

The Sulgrave Club Intermediate & Senior



Summer Holiday Activity Scheme 2023

Activity Schedule

Tuesday 15th to Thursday 31st August 2023

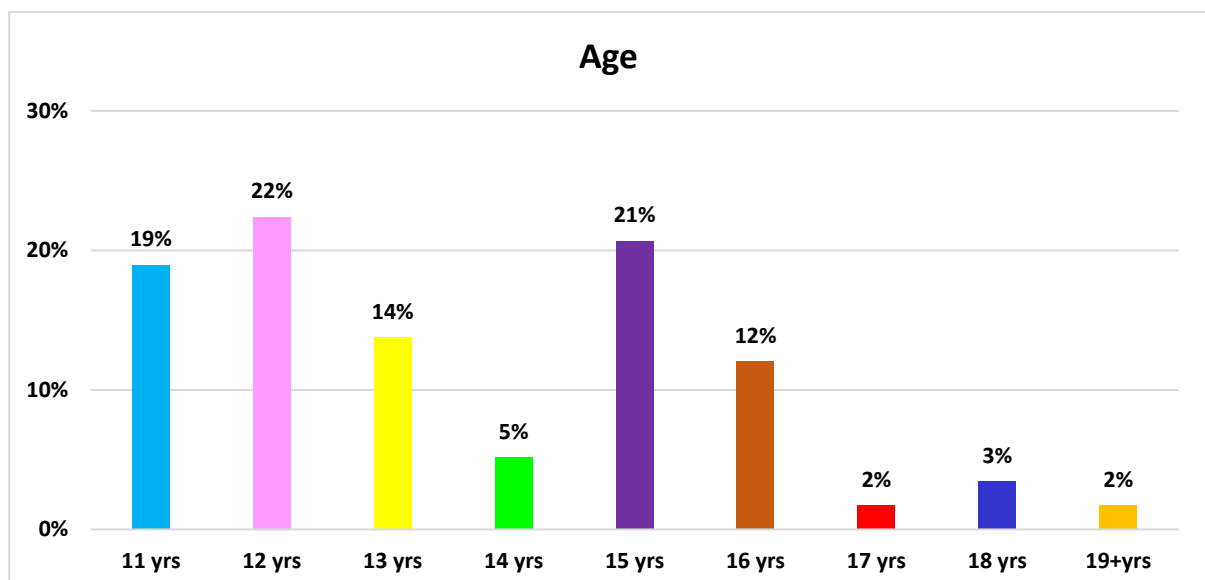
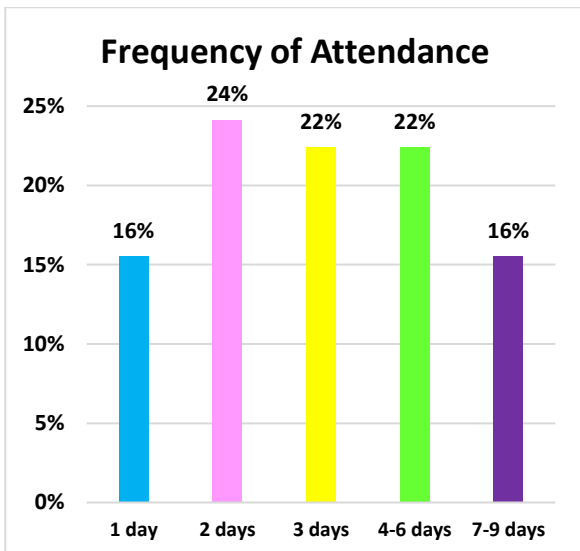
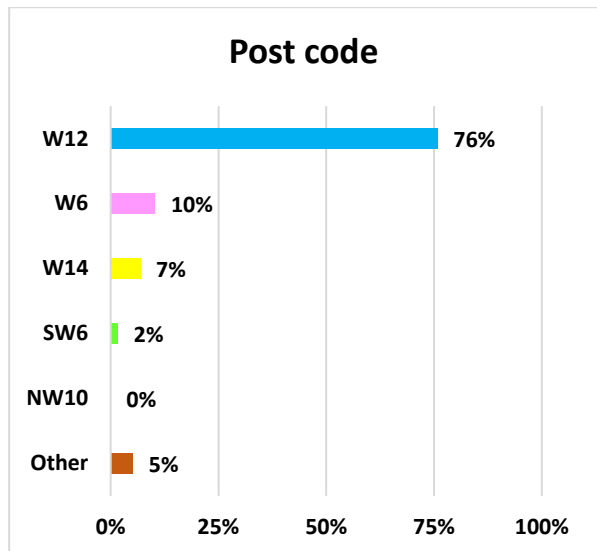
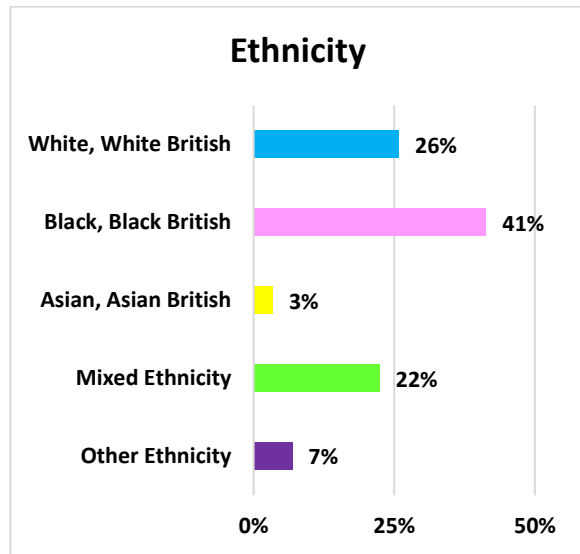
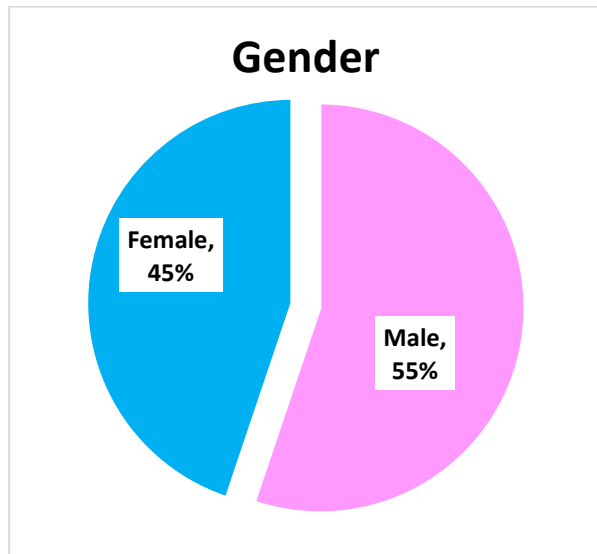
(three days a week for three weeks)

Tuesday 15th August Aqua Park & Ringo Ride Time: 2.30pm to 8.30pm (approx.) Places: 28 / Attended: 25 Cost: £10.00	Wednesday 16th August Go Ape Tree Top Adventure Plus Time: 1.00pm to 5.30pm (approx.) Places: 24 / Attended: 23 Cost: £10.00	Thursday 17th August Brighton Pier Rides & Beach Time: 10.00am to 8.30pm (approx.) Places: 28 / Attended: 27 Cost: £10.00
Tuesday 22nd August Thorpe Park Time: 9.30am to 7.30pm (approx.) Places: 28 / Attended: 28 Cost: £10.00	Wednesday 23rd August Photo Orienteering Time: 12.00pm to 6.00pm (approx.) Places: 9 / Attended: 9 Cost: FREE	Thursday 24th August Kayaking Time: 1.00pm to 5.00pm Places: 11 / Attended: 10 Cost: FREE
Tuesday 29th August Coral Reef Waterworld Time: 2.30pm to 7.30pm Places: 28 / Attended: 27 Cost: £10.00	Wednesday 30th August Paintballing (kids' choice) 12.30pm to 6.30pm (approx.) Places: 28 / Attended: 26 Cost: £10.00	Thursday 31st August Adventure Island - Southend Time: 10.00am to 9.30pm (approx.) Places: 28 / Attended: 28 Cost: £10.00



Attendances

58 attendees - Average daily attendance: 22.6 - Take-up of places: 95.8%



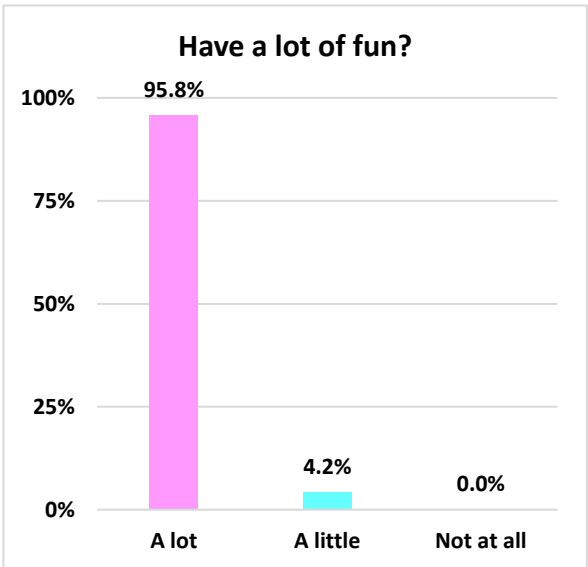
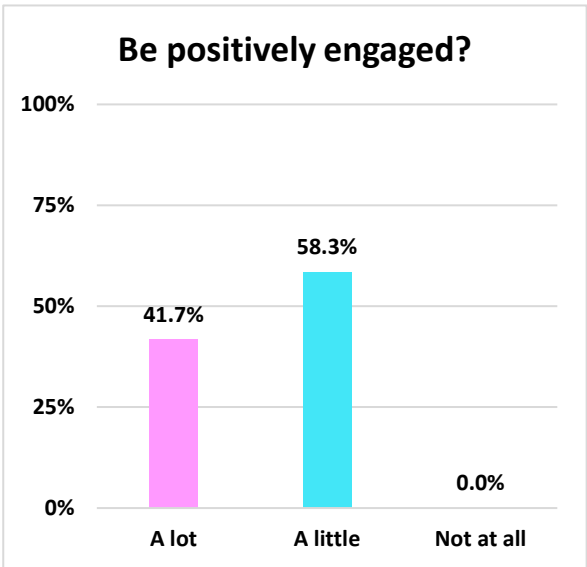
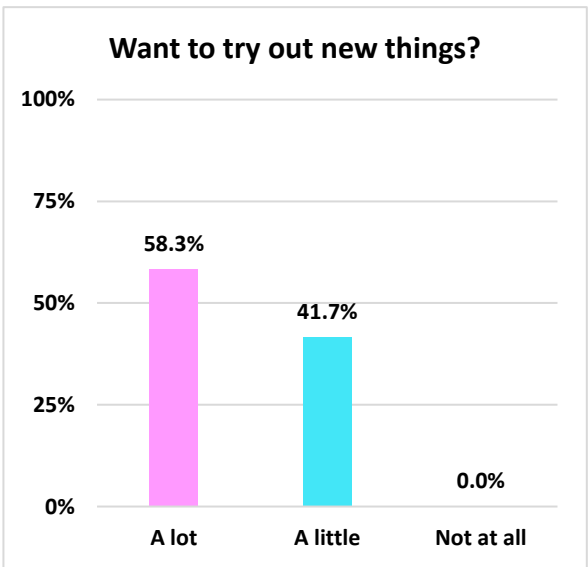
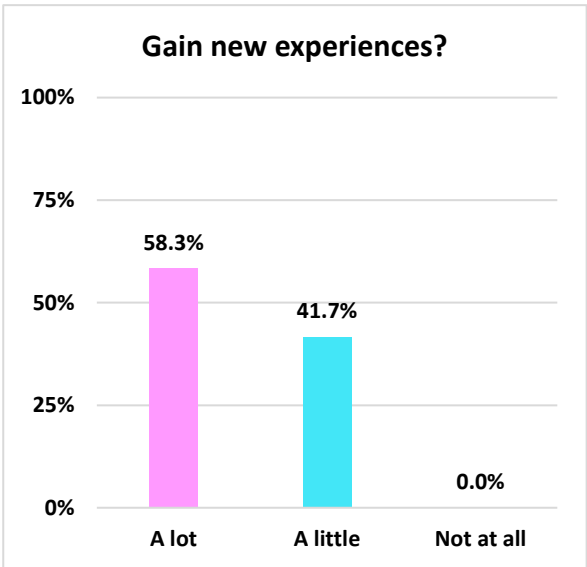
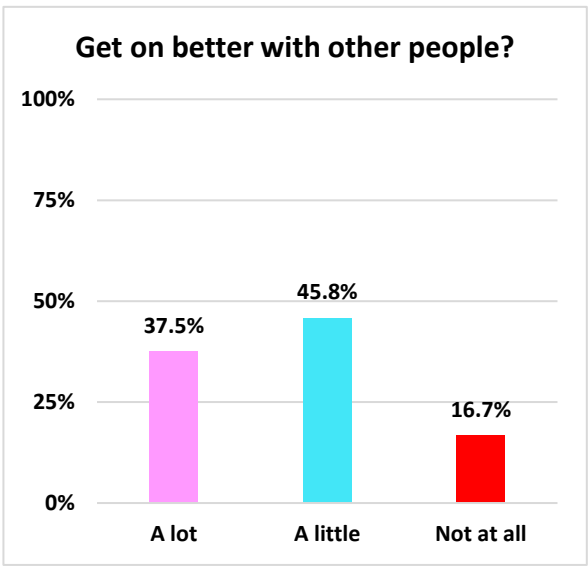
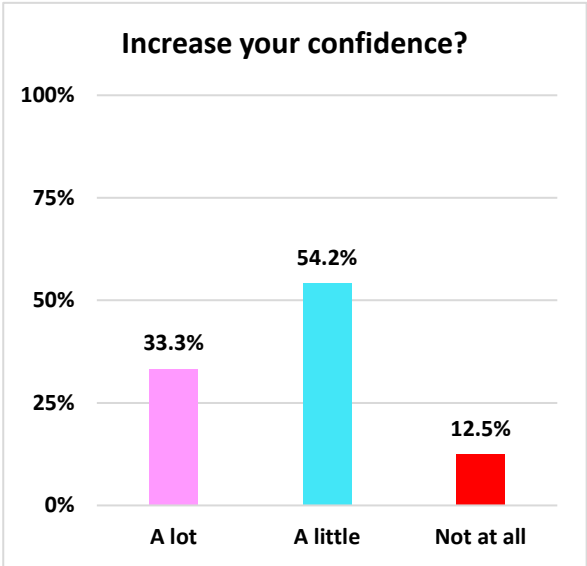


THE YOUNG PEOPLE'S VIEW

Please tell us which activity you enjoyed the most and why?

- All of them
- Brighton
- Brighton and Southend - they were the longest trips and I had friends I was close to that i enjoyed the trips with. There was a lot we could do within the hours we had at the beaches
- Brighton because it brought me so much memories
- Brighton because it was very fun and it is good to have fun with your friends.
- Brighton it was entertaining
- Coral Reef cause i like swimming
- Coral reefs slides because it was very fun
- Enjoying it wid friends
- Go Ape because it was fun
- Go Ape because it was really fun with all my friends and I liked the experience
- Paintballing (x3)
- Photo orienteering because I won
- Southend because it was fun and nice to hang out with friends
- Thorpe lakes because the water was warm
- Thorpe Park as it was very fun and exciting.
- Thorpe Park because I came out my comfort zone
- Thorpe Park because i could spend time with friends
- Thorpe Park because we could go on lots of rides
- Thorpe Park
- Thorpe Park. Really thrilling! Should do it more often.
- Water ringo ride

Did being on the Holiday Activity Scheme help you:





Why do you think holiday schemes are important for young people like you?

- Because you get to meet new people
 - Cause at a young age, it's good to get started socially and physically.
 - So young people can get out their comfort zone and make new friends
 - They help young people build relationships with other people.
 - To be able to socialise with others
 - To help socialise
 - To keep them social
 - To socialise with different people
-
- Helps you stay out of trouble and learn new things
 - Keep kids out of Trouble 😊
 - Keep young people out of trouble
 - To stop young people from getting involved into crimes or gangs
 - They're important because they help young people use the summer holidays to do good things and not be out doing wrong things
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- Cause it gives you something to do
 - To be active and have fun with friends.
 - Gets young people out of the house in summer
 - I DONT WANT TO BE SITTING HOME ALL DAY PLAYING ROBLOX 👍

- Gives people a chance to do something they haven't before
- Gives people a chance to step out of their comfort zone, make new friends and memories, gain new experiences in things they may not have done before and improve on their people/social skills.
- So young people try new things and so they are active
- Because it's fun and enjoyable
- I think they're important because some people don't get to do much in the summer and these experiences were so much fun and cheap (not to be rude DONT upper the price) I learnt to take risks and be able to engage with older people
- Because you gain confidence
- Boost of confidence and for better mental wellbeing



Was there anything we should have done differently - activities, timings, schedule, etc?

- Don't do kayaking
- Give us a prize (THE NEW IPHONE 14)
- Go on more water slides
- Not too early I'm tired
- Some of the trips were too early.
- Timings were too early and I'm lazy

THE STAFF VIEW

What worked well on the Senior Summer Holiday Programme?

- The trips were suitable to build bonds with the young people. The youths wanted to share the experiences with leaders. Especially paintballing and theme parks.
- The thing that worked well was the children who attended the trips were a mixed age group not just one big group of older lot, so where there was such a big variety of ages the older children helped and guided the younger ones always making them feel more comfortable everyone spoke to everyone.
- The activities were well received and fully booked and, in most cases, over-subscribed. Using a more local community transport project was also helpful.
- Having a variety of different trips worked well. Also allowing the members to pick one of the trips was a nice way to get them involved.

What could be improved?

- Punctuality
- N/A
- Perhaps starting later and returning later would suit our older members.
- Nothing



What do you think have been the benefits for young people?

- They have been able to make memories and have new experiences.
- That they are not on the streets, they are enjoying their time in a safe environment whilst with Sulgrave and they know all staff at Sulgrave are here to listen no matter what.
- Younger members had the opportunity to mix with our older members so there is more chance of the younger ones attending Senior Youth Club.
- We offered a range of activities, all at low or no cost, meaning young people had the opportunity to experience activity that may ordinarily be beyond their economic boundary.
- Our photo orienteering activity required young people to navigate their team around LBHF, using maps on their mobile phones and learning bus routes.
- Having the inters and seniors mix and share trips will hopefully benefit the inters to feel more comfortable with the older members (which will hopefully encourage them to come to seniors when club reopens).
- The trips have offered the members new and different experiences which some of them had not had before.



What was your standout moment from the three weeks?

- The teamwork during paintballing.
- Getting some of the children on rides who were scared, so the ones who had a fear for rides got over it,
- The number of Intermediate/Senior members involved.
- Seeing "H" finally getting into the water after being scared and complaining about the water temperature.



Thank you

A big thank you to John Lyon's Charity and the Daisy Trust, whose generous grants made these holiday activities possible. THANK YOU!