

The Sulgrave Club



**Senior Summer Holiday
Activity Scheme 2026**

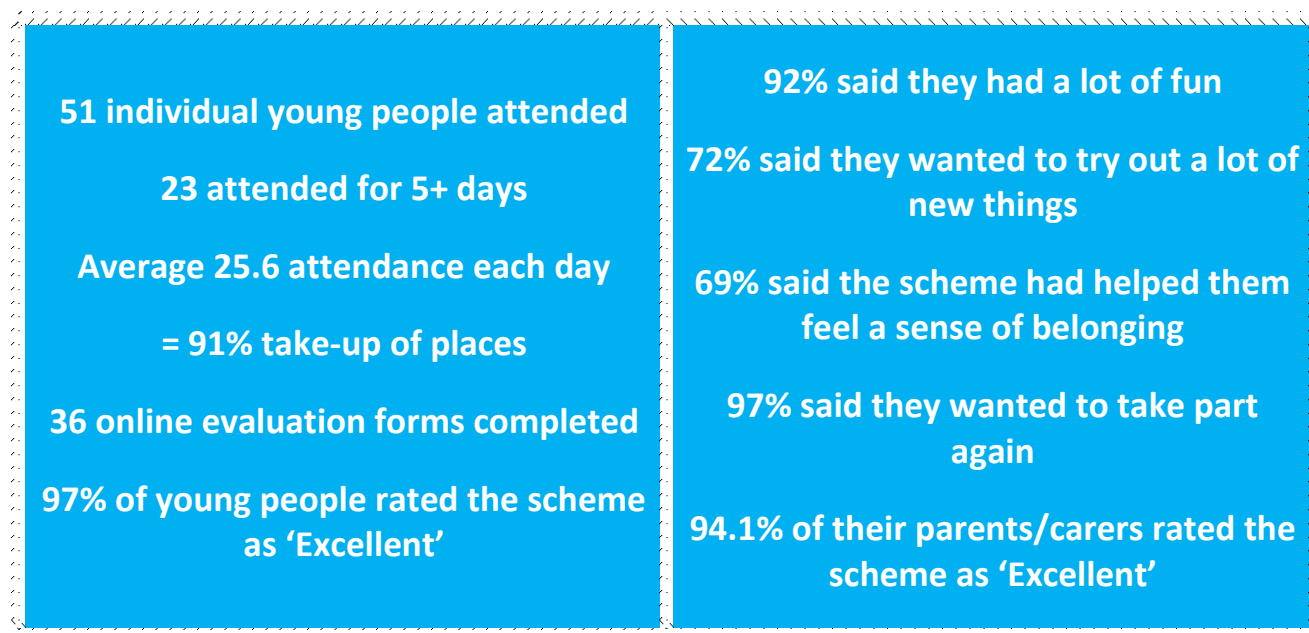
Sulgrave Club | Senior Summer Holiday Scheme 2026

Evaluation Report • 4–14 August 2026

Introduction

The Sulgrave Club's Senior Summer Holiday Scheme offered eight days of outings and activities over two weeks for young people in school year 6 and above. From Thorpe Park, Coral Reef and Adventure Island to Go Ape, Aqua Park, ice skating, laser tag and team games, the programme combined enjoyment with opportunities to build confidence, friendships and independence. This evaluation draws on attendance records, 36 young people's questionnaires, 17 parent/carer responses and staff feedback.

Headline results



51 young people took part, generating 205 attendances. Average daily attendance was 25.6, representing 91% take-up of the 28 places available each day; 23 young people attended on five or more days. Of participants, 86% lived in Hammersmith & Fulham.

97% of young people rated the Scheme Excellent and 97% wanted to take part again. 92% said it helped them have a lot of fun; 72% said it helped them want to try new things a lot; 69% reported a strong benefit for physical activity, new experiences, and feelings of belonging; and 64% said it increased their confidence a lot. Among parents/carers, 94.1% rated the Scheme Excellent and the remainder Good.

New experiences and growing confidence

The outings were enthusiastically received: 95% rated Thorpe Park Excellent, 88% did the same for Coral Reef and Adventure Island, and 79% for Aqua Park. More significantly, 94% said the Scheme helped them gain new experiences.

"Because I went on soo much scary rides and even tho I was scared I still gave it a go."

Group activities encouraged young people to try things they might otherwise have missed or might not have been up for. Staff members recalled a young person facing her fear of heights at Go Ape, and experienced skaters helping friends taking to the ice for the first time. One participant explained that the trips offered “opportunities that you would not always have” that helped build confidence. Such moments show how personal development can emerge naturally from shared enjoyment.



Friendship, belonging and positive engagement

Every young person who said the Scheme helped increase their feeling of belonging (69% a lot, 31% a little). Confidence also improved for 97% (64% a lot; 33% a little). Staff observed Seniors and Inters getting along well and different friendship groups mixing together.

“(Holiday schemes) help young people connect with their peers and people they wouldn’t normally talk to.”

The programme also offered a positive alternative to long days at home. 97% said it helped them be physically active and 98% positively engaged, either a lot or a little.

“It helps us to get away from bedrotting and being constantly online.”

“I feel like it gives young people a chance to be more productive (not by doing work) but by not wasting our summers away and in extent, our teenage years away.”

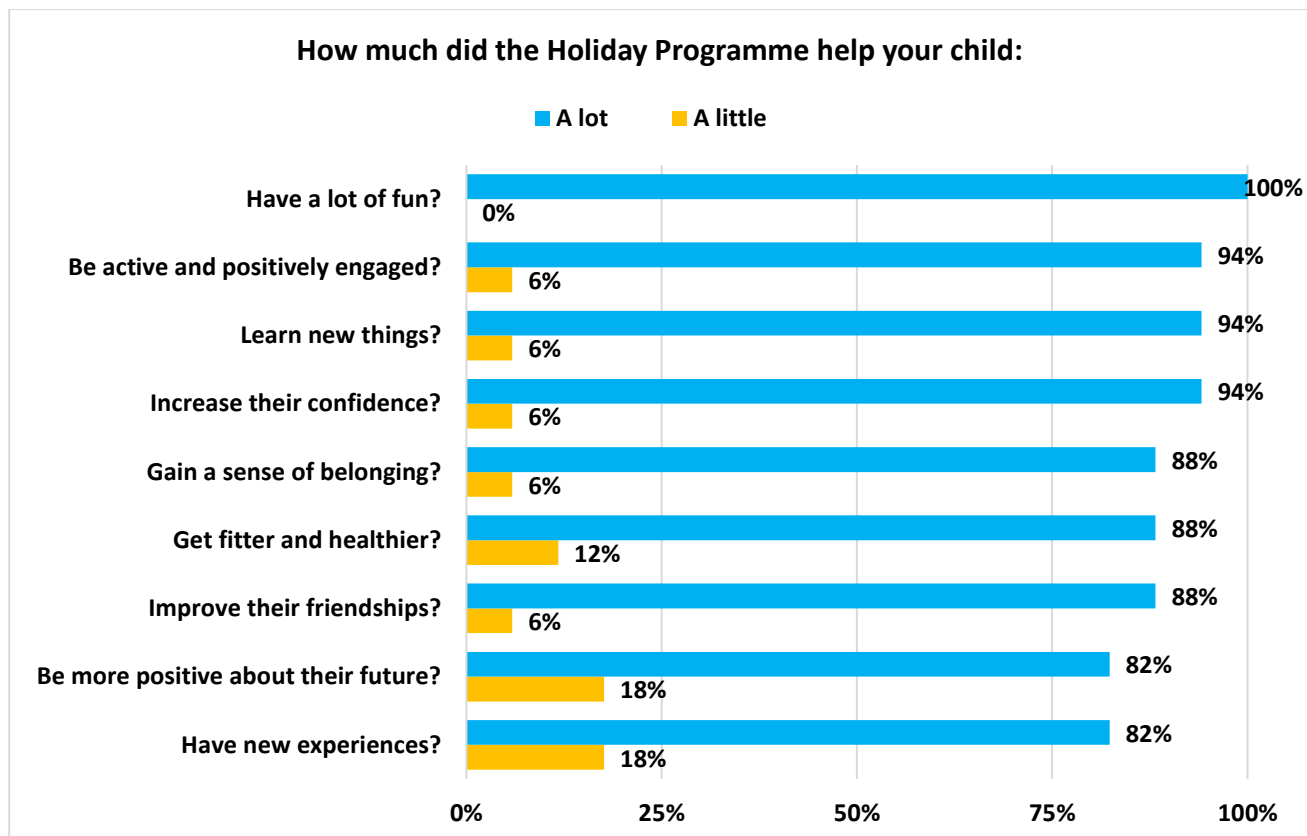
Benefits for parents and families

Parents' responses reinforced the young people's feedback: 100% said their child had a lot of fun; 94.1% reported substantial benefits for confidence, learning and positive engagement; and 88.2% reported substantial benefits for fitness, friendships and belonging. The Scheme also provided trusted, affordable support at a difficult point in the year for working families.

"I was able to focus on work knowing that my kids attending the best club in the area and were more than happy to go there every day."

"Wouldn't have been able to afford so many different activities."

Others valued the reassurance of a safe environment, respite from childcare pressures and opportunities that would otherwise have been beyond their budgets. One parent said the activities kept their children active and away from devices.



What we learned

Feedback was overwhelmingly positive, but the evaluation also identified useful learning. Young people made a small number of suggestions concerning timings and scheduling, including the departure time for Thorpe Park. One young person also raised an issue about another participant's behaviour. This underlines the importance of maintaining clear behavioural expectations throughout outings and ensuring that young people feel comfortable raising concerns with staff.

One parent experienced difficulties with the Plinth booking system and preferred the previous booking arrangements. Although this was the only substantive criticism from parents – 11 explicitly answered “No” when asked whether anything could have been done better – it is worth reviewing the booking experience before future schemes.

Staff also identified the need for young leaders to remember their responsibility to set a positive example.

Conclusion

The 2026 Senior Summer Holiday Scheme was a highly successful programme. Demand was strong, with 91% take-up of available places, and young people’s overall satisfaction was exceptional: 97% rated the Scheme Excellent and 97% would participate again.

More importantly, the evaluation demonstrates that the Scheme achieved much more than providing enjoyable days out. Young people became more active, tried new experiences, faced fears, developed confidence, strengthened friendships and felt a greater sense of belonging. For some, the Scheme offered experiences their families could not otherwise afford; for others, it provided the motivation simply to leave the house, put down their phones and spend time with other young people.



For parents, the Scheme provided reassurance that their children were safe, happy and engaged while enabling some to work, manage other responsibilities or simply cope more easily with the pressures of the long summer holiday.

The evidence from young people, parents and staff all points in the same direction: the Senior Summer Holiday Scheme provided a safe, enjoyable and inclusive programme which young people valued highly, while delivering meaningful benefits in confidence, activity, relationships, new experiences and feelings of belonging.

“I feel like it helps move young people like me more towards doing more beneficial activities that will better our future relationships and lives, whilst also providing new experiences.”