

The Sulgrave Club



**Senior Summer Holiday
Activity Scheme 2025**

Introduction

Thanks to a grant from John Lyon's Charity's "School Holiday Activity Fund", our first funding for Senior holiday activities from the Holiday Activity and Food Fund (HAF), and the Club's highly successful participation in the Big Give "Small Charity Week" online fundraising campaign, we were able to offer young people eight days of fun and engaging activities completely free.

Schedule

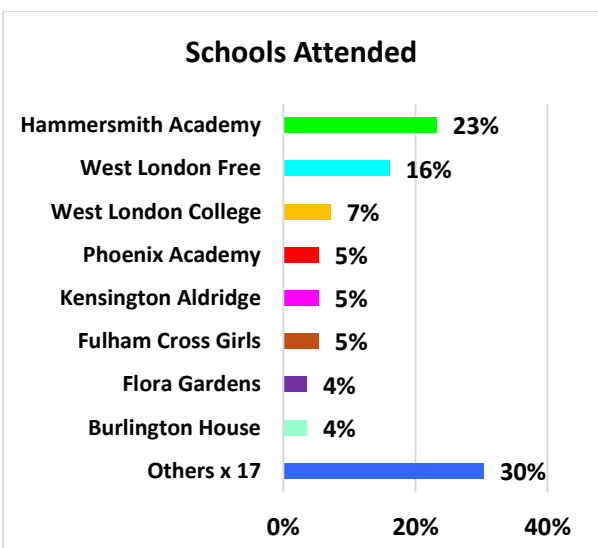
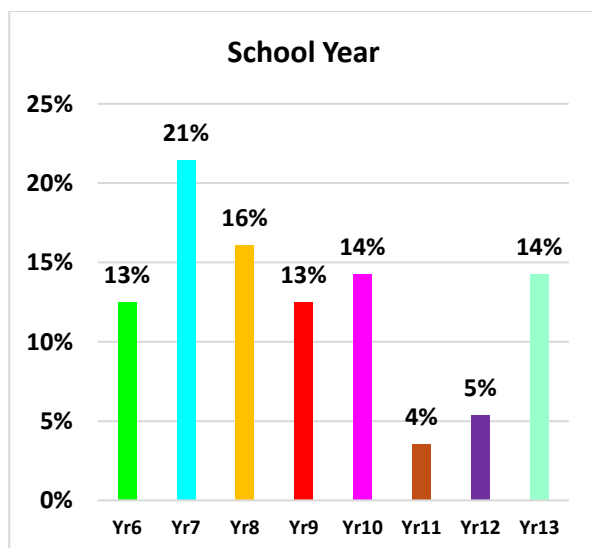
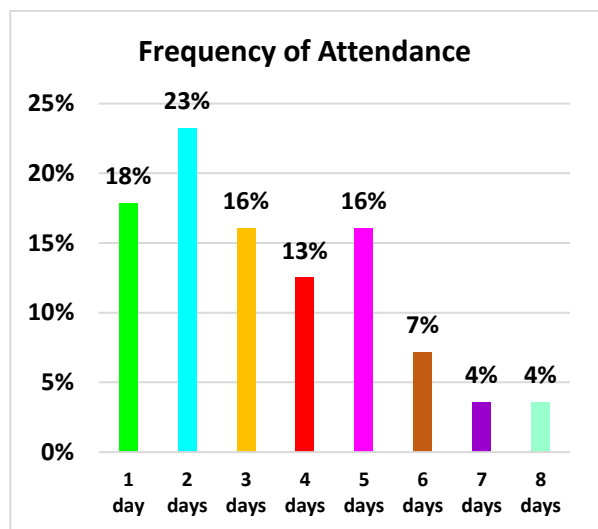
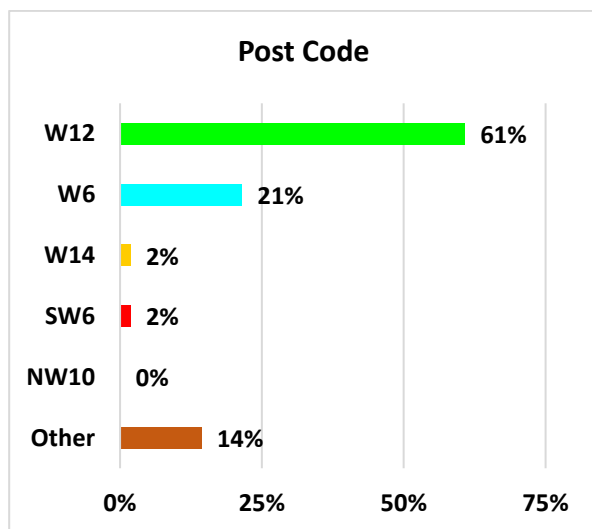
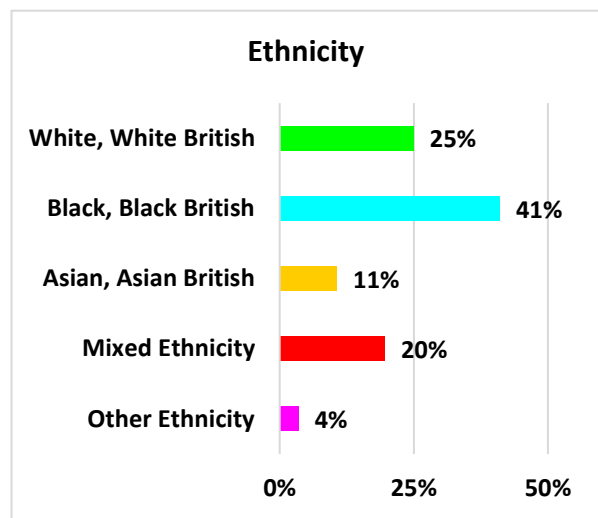
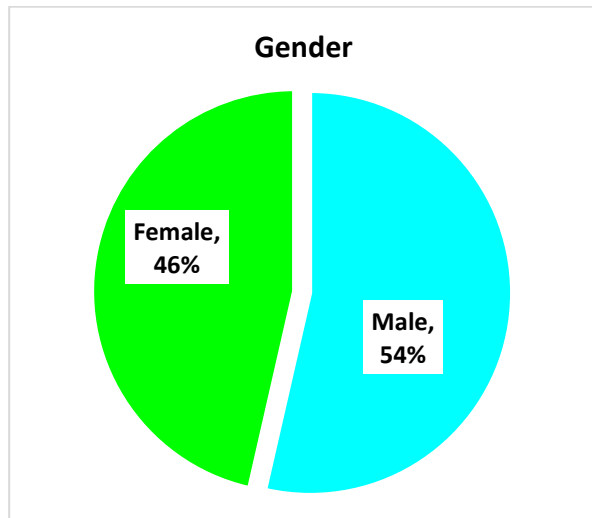
Our Senior Holiday Activity Programme ran for four days a week (Monday to Thursday) for two weeks, from 11th to 21st August 2025. Each day there were places on activities for 24 or 28 young people in school years 6 to 13, with various start and end times. Because of shared use of our premises, all activities were off-site, as per the schedule below.

WEEK 1	WEEK 2
Monday 11 th August Aqua Park & Ringo Ride 12.15pm – 6.00pm Places: 28 / Attended: 26	Monday 18 th August Laser Tag 11.30am – 4.00pm Places: 28 / Attended: 19
Tuesday 12 th August Paintball 12.30pm – 6.30pm Places: 28 / Attended: 27	Tuesday 19 th August Coral Reef Waterworld 12.30pm – 5.00pm Places: 28 / Attended: 28
Wednesday 13 th August Go Ape 11.30am – 5.00pm Places: 24 / Attended: 22	Wednesday 20 th August Thorpe Park 9.30am – 7.30pm Places: 28 / Attended: 29
Thursday 14 th August Adventure Island (Southend) 9.30am – 9.30pm Places: 28 / Attended: 26	Thursday 21 st August Paddleboarding / Kayaking 12.00pm – 5.30pm Places: 24 / Attended: 13



Attendance

Over the two weeks, a total of 56 young people benefited from our scheme, attending at an average of 24 per day, representing an 88% take up of available places. Given the propensity of some young people to book, and then not turn up for free activities, this high take-up rate is a tribute to the hard work of the Club Manager in contacting young people at the last minute to fill empty spaces. The 56 young people who took part are broken down as follows:



Evaluation

Our main aims for Sulgrave Senior Summer Holiday Activities 2025 were:

- To develop the resilience and build the confidence of the young people taking part;
- To improve their social skills and the quality of their relationships;
- To broaden their horizons and raise their aspirations; and
- To make sure that they had a lot of fun.

Our target outcomes for the young people taking part were:

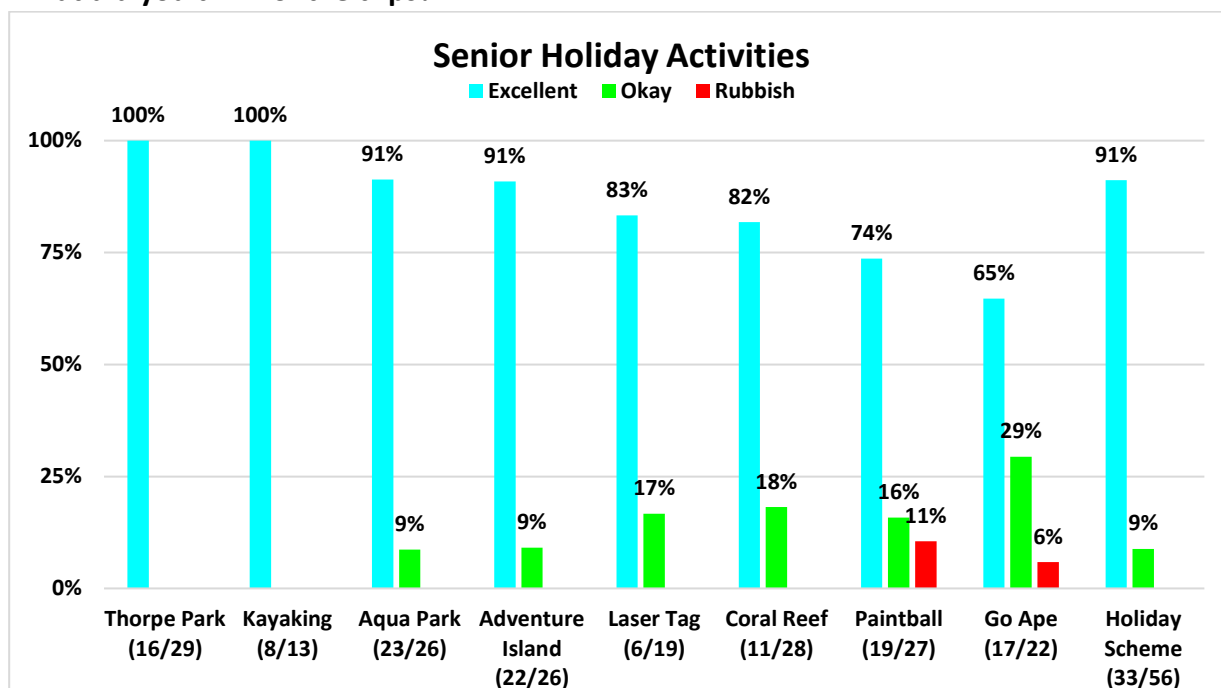
- 80% will feel more confident and/or resilient;
- 80% will improve their social skills and/or the quality of their relationships;
- 80% will develop new interests and/or skills and will want to try out new things;
- 90% will feel happier.



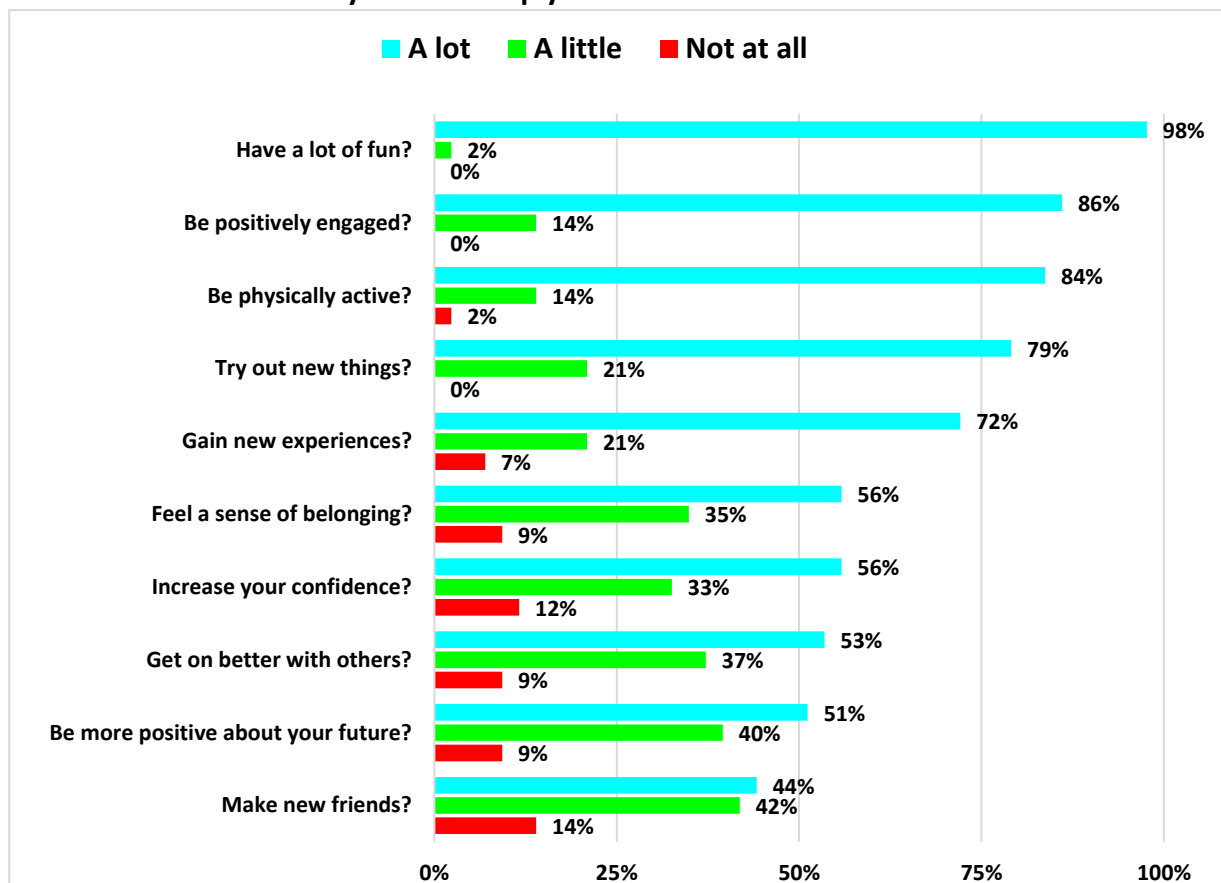
Young people

On one trip in the first week, and two trips in the second week, we invited young people to complete an online evaluation survey in the minibuses on their way back to the Club. 33 out of 56 young people attending the scheme completed the forms. They supplied us with the following information.

What did you think of the trips?



How much did the Holiday Scheme help you:



Was there anything you think we should have done differently?

- I think at the aqua thing I think we should have had an extra go on the Ringo as we only had one go each (not sounding ungrateful) and at adventure island I wish the adults were more organised with the beach times and stuff overall I think it was great

- In Southend, could we be allowed in the water without the supervision of a staff member as we only have limited time. When the staff member comes out, we have to come out.
- Maybe some trips starting and ending later
- No breaks during kayaking and paddleboard
- With Go Ape it should be more accessible for the larger kids (I'm not skinny)



Why do you think Holiday Schemes are important for young people like you?

1. New Experiences & Skill Building

Many responses highlight that holiday schemes give young people opportunities to try new things, discover hobbies, and build new skills.

- "Help them experience new things."
- "Makes you figure out new hobbies."
- "Allows them to explore new activities."
- "They allow young people to try new experiences."
- "They help young people gain new experiences."
- "As it lets young people expand their options and maybe try a new hobby."
- "Because you get new experiences and new friends."
- "I think it is important because so we can be more active and do new things."
- "For the experience."
- "Do stuff."

2. Socialising, Friendship & Belonging

A major benefit mentioned is the chance to meet new people, make friends, and feel part of a group.

- "It helps me make new friends."
- "They bring everybody together."
- "So we can get along with other young people."
- "To help us socialise."
- "It helps other people get along with each other."
- "It helps others make new friends."
- "It makes other people feel like they should belong here."
- "Help people find reason to make friends and get outside if too shy."
- "To have more opportunities and experience also it helps you make friends."
- "It gives us a chance to socialise with other people."
- "Helps us socialise with more people."
- "Helps people make friends and go out during the summer instead of staying inside."
- "To get along."
- "So that I can meet other people and stop me playing PlayStation."



3. Fun, Enjoyment & Staying Active

Participants repeatedly stressed the fun aspect of holiday schemes, as well as the chance to be active rather than bored at home.

- "Socialise and have fun."
- "It's fun."
- "To not be inside the whole time and socialise."
- "It's important because young people need to experience and engage in physical and social activities."
- "It's fun."
- "You get to do fun stuff every day instead of just sitting at home with nothing to do."
- "Because it brings joy."
- "It encourages people to be active and interact with other people similar to their age instead of staying inside."
- "It's good for young people like me because if you're not going anywhere you have Sulgrave and you get to go on adventures like this."
- "It's good for people that are not going anywhere in the summer and you can go here."

4. Confidence, Independence & Personal Growth

Holiday schemes also help young people step out of their comfort zones, grow in independence, and feel safe while doing so.

- “To get them out of their comfort zone.”
- “I believe these holiday programs are important as it doesn’t just give kids a fun activity to do but also teaches them new skills... it also teaches them independence and time skills.”
- “I have felt independent but safe during these trips.”
- “Can help build skills such as independence, especially on the Southend trip where we are allowed to go around by ourselves and we are trusted.”

5. Positive Role Models & Safe Spaces

Trusted adults and safe environments are key reasons why these schemes are valued.

- “Being around staff members that are a positive influence, like role models. They are trusted adults that are enjoyable to be around.”
- “They provide safe, structured activities that keep young people engaged and away from potentially antisocial behaviour.”
- “To be sure that they are happy and safe around others.”



6. Accessibility & Support for All

Finally, many responses recognise the importance of making activities accessible to those who might not otherwise have the chance.

- “It is good for those who may not have the financial ability to do activities like these during summer.”
- “They help people who can’t normally afford to do things like this experience them.”
- “It helps them get rid of energy in a positive way instead of them just being out and about causing trouble.”

Parents and carers

We also sent an online survey to the young people's parents and carers. We received eight responses. We asked them to score the activities, staff, and scheme overall out of 100.

Activities - 98.8

- Really amazing choice of activities
- My son enjoyed both of the activities that he went on.
- Great activities my daughter took part in ALL
- My child enjoyed the activities and couldn't stop talking about his experience
- Lovely range of activities and the ones my children took part in, they thoroughly enjoyed!

Staff - 98.8

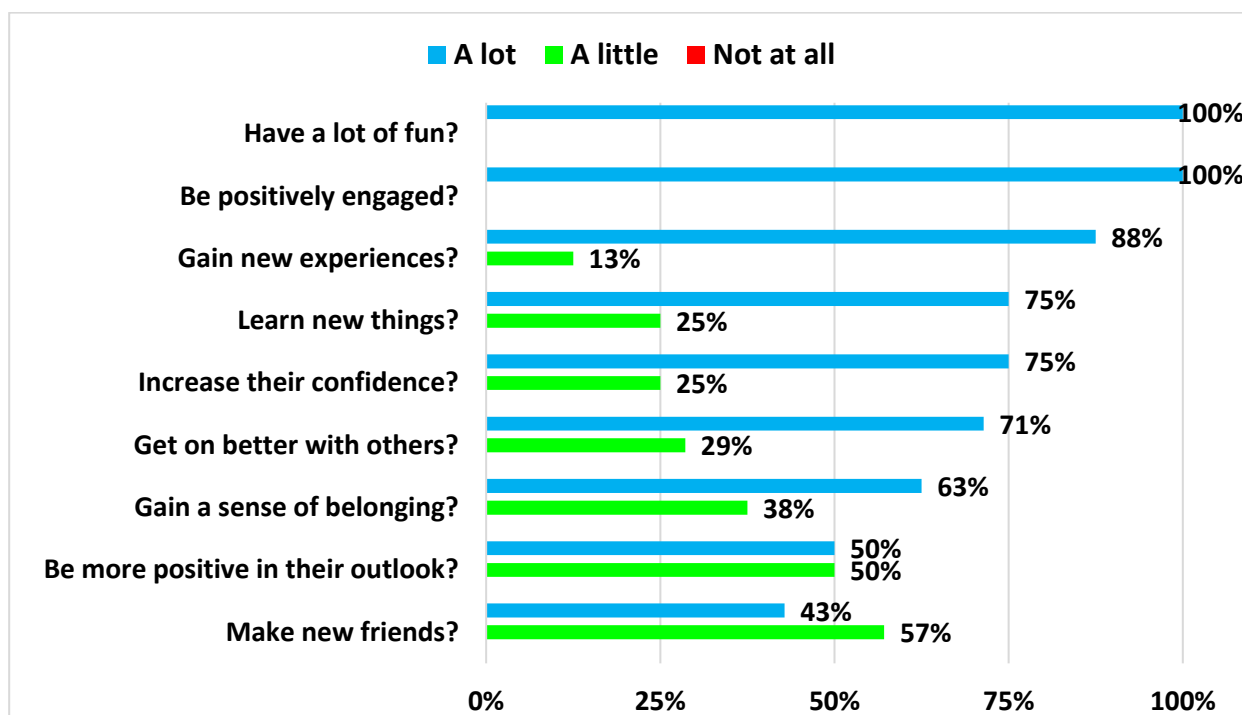
- My children always come home happy and listened to
- Staff are like family to my daughter and she feels very comfortable with them
- Very helpful and informative

Overall - 96.3

- The children are very lucky to have such a wonderful youth club.
- Just wish we could have done more activities. They did book up very fast!
- Kids have amazing days out that they may not have been able (to) access
- I got to spend more one-to-one time with younger sibling.
- I work and find it difficult to keep my daughter entertained in the holidays. Also there is a big age gap between her and her siblings. Sulgrave allows her to have friendships of people her own age. She has had great experiences at Sulgrave.
- It can be difficult to drive to certain places like the seaside, so was a big help with transport. Having children varied in ages can make it difficult to keep everyone happy and entertained. Took lots of pressure off.
- It's lovely for my son to be positively engaged in the community.
- Chance (for me) to carry on working



How much do you think this Holiday Scheme helped your child



Summary

The Sulgrave Senior Summer Holiday Activity Scheme 2025 successfully delivered eight days of fun and engaging activities for young people in school years 6 to 13, thanks to funding from John Lyon's Charity, HAF, and the Big Give 'Small Charity Week' campaign. The programme ran across two weeks in August, offering a range of off-site activities including Aqua Park, Paintball, Go Ape, Thorpe Park, Adventure Island, Laser Tag, Coral Reef Waterworld, and Paddleboarding/Kayaking. With an average attendance of 24 young people per day, the scheme achieved an 88% take-up of available places, reflecting strong interest and effective outreach by the Club Manager.



Feedback from the young people highlighted the scheme's positive impact on enjoyment, engagement, and personal development. Participants rated the overall programme as 91% excellent, with favourite trips such as Thorpe Park and Kayaking scoring 100% excellent. Evaluation surveys indicated that the activities helped young people have fun, stay active, try new experiences, develop confidence, and improve social skills. Suggestions for improvement focused on extending activity times and increasing accessibility for all participants.

The scheme also met its objectives of fostering independence, resilience, and positive social interactions. Young people valued stepping out of their comfort zones, trying new activities, and interacting with peers and trusted staff members who acted as positive role models. Many highlighted the opportunity to make friends, broaden horizons, and gain new skills, while parents and carers strongly endorsed the programme, giving high ratings for activities, staff, and overall impact.



Overall, the Sulgrave Senior Summer Holiday Activity Scheme 2025 demonstrated the value of structured, inclusive, and accessible holiday provision. It provided young people with a safe and enjoyable environment to learn, play, and socialise, while supporting families during the summer break. The scheme successfully combined fun, skills development, and personal growth, reinforcing the importance of holiday programmes in enhancing young people's wellbeing and opportunities.