

The Sulgrave Club

Senior Club Survey

December 2025

Respondents

12 young people aged 13 to 19 years.

How long have you been coming to The Sulgrave Club?

Less than 1 year	0%
1-2 years	33%
3-4 years	17%
More than 5 years	50%

Which sessions do you usually attend at The Sulgrave Club?

Senior Club (Saturday)	100%
Senior Club (Thursday)	58%
Senior Holiday Schemes	58%
Senior Residentials	50%
Intermediate Club (Friday)	8%
Senior After School Activities	0%

What new activities would you like us to offer next year?

- Laser tag, paintball, arcade (x2)
- Escape room, outdoor sport in the summer.
- Team games, i.e. rounders, cricket; ice skating 8-); toca social; go karting again 8-).
- More water activities.
- Southend, residential trips, fun day.
- Thorpe Park and New Forest Residential.
- Woodrow residential, New Forest residential, Good for Girls, outreach project.
- Sweden / Sweden trip.
- I go on all the trips.
- IDK

Has coming to the Sulgrave Senior Club helped you:

	A lot	A little	Not really	Not sure
Feel more confident?	67%	25%	8%	0%
Improve your social skills / friendships?	73%	27%	0%	0%
Feel more resilient / more able to cope?	45%	45%	9%	0%
Feel more positive about your future?	45%	27%	18%	9%
Feel more active / healthier?	45%	55%	0%	%

	Always	Mostly	Sometimes	Never
Do you feel safe at The Sulgrave Club?	100%	0%	0%	0%
		A lot	A little	None
Do the feel you have a say in what the Club has to offer?		42%	58%	0%
		Yes	Sometimes	No
Do Sulgrave staff support you with important issues?*		75%	17%	8%

- * I have expressed my feelings about family issues to staff, and I felt like they supported me, and gave me good advice and comfort.
- * Always listen and provide feedback. Encouraged me to talk to others.
- * Yes, when my mum died, they were here for me and kept my mind busy.
- * They are great people to talk to.
- * Wellbeing choices
- * Stopped me from misbehaving
- * Friendship issues
- * Friendships
- * Helps with some stuff

Tell us what it means for you to be a member of The Sulgrave Club:

- Being a member of this Club means being part of a wonderful community and always having a safe space to hang out with friends and not feel judged or ruled out.
- Makes me feel like I'm a part of a community.
- It's like a little community that makes you feel like family.
- It means I have people to talk to.
- A safe communal space to socialise and to partake in holiday trips.
- It's a place where I just feel safe and I can socialise with my friends. I have learnt new skills and taking part in activities, I have also built up my confidence.
- A safe place.
- Great experience especially with existing friends. I've made a few new ones too.
- Means a lot because I come here often and make new friends.
- To be open armed and to be nice to those that are nice to you.
- IDK

What activities at Sulgrave have had the biggest impact on you?

- Residential trips.
- The residenceals - they have taught me resilience and adventure.

- I would say the residential as they have allowed me to step out of my comfort zone, given that I am away from home for a few days.
- I went on a zipline at a residential and overcame my fear of heights.
- Basketball and playing the mini games.
- Playing fighting games.
- Playing football and just chilling.
- Football.

What improvements would make the Club better for young people your age?

- Unsure / IDK (x4).
- None.
- Nothing it's already really good.
- Nothing, this Club is great and so is the staff.
- More football (x2).
- Better quality facilities and some masterclasses (eg cooking) or some practical workshops (like shoe making from cardboard).
- Cooking classes, help with writing CVs.