

The Sulgrave Club



"We went to different places and I got to do new things."

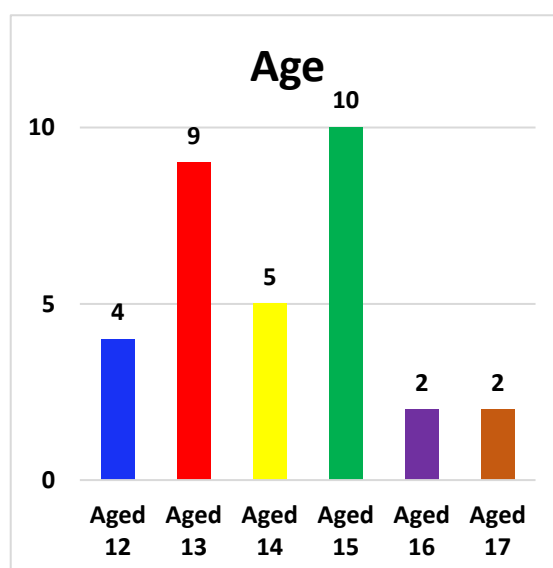
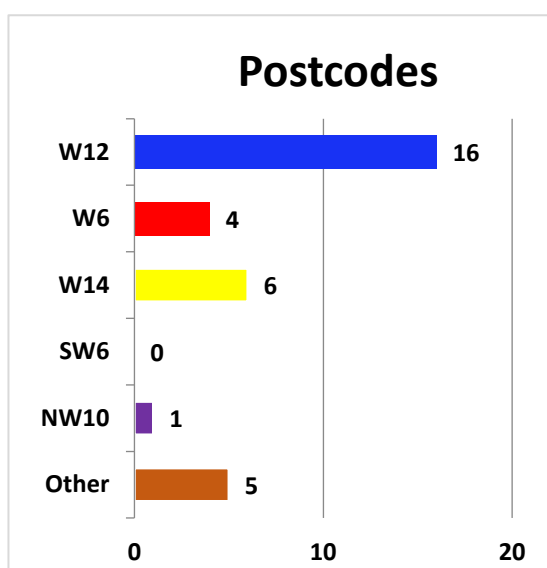
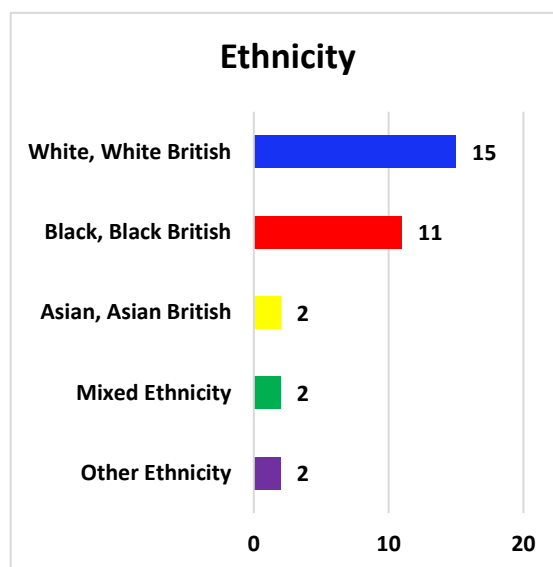
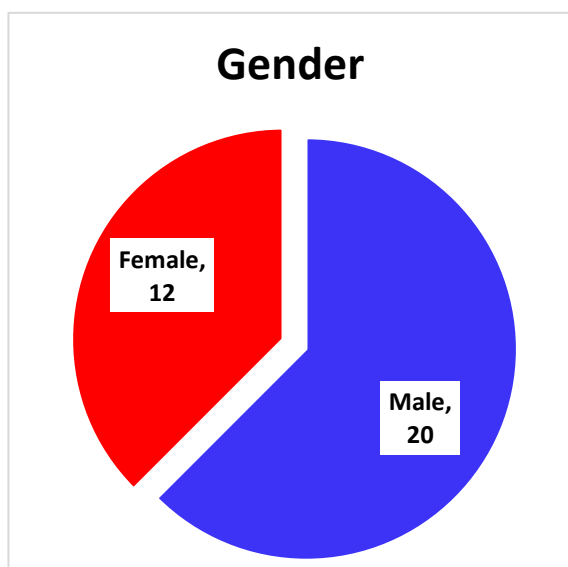
Senior Summer Holiday Scheme 2018

2018 Senior Summer Holiday Activity Scheme

The 2018 Senior Summer Holiday Activity Scheme, which consisted of three outings a week for three weeks, took place over nine days, from Tuesday 24th July to Thursday 9th August 2018:

Date	Activity	Young People
24 July	Flip Out, East London	15
25 July	Escape Rooms	15
26 July	Aqua Park & Banana Ride	15
31 July	Adventure Island, Southend	15
1 August	Go Karting	15
2 August	Aqua Park & Banana Ride	14
7 August	Thorpe Park	15
8 August	Paintballing	12
2 August	Aqua Park & Banana Ride	14

In total, 32 young people took part at an average of 14.3 per day, broken down as follows:

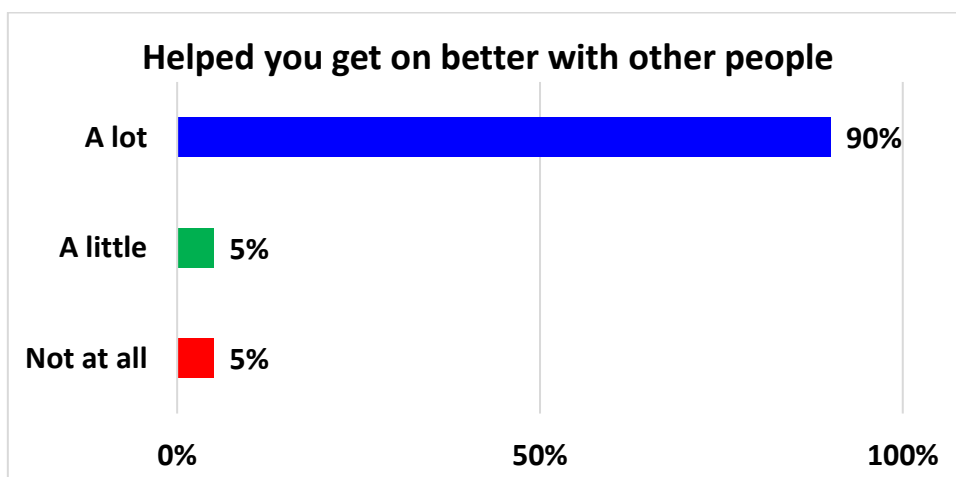
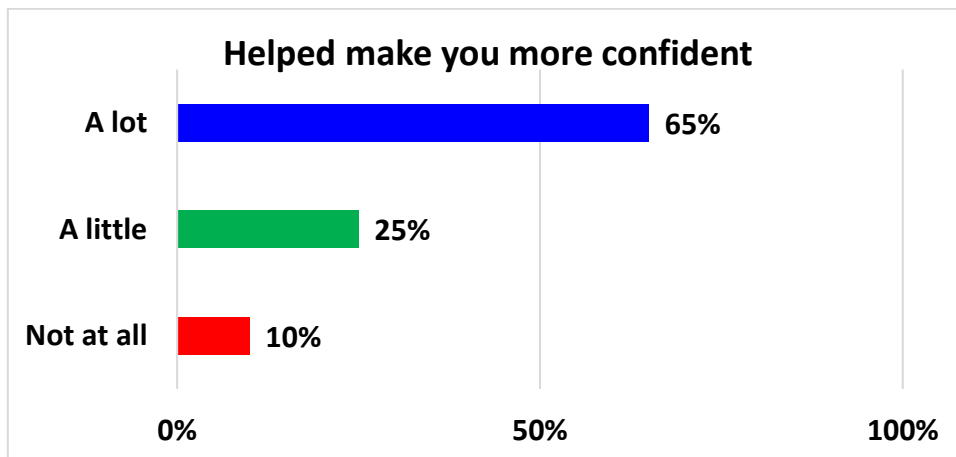


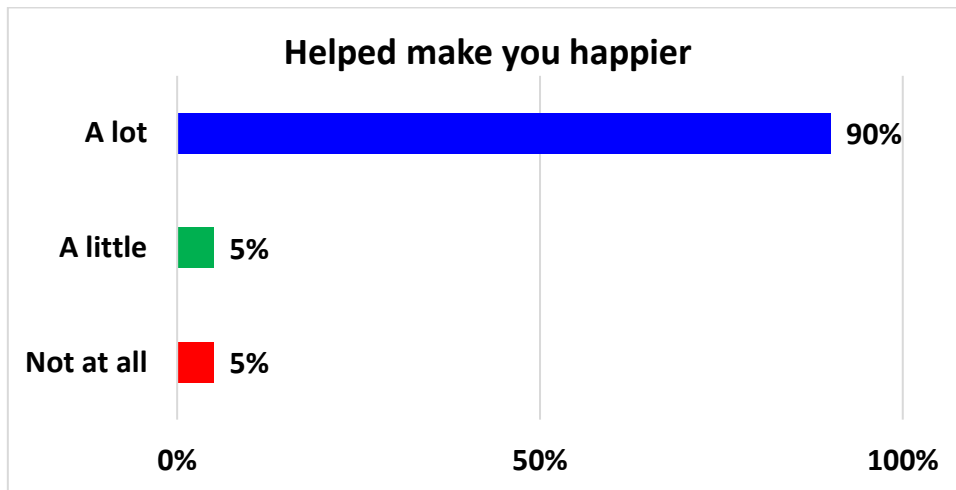


"I really socialised with my friends and enjoyed myself. I feel like we came together like a family."

Aims

Our primary aims for the holiday scheme were to increase young people's confidence, improve their social skills, and make them happier. At the end of the scheme we asked the young people to assess how well we had achieved these aims. 65% told us they had become a lot more confident, and 90% that they now got on a lot better with other people. 90% also told us the scheme had made them a lot happier.





We also asked the young people about other potential benefits of the scheme. We converted their answers into scores out of 100, which allowed us to produce the chart below. This shows that, the young people felt they benefited most from being kept positively engaged and active, and benefited least in terms of improvements to their behaviour and being helped to keep out of trouble.





“The trips helped me feel more a part of Sulgrave and helped me make my friendships better!”

Impact

We also asked the young people why they thought that holiday schemes were important for people their age. This year there was a more or less equal split between those who thought keeping young people out of trouble was the most important aspect of a holiday scheme, with those who thought keeping young people active and engaged, particularly on activities that they would not otherwise be able to experience.

Why do you think holiday schemes for young people your age are important?

- *To help keep them out of trouble.*
- *Because it keeps them out of trouble and also gives an opportunity for people to try diverse and unusual things that they wouldn't do otherwise.*
- *To be safe and to stay out of any trouble.*
- *Because they are usually in trouble and I think it gives them something exciting to do.*
- *Holiday Schemes are important for people my age because they keep them out of trouble.*
- *It keeps them out of trouble and allows them to try new things.*
- *Because it's a chance to have fun and stay out of trouble.*
- *So people our age can stay out of trouble and have fun. Everybody loves Sulgrave.*
- *So that they can get to improve their behaviour, and also for them to develop their friendships and to build bonds.*

- *To get to be more active and grow new skills.*
- *It helps us get out and active.*
- *Because it is very interactive and gives you stuff to do during the holidays.*
- *Because it keeps us active.*
- *It gives us something to do and keeps us active, so we are not bored.*
- *It allows us to be proactive and do things we would not do on a day to day basis.*

- *For us to have more fun and experiences.*
- *So they can experience more stuff that their parents won't do with them.*
- *So they can experience things that they might not be able to experience when they become an adult.*
- *To get out of the house and be social.*
- *It is important because it keeps young people out of the streets and doing much more fun things.*



"I enjoyed all of it, because it was fun and nice, and I met new people."

And we asked what they enjoyed the most, with the range of activities, the importance of friendships, and the significance of Sulgrave all featuring highly.

What did you enjoy most about the holiday scheme and why?

- *The range of amazing activities. I really socialised with my friends and enjoyed myself. I feel like we came together like a family.*
- *Everything, because it brings us all together like one big family.*
- *I enjoyed all of it, because it was fun and nice, and I met new people.*
- *The trips helped me feel more a part of Sulgrave and helped me make my friendships better!*
- *We went to different places and I got to do new things.*
- *The trips, because they're sociable, fun, and mainly Sulgrave is all about our family and fun. Learning new things.*

- *Being with my friends and making fun memories.*
 - *The one thing that I enjoyed the most was getting to see my friends.*
 - *That it kept me active and I was having lots of fun with my friends.*
 - *Being with my friends and trying out new activities.*
 - *I enjoyed spending time with the Sulgrave family and they are sociable, fun, and also make me more confident.*
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- *I enjoyed everything, for example, becoming more confident in communicating and teamwork skills.*
 - *I had a lot of experiences and it made me happy.*
 - *I got to do stuff that I wouldn't usually do in the holiday.*
 - *Having something to do and not being stuck in the same area doing the same things.*
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- *I enjoyed going to Adventure Island*
 - *I enjoyed Aqua Park because it was fun and boosted my confidence.*
 - *I enjoyed going to Flip Out because it gave me a chance to do something I never regularly do.*
 - *I enjoyed the Thorpe Park trip the most because it was fun with all my friends.*
 - *Flip Out, because it was the most active.*

Summary

The main success of the project was that during the summer holidays we offered 32 young people the chance to participate in a wide range of challenging and fun activities that they would not have been able to afford to do on their own. Because of their participation they experienced improvements in confidence, friendships, and fun; were kept active and positively engaged for a significant part of their summer holidays; were motivated to try new things; and now feel much more part of the “Sulgrave” family.



“The one thing that I enjoyed the most was getting to see my friends.”