoy a wide range of stimulating and exciting social, educational and physical activities, and outings for just £60 a week. Provided in an environment in which they are listened to, respected, and supported, we seek to inspire children to work and play together and to feel part of the group.

Our main aims for the children are to increase their confidence, develop their social skills, improve their behaviour, and make sure they have fun. Other benefits we expect to see are children with broader horizons and raised aspirations, children developing lasting relationships with each other, children who are less bored and isolated, and children who are happier.

We believe that the way in which we have met these aims and the benefits the children have gained from their participation in the holiday schemes are evident from these pages. Which just leaves us to say a big thank you to BBC Children in Need, and all the people who donate to the BBC Children in Need Appeal, for making this possible. Thank you.



"I went on lots of fun things and I have become a lot more confident."